



<b>2024 Summer Football Workout Schedule</b>		
<b>Week/Date</b>	<b>Time</b>	<b>Workouts and Other Opportunities on Serra's Campus</b>
Week 1 - June 3	5 p.m.-7 p.m. Monday-Thursday	Workouts at Serra with Serra coaches
Week 2 - June 10	5 p.m.-7 p.m. Monday-Thursday	Workouts at Serra with Serra coaches
Week 3 - June 17	Noon-2 p.m. Monday-Thursday	Workouts at Serra with Serra coaches
Week 4 - June 24	OFF - VACATION	Student-athletes are encouraged to work out on their own.
Week 5 - July 1	OFF - VACATION	Student-athletes are encouraged to work out on their own.
Week 6 - July 8	2:30 p.m.-5 p.m. Monday-Thursday	Next Level Padded Football Camp (Optional Football Camp located on Serra's campus - for more information, click <a href="#">HERE</a> )*
Week 7 - July 15	2:30 p.m.-5 p.m. Monday-Thursday	Next Level Padded Football Camp (Optional Football Camp located on Serra's campus - for more information, click <a href="#">HERE</a> )*
Weeks 8 - July 22	Noon - 2 pm Monday - Thursday	Workouts at Serra with Serra coaches
Week 9 - July 29th	DEAD WEEK	Student-athletes are encouraged to work out on their own from the week of July 29th to August 4th.
August 5, 2024	Official CCS start date. (TIME TBA)	Mandatory reporting for any freshman planning on participating.

\*Special Pricing for Serra Players: If you commit to attending both weeks of the NL Padded Camp - email [patrick@nextlevelsports.com](mailto:patrick@nextlevelsports.com) for your code to get two weeks for the price of one! Please do not sign up for both, unless you are committed to attend all days as your son will be taking a camper's spot.