

TPRS "Monthly Minute"

Odessa High School

JANUARY 2024



Important Dates To Remember>>>>>

January 4th- First Day back to School for Semester 2

January 5th- 1st Semester Report Cards to Students

Six Weeks Celebration- January 12th, Come by our office RM 213 for a treat!

January 8th- January 19th -MOY MAP testing

January 15th- NO SCHOOL: MLK Holiday

January 25th- 3 Week Progress Reports

January 25th- Parent Meeting NTO, 5:30-6:30PM, Odessa College

END OF SIX WEEKS Grade Reports- February 16th



ENJOY YOUR WINTER BREAK?

Winter break provides much-needed time to relax and recharge so that you have the energy, well-being, and stamina to begin the new year fresh.

Many of you reap the much-needed time off from the demands of being a student. Research shows that taking this time to unplug can help prevent burnout and increase your effectiveness for the remainder of the year.

We hope that you make time to relax and recharge during the holidays so you can hit the ground running in the new year.

It may sound weird, but did you know that if you made time to plan for the year ahead, you have alleviated even more stress and anxiety? Having a plan for day one of spring semester eases the transition back to school.

If you have not sat down to develop a plan, visit with our office, we can help you to get a plan in place.

In case you needed to know...we have 46 working days until SPRING BREAK!

FREE CHILDCARE and TRANSPORTATION--If you are planning to use TPRS Free Childcare Services or need bussing give us a call. You can view a virtual tour of the childcare facility, [here](#). If you need more information about the childcare center call Sylvia Duran at 456-6971.



SENIOR SECTION!!!

ACCESSLife is the application designed with ECISD students in mind. Students can learn about college and career from regional career experts. They have access to hundreds of videos and information to help students make decisions about their careers. This application was made possible with the collaboration of our community partners ACCESS4Success, CTE and AVID. You can download the **ACCESSLife** App from the Google Play Store or the Apple Store.

*****ALL.

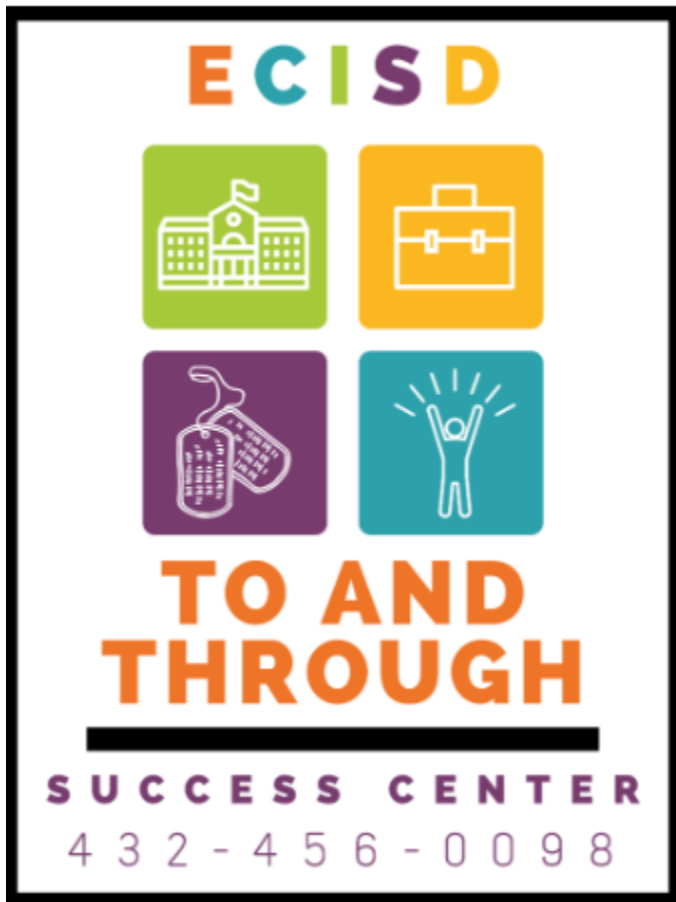


SENIORS NEED TO FILL OUT FAFSA/TASFA FOR GRADUATION. CONTACT YOUR COUNSELOR, MS.

