

## **Resources for Substance Use Assessments and Treatment**

**Families are encouraged to contact their primary care provider and/or insurance company first for the most cost-effective service provider**

Note: These treatment providers are offered as possible resources and are not affiliated with Gresham Barlow School District. The list does not constitute "recommended providers" only possible resources. A qualified provider for the required assessment must be licensed to complete substance use screenings as a Certified Drug and Alcohol Counselor (CADC).

### **Lifeworks Northwest**

- Insurance: OHP, Kaiser, Blue Cross, Providence, Moda
- Out of Pocket Cost: \$175, \$25 for UA
- Contact Person: Ian Schroeder, 503.597-9061, [ian.schroeder@lifeworksnw.org](mailto:ian.schroeder@lifeworksnw.org)
- Address: 18417 SE Oak St, Portland/Gresham, Oregon
- Assessments available Tuesday, Wednesday, Thursdays by appointment
- Additional Info: family and mental health services also available; additional intake line 503-645-9010 or (Toll-Free) 888-645-1666, or email [intake@lifeworksnw.org](mailto:intake@lifeworksnw.org)

### **Western Psychological & Counseling**

- Insurance: OHP, most private insurance
- Out of Pocket Cost: sliding scale available
- Contact: 503-666-8832
- Substance Use Services only available in Gladstone, Vancouver, and Beaverton
- Additional Info: Bilingual English/Spanish therapists available
- <https://www.westernpsych.com/>

### **New Pattern Counseling LLC**

- Insurance: Regence BCBS, Optum, Providence, Aetna, Moda, United Healthcare, PacificSource
- Out of Pocket Cost: \$145/55 minute session
- Contact Person: Rhys Pasimio 971-220-6449
- Address: 501 NE Hood Avenue, Suite 260, Gresham, OR 97030
- <http://www.newpatterncounseling.com/>

### **Sandy Counseling Center**

- Insurance: no
- Out of Pocket Cost: \$75 cash or check only
- Contact Person: Rick Roundy 503-826-8500
- Address: 39084 Proctor Blvd, Sandy, OR
- Additional Info: Requires parent/adult attendance with students for assessment, no 3rd party billing, UA Included at assessment

### **Cascadia Behavioral Health**

- Insurance: OHP, Moda, some Kaiser
- Out of Pocket Cost: \$135-150
- Contact: 503-674-7777
- Address: Woodland Park Clinic: 10373 NE Hancock St. Ste. 200; Plaza Health Center: 4212 SE Division
- <https://www.cascadiabhc.org/services/addiction-recovery-services/>

**Full Panel Substance Use Urinalysis Tests are available for \$90-100 through this resource:**  
<https://www.health-street.net/product/10-panel-urine>

## **Culturally/Linguistically Specific**

### **Esperanza Juvenil Puentes Program - Spanish Language & Latino Specific Services**

- Insurance: OHP, others depending
- Out of Pocket Cost: sliding scale & free services available
- Contact: Marysol Jimenez 971-270-8867
- Address: 12672 SE Stark St, Portland, but can also meet in the community / school
- Additional Info: offers family and individual services and can meet outside of office based on preference/need
- <https://www.centralcityconcern.org/services/health-recovery/puentes/>

### **Native American Rehab Association**

- Insurance: OHP, others depending
- Out of Pocket Cost: sliding scale available
- Contact: 503-953-6598
- Address: 620 NE 2nd Street, Gresham, Or
- Additional Info: family services and mental health services also available
- <https://www.narathwest.org/projects/youth-outpatient-addictions-treatment/>

## **Additional Resources**

- Contact your Private Physician and request a Urinalysis Test & private assessment
- Most Health Insurance provided through employers offers an EAP Program that covers the entire household for a limited number of mental health and/or substance use assessments/counseling for free. We encourage you to seek out this resource as an additional option.