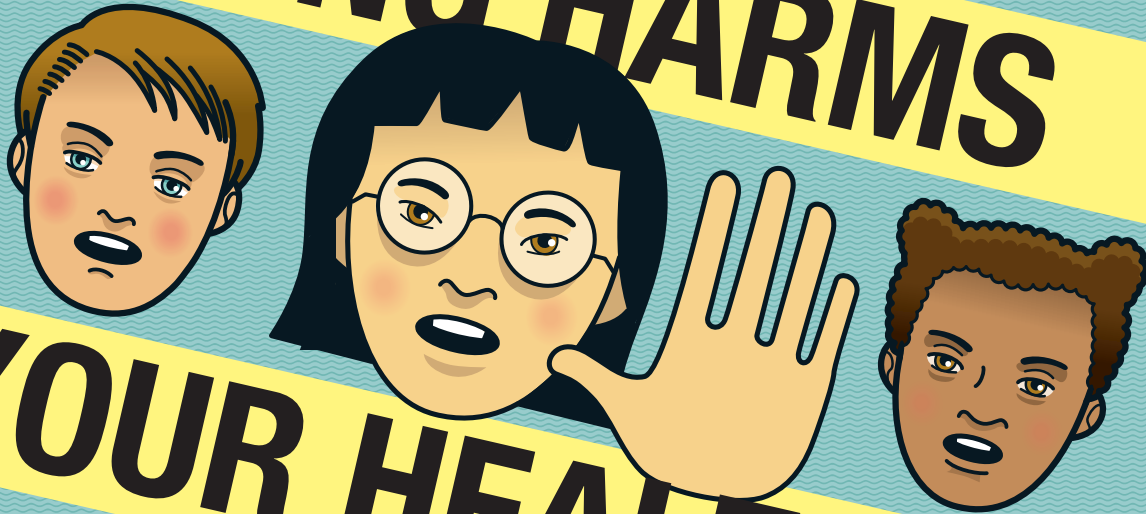
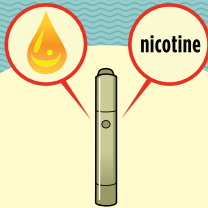


# FACT: VAPING HARMS

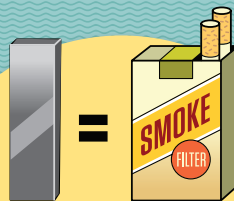


# YOUR HEALTH

Five reasons why it's bad for you



Most e-cigarettes contain nicotine, the same highly addictive chemical in regular cigarettes.



One Juul pod has as much nicotine as a pack of cigarettes.



Teens are at greater risk for addiction to nicotine because their brains are still developing.



Kids who vape are more likely to start smoking cigarettes.



Some e-cigarettes contain chemicals, such as formaldehyde, that can cause cancer.