

# Pregnancy Resources

## **Birthright - (503) 249-5801**

A free counseling and referral service that offers alternatives to abortion. Pro-Life. Free pregnancy tests, counseling, help with clothing and housing. 1515 NE 41<sup>st</sup> Portland, OR 97232

<http://motherandchild-edu.org>

## **Catholic Charities, Pregnancy support and adoption services - (503) 238-5196**

Call for assistance obtaining medical coverage, housing and other necessities, adoption and counseling services. 2740 SE Powell Boulevard, #7 (Third Floor) Portland, OR 97202

[www.catholiccharitiesoregon.org](http://www.catholiccharitiesoregon.org)

## **Catholic Charities, Elizabeth House -(503) 236-7235**

Residential maternity home for women ages 14 to 20.

## **Childcare Resource & Referral Teen Parent Scholarship Program -(503) 548-4400**

MCCR will help pay for childcare when young parent is enrolled in high school completion or GED Program. Bilingual. Call for qualifications. 1006 SE Grand Avenue, #100B Portland, OR 97214

## **DHS Teen Parent Branch/Adult & Family Services -(503) 491-1979** 912 NW Kelly Gresham, OR 97030

[www.dhs.state.or.us](http://www.dhs.state.or.us)

## **Centennial High School-Phone: 503-988-5488**

3505 SE 182nd Ave, Gresham ([Map\(link is external\)](#))

Fax: 503-988-5484

Hours: Mon, Tues, Wed, Fri, 7:45am-3:45pm | Thurs, 9:45am-5:45pm

Call for a variety of medical needs. Must be between 12 and 19 years old. Services include age appropriate sexual health, immunizations, Diagnosis and treatment of acute and chronic illness, physical exams, prescriptions, free pregnancy test, \$5 donation requested, birth control, STD testing and HIV/AIDS testing.

## **Insights Teen Parent Program - (503) 239-6996**

Providing prenatal care, housing and emergency assistance with food diapers and personal supplies. 711 SE Ankeny, Suite B Portland, OR 97214

[www.insightstpp.org](http://www.insightstpp.org)

**Multnomah County Health Department Oregon SafeNet (Info & referral hotline) 1-800  
SAFENET(723-3638) or 1-800-998-9825 Information and referral service only**

(share all options) on pregnancy testing, support services for teen parents, mental health services, prenatal care, WIC nutrition programs. Bilingual. 426 SW Stark St. Portland, OR 97204

<http://oregonsafenet.org>

**OHP (Oregon Health Plan) Application Hotline - (800) 359-9517**

**Planned Parenthood -(888) 875-7820**

Bilingual services. Call for appointment regarding STD testing, HIV/AIDS testing, counseling, prenatal care, abortion, adoption or birth control. 501 NE Hood, Suite 100 Gresham, OR 97030

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**Pregnancy Resource Centers of Greater Portland - (503) 666-6527**

Pregnancy Tests, information on abortion risks, procedures and alternatives, adoption Information and referrals, maternity and baby clothing, baby toys and furnishings, and parenting classes offered. Services are free. 104 NW 11th Ave Gresham, OR 97030

[www.portlandprc.org](http://www.portlandprc.org)