DANGERFIELD, TO SET UP AN APPOINTMENT AND GET THAT DONE!
432-456-5851.

You can also get some guidance through ECISD "To and Through Success Center" and video link below.

<https://youtu.be/zQ9Xf5CdK4c>



If you feel that you are needing some help in your classes, we have tutoring resources for you.

- Odessa College Tutoring- Available Sunday through Monday and evening hours
- AVID tutoring - by appointment.
- AIR Tutors- online tutoring by appointment

There is **NO REASON FOR YOU NOT TO BE PASSING YOUR CLASSES**. Call our office to discuss. Do not wait until you are failing your semester!



We wish you and your family a time of rest and peace. We pray that you and your family will be blessed during this

holiday. We hope that you will be excited to start the new year 2024 with a boost of energy and ready to finish the year successfully. You are always on our minds and in our hearts.

Merry Christmas Kiddos!



**SCHOOL BOARD
RECOGNITION MONTH**
THANK YOU!

**Thank you for all that you do for our
TPRS students with Ector County ISD!**

You are truly appreciated!

Thank you!



Just in time for Christmas!

Congratulations to Denise! She won a basket full of books and gifts for her and her your baby!

Denise won a healthy basket of treats and books for her and her baby to enjoy over the holiday break. The drawing was held on Wednesday, December 13th. Through the support of ECISD's Education Foundation and funding from the Donors Choose projects, we have gifted over 2000 new children's books to over 350 parents. Keep on Reading!

Unleashing the Power of Reading! Meet Mr. CIMICS , one of our very own reading wizards at ECISD Austin Elementary! [Click here.](#)



TPRS PARTNER EVENTS:

The Letters in **PURPLE** Stand for

P	U	R	P	L	E
PEAK OF CRYING	UNEXPECTED	RESISTS SOOTHING	PAIN-LIKE FACE	LONG LASTING	EVENING
Your baby may cry more each week, the most in month 2, then less in months 3-5	Crying can come and go and you don't know why	Your baby may not stop crying no matter what you try	A crying baby may look like they are in pain, even when they are not	Crying can last as much as 5 hours a day, or more	Your baby may cry more in the late afternoon and evening

For information on “PURPLE CRYING” see link [HERE](#).


PARENTING WISELY
A HIGHLY INTERACTIVE PARENTING PROGRAM


Community Outreach Center
456-8569

“ La Mejor Practica para Prevenir la Violencia en la Juventud ”
Centro de Control de Las Enfermedades



Get in **FREE** with your **ECISD** ID!

ECISD students, faculty and staff
can get into all **Odessa College**
Athletic events free!



TPRS FAMILY MEETINGS

2023-2024



All of our meetings will involve discussion topics and activities. We want to provide an interactive opportunity for you and your child to learn about parenting and allow an opportunity for questions that you or your child may have about this journey. Our speakers will engage our attendants in discussions, games, activities that will help our teen parents and families understand important facets of being a parent.

All meetings will provide refreshments and snacks.

Topics will include:

Pregnancy Basics

Nutrition

Birthing

SIDS and Newborn Handling

Bonding and Infant Play

Post-Partum Depression

....and so much more!

Meeting Time 5:30-6:30PM

Odessa College, Gregory D. Williams Hall



Location for our meetings are subject to change. We will send notices, if needed. Do not worry if you are late. We prefer that you attend. All handouts will be available to you if you are absent. Parents of our TPRS students are required to attend at least 5 meetings. There is lots to learn. We look forward to helping you and your child in the journey of parenthood and school. Let's learn together. We look forward to seeing you!

August 31, 2023

September 28th, 2023

October 26th, 2023

November/December- No Meeting.

