

ELEMENTARY MENU

Daily breakfast options may include:

- Choice of cereal
- Choice of WG Pop Tarts
- Choice of milk and/or 100% Juice

Daily lunch entrées include:

- One hot entrée
- One vegetarian hot entrée
- One cold option

Choice of cold sandwiches include:

- Peanut Butter & Jelly ♥
- Sun butter & Jelly ♥
- Turkey & Cheese

Daily fruit choices may include:

Fresh, frozen, or canned (in 100% juice or light syrup) or 100% Fruit Juice

Daily vegetable choices may

Fresh veggies w/ dip, hot canned

all meatless options are vegan.

MONDAY

Yogurt w/ WG Muffin

WG Banana Bread V

WG Breaded Chicken Leg w/ WG Roll

WG Bosco Sticks w/ Marinara

Choice of Cold Sandwich

Baked Beans

Choice of Fruit

Milk

WG Strawberry Cream Bagel 🂙

WG Banana Bread V

WG Mini Corn Dogs

WG Grilled Cheese

Choice of Cold Sandwich

Glazed Carrots

Choice of Fruit

Yogurt w/ WG Muffin

WG Banana Bread V

WG Chicken Sandwich

WG Grilled Cheese

Choice of Cold Sandwich

Steamed Broccoli

Choice of Fruit

Milk

TUESDAY

WG Breakfast Bagel WG Long John Donut V

> Beef Nacho w/ Churro Bean Nacho w/ Churro Yogurt Snack Pack V Steamed Corn Choice of Fruit Milk

WG Breakfast Burrito

WG Long John Donut V

WG Crispito w/ Cheese Sauce

WG Bosco Sticks w/ Marinara

Yogurt Snack Pack

Refried Beans

Choice of Fruit

Milk

WG Breakfast Bagel

WG Long John Donut √

Beef Taco

Bean Taco V

Yogurt Snack Pack

Steamed Corn

Choice of Fruit

Milk

WG Cinni Mini V

WEDNESDAY

WG Blueberry Muffin Top

√ WG Chicken Nuggets w/ Roll

Chick'n Meatless Nuggets w/ Roll ♥ Hummus Snack Pack **Sweet Potato Fries** Choice of Fruit Milk

WG Banana Breakfast Cookie 💙 General Tso Chicken w/ Rice Seasoned Black Beans w/ Rice V

THURSDAY

Yogurt Snack Pack Mixed Vegetable Choice of Fruit Milk

WG Sausage Pancake Wrap

NO SCHOOL

FRIDAY

WG French Toast Minis V WG Blueberry Muffin Top

√ *****

> Spaghetti w/ Meat Sauce Spaghetti w/ Marinara V Hummus Snack Pack Green Beans Choice of Fruit Milk

WG Breakfast Pizza WG Banana Breakfast Cookie ♥

Tangerine Chicken w/ Rice Seasoned Black Beans w/ Rice

√ Yogurt Snack Pack Steamed Broccoli Choice of Fruit Milk

Apple Breakfast Bar V WG Breakfast Donut V

> WG Pepperoni Pizza WG Cheese Pizza V Choice of Cold Sandwich Smile Fries Choice of Fruit Milk

WG Cinni Minnis WG Blueberry Muffin Top

√ Cheeseburger

Black Bean Burger V Hummus Snack Pack **Baked Beans** Choice of Fruit Milk

WG Sausage Pancake Wrap WG Banana Breakfast Cookie

WG Chicken & Waffles Chick'n Meatless Nuggets & Waffles Yogurt Snack Pack **Glazed Carrots** Choice of Fruit Milk

Mini Pancake Bites \checkmark WG Breakfast Donut

√

WG Bosco Sticks w/ Marinara $\sqrt{}$ Choice of Cold Sandwich **Green Beans** Choice of Fruit Milk

NG Bagel w/ Cream Cheese WG Banana Bread V

WG Breaded Chicken Leg w/ WG Roll WG Bosco Sticks w/ Marinara Choice of Cold Sandwich **Baked Beans** Choice of Fruit Milk

Breakfast Burrito w/ Salsa WG Long John Donut V

> Beef Nacho w/ Churro Bean Nacho w/ Churro Yogurt Snack Pack Steamed Corn Choice of Fruit

Cinnamon Waffle WG Blueberry Muffin Top

√ ****

WG Chicken Nuggets w/ WG Roll Chick'n Meatless Nuggets w/ Roll V Hummus Snack Pack **Sweet Potato Fries** Choice of Fruit

WG Breakfast Pizza Banana Breakfast Cookie 💙

General Tso Chicken w/ Rice Seasoned Black Beans w/ Rice V Yogurt Snack Pack Mixed Vegetable Choice of Fruit Milk

WG Apple Frudel V WG Breakfast Donut

√

Fish Sticks w/ Mac & Cheese Mac & Cheese w/ WG Roll V Choice of Cold Sandwich Steamed Broccoli Choice of Fruit

include:

or frozen vegetable

V Indicates a meatless entrée or meatless option is available. Not

© 2023 Simply Good Food, LLC

Trix Yogurt w/ WG Muffin 🍾 WG Banana Bread V ****

WG Mini Corn Dogs WG Grilled Cheese Choice of Cold Sandwich **Glazed Carrots** Choice of Fruit

WG Breakfast Bagel WG Long John Donut ****

WG Crispito w/ Cheese Sauce WG Bosco Sticks w/ Marinara V Yogurt Snack Pack **Refried Beans** Choice of Fruit Milk

