



Inspiring Excellence

HUTTO ISD
Mentoring

What is Mentorship

Mentoring is a structured and trusting relationship that brings young people together with caring individuals who offer guidance, support and encouragement.

A Mentor is a...

Positive Role Model

Friend

Coach

Advisor

Self-Esteem Builder

Career Counselor

Advocate

Why Students May Need a Mentor

- Low self-esteem
- Low self confidence
- Little to no interest in school
- Lack of positive adult interaction
- Overall lack of interest in anything

How Can you Contribute?

- Difficult life circumstances
- Divorce
- Shy
- Moved
- Homeless
- Foster/Adopted

How Can YOU Make a Difference?

Students who meet regularly with a mentor have...

- Increased high school graduation rates
- Healthier relationships and lifestyle choices
- Better attitudes about school
- Higher college enrollment rates and higher educational aspirations
- Enhanced self-esteem and self-confidence
- Improved behavior, both at home and at school
- Stronger relationships with parents, teachers, and peers
- Improved interpersonal skills
- Decreased likelihood of initiating drugs and alcohol

Communication

Are secrets between the mentor and mentee appropriate?

- NO SECRETS EVER

How to report Child Abuse

Child Abuse Hotline

(call) 1-800-252-5400 OR

www.txabusehotline.org

Communication

- Never physically discipline
- Never use abusive language
- Do not use ultimatums
- Do Explain...children will listen and respond to reason
- Do Discuss...do not use the silent treatment to solve the problem
- Do, if warrants, end the session and resume with the next scheduled meeting

Phase One

Developing Rapport and Building Trust

Most Critical

Plan Meetings

Learn to communicate

Students may test boundaries

Establish Confidentiality

Protect the student and yourself

Boundaries (camp hug)



Conduct

Can I hug my mentee?

Yes, you can hug your mentee....but....

1. Respect the child's wishes
2. Allow the child to initiate contact
3. Respect your own feelings about physical contact
4. Err on the side of caution
5. Be aware of how others may perceive your actions

Conduct

Unacceptable Forms of Physical Contact with a Mentee:

- Kissing
- Cuddling
- Wrestling or
Roughhousing
- Sitting on
- Tickling
- Piggy-backs

Conduct

Setting Boundaries

- Be a friend while maintaining the role of a more mature person
- Take advantage of opportunities to be a positive role model
- Acknowledge inappropriate behavior
- Say “no” to inappropriate requests
- Be consistent
- Praise the child when they make appropriate choices.
- Set realistic expectations from the beginning of the relationship.

Safety DO NOT

- Dispense medications
- Make referrals to outside program
- Lend money to students
- Promote brand name products, religious beliefs, or political doctrines
- Use alcohol, or tobacco products before meeting with your mentee
- Have firearms or weapons present when meeting with your mentee
- Allow other students to intervene on your time with your mentee

Beware of Social Media



Confidentiality

- Confidentiality is IMPORTANT
- Assure the protection of your mentee and their family
- The following information must remain confidential:
 - Name of student, students parents, family members
 - Address of student
 - Personal identifiers, like social or school ID #
 - List of characteristics that make it possible to identify student
 - Grades and Attendance
 - Assessment Record
 - Discipline Matters

Phase Two (Hit the Stride)

- Setting and Reaching Goals
 - Set goals
 - Choose activities
 - Celebrate accomplishments
 - Listen, listen, listen

Guidelines

- Support the teachers, not supplant them
- Avoid expressing dissatisfactions in the presence of students
- Take matters of concern to the Campus Mentoring Coordinator
- Abide by all campus rules and procedures'
- Exhibit adult, professional behavior
- Work under the direction of the staff

Guidelines

- Stay on school/site property
- Stay in visible places with your mentee
- Clean up after each activity
- Dress appropriately
- Do not bring food. For lunch try our delicious cafeteria tray.
- Avoid other students intruding on your mentee's time with you.

Program Requirement

- Library, cafeteria, classroom
- Most during lunch
- In line site of doorway

Guidelines

- Mentoring requires a commitment of 30 – 45 minutes a week for the duration of the year
- Mentors are welcome to visit any time during the school day (unless campus/student is testing)
- Familiarize yourself with campus norms and school rules which are available from the Campus Mentor Coordinator.

Phase Three

Navigating rough spots

- Know your limits
- Solving problems vs giving advice
- Remain committed and seek outside support as needed

Phase Four

Closing the relationship

- Communicate, communicate, communicate
- End on a positive note
- Be honest
- Don't make promises you cant keep

Meeting with your student

- 1st meeting
- Moving forward
 - Call after 10am to ensure your student is on campus

What happens next?

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- Relatrix volunteer/mentoring approval (if not completed already) *hipponation.org/mentoring*
 - Introduction to mentee on campus
 - Meet with mentee weekly
 - Stay in communication with Campus Mentoring Coordinator

Additional Resources

- Other resources are available from the
Campus Mentor Coordinator such as:
 1. Conversation starters
 2. Best practices when ending a mentor/mentee relationship
 3. Games, activities, and other helpful information

Campus Mentoring Coordinators

- Hutto Elementary:
- Jennifer Jennings
- 759-2094

- Cottonwood Creek:
- Brandy Mounts
- 759-5430

- Veterans' Hill:
- Lacy Lovelace
- 759-3030

- Nadine Johnson:
- Shannon Baker
- 759-5450

- Ray Elementary:
- Eloy Paredes
- 759-5450

- Hutto Middle:
- Silvia Covarrubias
- 759-4753

- Farley Middle:
- Christy Feltner
- 759-2050

- Hutto High School:
- Counseling Center
- 759-4700

Welcome to Mentoring