January 25th, 2024

February 29th, 2024

March 21st, 2024

April/May-No Meeting.

Door Prizes will be given.





Free baby supplies for
children up to 36
months!

Supplies include free diapers, formula, wipes
and gently-used maternity and baby clothing.
**By appointment only. Call The Life Center -
Odessa at 432.617.8378**

The **Life**Center

802 N. Washington, Odessa 79761 • 432.617.8378



Earn Baby Bucks to redeem for new baby items from clothing to
car seats and strollers, just by attending classes!

free pregnancy classes and education

Classes are taught by qualified instructors,
with topics such as:

- Nutrition
- Home Safety
- SIDS and Abusive Head Trauma Prevention
- Raising Emotionally Healthy Children
- Mother and Newborn Baby Care
- Infant Choking, First Aid and CPR
- Breastfeeding/Dad University
- Labor and Delivery
- Car Seat Safety

Call for class or appointment* times
in your area!

Midland
432.683.6072
2101 W. Wall Street
Midland, TX 79701

Odessa
432.617.8378
802 N. Washington
Odessa, TX 79761

Andrews
432.523.2859
1412 NE Mustang Drive
Andrews, TX 79714

Big Spring
432.606.5041
1801 S. Main Street
Big Spring, TX 79720

*Parenting education is available
by appointment; call for details.

The **Life**Center



Embrace Grace, Crossroads Church initiative, is showing love to our TPRS students! We are so very thankful for their donations of supplies and gifts for our students. Embrace Grace's goal is that no teen parent has to leave school so that they can work to buy baby goods. Embrace Grace provides baby showers and a 12-week class through a on-site program at Crossroads. Several of our TPRS students attend the weekly meetings and have found great personal rewards with the relationships that they have

encountered as they "Embrace Grace".

Thanks a million!

"You Are Brave. You are Accepted. You are Loved."

Join a 12-week personal walk as you learn about God's Love and Grace for you and your baby. In honor of you and your new found bundle of Joy, Embrace Grace wants to provide a baby shower in continuance to help you with your NEW LIFE Journey. Life is better Together.

2 Corinthians 12:9 "My grace is all you need for my

Power is the greatest when you are weak."

For more information click the link below to provide your Information so that someone can reach out to you,

<https://www.crchurch.cc/Events/embracegrace/>





Resources

Crisis Phone Numbers:

911 for Immediate Crisis

Permian Basin Community Center Crisis Line

- 24/7 Crisis Intervention/Suicide Prevention
- 1-844-420-3964

The Crisis Center

- 24/7 Crisis Intervention/Suicide Prevention
- 1-866-627-4747

Crisis Text Line

- If you are in crisis, reach out for help. Text HOME to 741741.
- 24/7 Crisis Intervention/Suicide Prevention
- [Crisis Text Line Website](#)

National Suicide Prevention Lifeline

- 1-800-273-8255
- suicidepreventionlifeline.org

Teen Parent Related Services Include:



Odessa High School
Home of the Bronchos

- * Counseling Services**
- *Tutoring, Academic/Attendance Review**
- *Health Services**
- * Truancy Intervention**
- * Free Child Care Services and Bussing to/from school**
- *Homebound Education and Services**
- *Dropout Recovery**
- *Credit Recovery/Acceleration through online education**

TEEN PARENT RELATED SERVICES (TPRS) STAFF:

Odessa High School : 456-0029

Connie Flores, Case Worker: 456-5271

Marisela Gonzalez, Specialist: 456-5854

Erica Dangerfield, TPRS Counselor: 456-5851

Marisa Molina, OHS Nurse, 456-5253

Rose Valderaz, Coordinator: 456-8552

Kimberly Bryer, TPRS Homebound Teacher: 456-1006

Hortencia Del Bosque, TPRS Homebound Teacher: 456-8524

(Students at middle school campuses will need to contact the high school their campus feeds into.)