

In this issue:

Spring Is Here


As the flowers bloom and the days get longer, it is time to embrace the rejuvenating spirit of spring. March Madness brings excitement to sports fans (love it), while the blooming flowers may trigger allergies. Remember the importance of self care in scheduling a spring physical to ensure wellbeing. Don't underestimate the power of a good night's sleep and staying hydrated to keep mental clarity and energy levels up.

ECISD Health & Wellness Center  
221 N Sam Houston, Odessa TX

Hours of Operation

Monday	8:00am-5:00pm
Tuesday	8:00am-5:00pm
Wednesday	8:00am-5:00pm
Thursday	8:00am-5:00pm
Friday	8:00am-5:00pm

Three easy ways to schedule your appointment

 Call 800.993.8244

 Patient Portal at [www.careatc.com/patients](http://www.careatc.com/patients)

 CAREATC Mobile App

\*\$0 co-pay for primary care (Employee on the HSA Plan will pay a \$25 co-pay)

\*Quick and easy appointments

\*No-cost preventive care

\*Free lab work and over-the-counter medications provided during your visit

\*Less wait time, more face time with your medical provider

RECUCO

NextGen Care

## Primary Care

Whole-Person Virtual Care

Top primary care physicians provide personalized care virtually through message-based and video interactions, no matter your location or circumstance.

Product Highlights



**Comprehensive**  
An integrated care team with board-certified primary care physicians enables whole-person care with a personal touch.



**Convenient**  
Market-leading patient access means no long appointment waits or barriers to accessing care.



**Preventative**  
A proactive approach that includes risk stratification enables early intervention to improve patient experience and outcomes.



- Dedicated Physician
- Primary Care Services
- Electronic Prescription Ordering
- Health Risk Assessment
- Integrated Urgent Care
- Chronic Care Management





## Product Details

**Dedicated Physician**  
Patients can choose a consistent provider who meets their needs and preferences.

**Primary Care Services**  
Annual wellness exam, health risk assessment review, follow-up visits, care plan development and ongoing support, chronic condition management, post-visit lab ordering and review, and specialist coordination.

**Electronic Prescription Ordering**  
Prescriptions are immediately sent to the patient's preferred pharmacy for easy pickup.

**Health Risk Assessment**  
A comprehensive risk assessment covers physical and behavioral health, lifestyle, and other areas.

**Integrated Urgent Care**  
24/7 urgent care access is included in the primary care solution.

**Chronic Care Management**  
Care teams identify and manage chronic conditions on an ongoing basis.



## Conditions Treated

- Prediabetes / Diabetes
- Hypertension
- High Cholesterol
- Obesity Management
- GI Tract Issues
- Respiratory Illness
- Arthritis
- Allergic Conditions
- UTIs / Vaginitis
- Anemia
- Cold / Flu
- Rashes



Up to \$500

Did you know?  
Patients can save between \$400 - \$500 in episodic savings per consultation!

© 2024 Recuco Health

Temporary Disability

Every certified full-time educator shall be given a leave of absence for temporary disability at any time the educator's condition interferes with the performance of regular duties. The contract or employment of the educator may not be terminated while the educator is on a leave of absence for temporary disability. For purposes of temporary disability leave, pregnancy is considered a temporary disability.

A request for a leave of absence for temporary disability must be made to the Director of Benefits & Risk Management. The request must:

1. Be accompanied by a physician's statement confirming inability to work;
2. State the date requested by the educator for the leave to begin; and
3. State the probable date of return as certified by the physician.

Temporary disability will run concurrently with FML if applicable.

A max of 180 calendar days is allowed.

Temporary disability information can be found in DEC policy legal and local:

<https://pol.tasb.org/Policy/Code/421?filter=DEC>

Benefit & Risk Management Team and contact information

Yolanda Gordon Director of Benefits & Risk Management \*432-456-9789\* [Yolanda.Gordon@ectorcountysisd.org](mailto:Yolanda.Gordon@ectorcountysisd.org)

Estela Vejil, Risk Benefits Manger\*432-456-9782\*[Estela.Vejil@ectorcountysisd.org](mailto:Estela.Vejil@ectorcountysisd.org)

Maria Melendez, Health Benefits Specialist\*432-456-9780\*[Maria.Melendez@ectorcountysisd.org](mailto:Maria.Melendez@ectorcountysisd.org)

 <https://www.ectorcountysisd.org/Domain/148>

