

# SHELTON STUDENT HEALTH INFORMATION

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## Required for:

- New Students
- Student Athletes (including cheerleaders, dance team and mascot)
- Returning Students in grades 9 or 11

This form is to be completed and signed by a physician.

In order to comply with the requirements of the State of Texas Department of Health, it is necessary that immunization records be completed and be on file prior to the first day of class at Shelton School. Your child will not be admitted without an immunization record on file.

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

Home Address \_\_\_\_\_

Allergies \_\_\_\_\_

Medical Conditions \_\_\_\_\_

|                    | Medication | Dosage | Time(s) | Date Prescribed | Date Discontinued |
|--------------------|------------|--------|---------|-----------------|-------------------|
| <b>Medications</b> |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |
|                    |            |        |         |                 |                   |

**Attach a copy of student's immunization record.**



**Texas Association of Private and Parochial Schools  
PREPARTICIPATION PHYSICAL EVALUATION  
PHYSICAL EXAMINATION**



STUDENT'S NAME \_\_\_\_\_ SPORT(S) \_\_\_\_\_

GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ % OF BODY FAT: \_\_\_\_\_

PULSE: \_\_\_\_\_ BLOOD PRESSURE: \_\_\_\_/\_\_\_\_ (\_\_\_\_/\_\_\_\_/\_\_\_\_)

VISION R 20/\_\_\_\_ L 20/\_\_\_\_ CORRECTED: Y N Pupils: EQUAL \_\_\_\_\_ UNEQUAL \_\_\_\_\_

In keeping with the requirements of the Texas Association of Private and Parochial School, as a minimum requirement, this **PHYSICAL EXAMINATION FORM** must be completed prior to high school athletic participation each year of high school.

| MEDICAL  | NORMAL | ABNORMAL FINDINGS | INITIALS* |
|--|--------|-------------------|-----------|
| Appearance   |        |                   |           |
| Eyes/Ears/Nose/Throat                                      |        |                   |           |
| Lymph Nodes  |        |                   |           |
| Heart-Auscultation of the heart in the supine position     |        |                   |           |
| Heart - Auscultation of the heart in the standing position |        |                   |           |
| Heart - Lower extremity pulses                             |        |                   |           |
| Pulses   |        |                   |           |
| Lungs  |        |                   |           |
| Abdomen  |        |                   |           |
| Genitalia (males only)                                     |        |                   |           |
| Skin   |        |                   |           |

| MUSCULOSKELETAL | NORMAL | ABNORMAL FINDINGS | INITIALS* |
|-----------------|--------|-------------------|-----------|
| Neck            |        |                   |           |
| Back            |        |                   |           |
| Shoulder/Arm    |        |                   |           |
| Elbow/Forearm   |        |                   |           |
| Wrist/Hand      |        |                   |           |
| Hip/Thigh       |        |                   |           |
| Knee            |        |                   |           |
| Leg/Ankle       |        |                   |           |
| Foot            |        |                   |           |

\*station-based examination only

|   |
|---|
| <p><b>CLEARANCE</b></p> <p><input type="checkbox"/> Cleared</p> <p><input type="checkbox"/> Cleared after completing evaluation/rehabilitation for: _____</p> <p><input type="checkbox"/> Not cleared for: _____ Reason: _____</p> <p>Recommendations: _____</p> <p>_____</p> |
|---|

Provider Name: \_\_\_\_\_ Date of Examination: \_\_\_\_\_

Provider Signature: \_\_\_\_\_

Provider Address: \_\_\_\_\_

Provider Phone Number: \_\_\_\_\_