

Middle School MOD Schedule

Duchesne Academy has introduced a 6-term modular schedule – the “MOD” Schedule. This innovative schedule will allow Duchesne to lead the way in providing a transformational 21st-century education.

MOD Schedule Advantages

The new schedule format brings several significant enhancements to our academic curriculum.

It reflects current research on how adolescent girls learn best. Providing fewer, longer classes of 75 minutes in length offers a better balance between the mastery of individual subjects and interdisciplinary learning.

It provides for a more in-depth study of individual disciplines, with a greater emphasis on applying knowledge both to solving problems and fostering creativity.

Middle School Modular Schedule

- 6 MODs each school year
- Each MOD is 29 days
- 4 classes per MOD
- Time each day dedicated to tutorial, advisory, or student activities of interest such as cooking, study skills, or clubs

- Students have three of their core academic classes during MODs 1, 3, and 5, and their other three core academic classes during MODs 2, 4, and 6
- Students will have PE and Fine Arts throughout all six mods

Overall Expected Outcomes

- More emphasis on skill-based curriculum and academic programs
- Students who are critical thinkers and problem solvers
- Increased depth of exploration and discovery in each course
- Highly engaged students who develop a life-long love of learning
- More authentic and immersive social awareness experiences
- Slower pace of school day and smaller workload to reduce stress and anxiety
- More time for extra-curricular activities and family life
- Stronger relationships between teachers and students

Middle School Sample Schedule

Middle School students take math, science, English, religion, and foreign language (French or Spanish) each year. Elective offerings include technology, dance, theatre, studio art, and music/choir.

During the Middle School years, students will have opportunities to publish short stories, write plays, participate in honor choir, compete in a Mars Rover competition, give back to their community through volunteer work, and engage in many other educational experiences.

Athletics are offered for 6th - 8th grade students.

- Fall: Volleyball, Field Hockey, Cross Country
- Winter: Basketball, Soccer, Swimming
- Spring: Track and Field, Tennis, Golf, Lacrosse, Softball

	Mod 1	Mod 2	Mod 3	Mod 4	Mod 5	Mod 6
8-815	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly
8:15-9:30	Math	Science	Math	Science	Math	Science
9:30-10:00	Break	Break	Break	Break	Break	Break
9:45-11:00	English Language Arts	Religion	English Language Arts	Religion	English Language Arts	Religion
11:10-11:50	Advisory/Tutorial	Advisory/Tutorial	Advisory/Tutorial	Advisory/Tutorial	Advisory/Tutorial	Advisory/Tutorial
11:50-12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:25-1:45	World Language	History	World Language	History	World Language	History
1:50-2:05	Break	Break	Break	Break	Break	Break
2:00-3:20	Elective	PE/Elective	Elective	PE/Elective	Elective	PE/Elective