

# Emergency Resources

## MULTNOMAH COUNTY

### **Supplemental Nutrition Assistance Program (SNAP)** formerly known as Food Stamp Program **(503) 491-1979**

912 NE Kelly Ave., Gresham, OR 97030 – bilingual

[www.oregon.gov/DHS/assistance/foodstamps/foodstamps.shtml](http://www.oregon.gov/DHS/assistance/foodstamps/foodstamps.shtml)

Hours: 8:00 a.m.-5:00 p.m. Monday-Friday (Thursday open till 7:00 p.m.)

### **Human Solutions – 503-548-0200 or 503-405-7875**

12350 SE Powell Blvd, Portland (as of 1/2012)

Serves homeless and low-income individuals/families; shelter, rent/utility assistance

### **Link Up America - (800) 848-4442**

Provides phone services for those who qualify.

### **My Father's House - (503)492-3046**

Year-round family shelter for 30 families. Call for availability.

### **My Sister's House - (503) 665-1026**

Faith-based organization that provides short-term housing for women in need. Clothing available for women and children. Call for availability.

### **Oregon Lions Sight and Hearing Foundation - (503) 827-6952, (800) 635-4667**

1410 SW Morrison, Suite 760, Portland, OR 97205

Provides eye exams and eyeglasses for students in need (application required).

### **Runaway Crisis Line - (800) RUN-AWAY (800-786-2929)**

### **Salvation Army - (503) 661-8972**

473 SE 194<sup>th</sup>, Portland (For residents east of 122<sup>nd</sup>).

Emergency food baskets, limited clothing vouchers and energy assistance during winter months

### **Shared Housing, through Ecumenical Ministries - (503) 225-9924**

A referral and matching services bringing together those who need affordable housing with those who would like help with rent, household chores or personal care.

### **SNOW-CAP - (503) 674-8785**

17805 SE Stark, Gresham, OR

Serving meals Monday through Friday, 10:00 am to 2:00 pm; Saturday 10:00 am to Noon.

Provides free emergency food and clothing (14 yrs. and under) to East County residents. Must provide picture ID and mail post dated within 30 days.

### **St. Vincent de Paul - (503) 235-8431**

Emergency food, clothing, rent and utility assistance.

### **Sunshine Division - (503)823-2102**

Provides emergency food for individuals and families.

### **William Temple House - (503) 226-3021 (Bilingual services)**

2023 NW Hoyt Street Portland, OR

Provides emergency food, clothing, counseling & support groups. Pick-up application at site Monday through Thursday 9:00am to 7:00 pm. \$10 fee for therapy.

This information is subject to change without notice and it does not imply endorsement of services offered. Investigate resources as necessary before making a decision.

Updated 1-6-2012