



MONDAY		Café Service Hours	
Alarm Clock Special	Crispy Breakfast Potato Bar, Bacon Bits, Sour Cream, Green Onions, Cheddar Cheese	\$ 7.25	Breakfast 8:00 am - 8:30 am
Market Grill	Grilled Chicken Pesto Sandwich, Sliced Tomato, Provolone Cheese, Seasoned Fries	\$ 8.25	Break 9:45 am - 10:05 am
Global Bowl	MTO Pasta Station, Penne or Spaghetti, Pesto or Four Cheese, Cheesy Garlic Bread, Roasted Spring Vegetables	\$ 8.50	Lunch 12:40PM
Kitchen Table	Baked Potato Bar, Ranchero Beans, Roasted Corn, Roasted Poblano and Red Pepper, Cheddar Cheese, Shredded BBQ Chicken	\$ 8.50	 After School 2:30 pm - 3:00 pm
Platillos Latinos	Chiles Rellenos Burritos, Spanish Rice, Black Beans, House Made Tortilla Chips and Pico De Gallo	\$ 8.50	
Tossed	Organic Arugula Salad, Grilled Chicken, Goat Cheese, Roasted Asparagus, Balsamic Dressing	\$ 8.25	
Afternoon Snack	Smoothies, Ice Cream Sundaes, Cold Take Away Sandwich's, Salads, Wraps, Snack Items	\$ -	
TUESDAY		Afterschool	
Alarm Clock Special	Ham and Egg Breakfast Sandwich: Sour Dough Bread, Roasted Breakfast Potatoes	\$7.25	Daily
Market Grill	Free-Range Chicken Caesar Salad on House Flatbread, House Chips	\$8.25	Smoothies
Kitchen Table	BBQ Pulled Chicken Sandwich, Slaw, Seasoned Fries	\$8.50	Ice Cream Sundaes
Global Bowl	MTO Rice Bowl, Shrimp Fajita Bowl, Cilantro Lime Rice, Grilled Peppers and Onions, Avocado, House Made Pico de Gallo	\$8.50	Cold Take-Away Snacks
Platillos Latinos	Creamy Chicken Enchilada Soup: Shredded Chicken, Black Beans, Corn, Avocado, Shredded Cheese	\$8.50	Daily Specials
Tossed	Chopped Wedge Salad: Romaine, Blue Cheese, Bacon, House-Made Ranch Dressing	\$8.25	Tuesday: Chicken Pesto Panini Wednesday: Ham Panini Thursday: Chef's Hot Wrap Friday: Ice Cream and Brownies
Afternoon Snack	Smoothies, Ice Cream Sundaes, Cold Take-Away Sandwiches, Salads, Wraps & Snack Items		
WEDNESDAY		Breakfast TakeAway	
Alarm Clock Special	Avocado Toast: Avocado Puree, Over-Medium Eggs, Crispy Tots	\$7.50	Daily
Market Grill	Grilled Chicken Pesto Sandwich, Sliced Tomato, Provolone Cheese, Seasoned Fries	\$8.25	Sun's Up Sandwiches
Kitchen Table	MTO Pasta Station: Bow tie or Fettuccine Pasta, Creamy Mushroom or Kale Pesto, Cheesy Garlic Bread, Roasted Spring Vegetables	\$8.50	Breakfast Burritos
Kitchen Table	Honey BBQ Chicken Wings, Seasoned Fries, Celery and Carrot Sticks, House-Made Ranch Dressing	\$8.50	Smoothie
Platillos Latinos	Arroz Con Pollo/Spanish Chicken and Rice: Bell Pepper, Olives, Saffron Rice, Corn Tortillas	\$8.50	Parfaits
Tossed	Classic Cobb Salad: Romaine, Blue Cheese, Hard Boiled Egg, Grilled Chicken, Crispy Bacon	\$8.25	Fruit Cups
Afternoon Snack	Smoothies, Ice Cream Sundaes, Cold Take-Away Sandwiches, Salads, Wraps and Snack Items		Protein Bars
			
THURSDAY		Take-Away Every Day	
Alarm Clock Special	Fluffy Buttermilk Pancakes, Syrup	\$5.25	Classic Caesar Salad Organic Romaine, Cherry Tomato, House Made Croutons, Caesar Dressing \$8.25
Market Grill	Buffalo Chicken Flatbread, House Chips	\$8.25	Classic Chicken Caesar Salad Organic Romaine, Free Range Chicken, Cherry Tomato, House Made Croutons, Caesar Dressing \$8.50
Global Bowl	MTO Rice Bowl: Honey Sriracha Chicken, Steamed Rice, Broccoli, Green Onions	\$8.50	Cobb Salad Organic Romaine, Applewood Smoked Bacon Bits, Free Range Chicken, Avocado, Cherry Tomato, Cage Free Egg, House Made Ranch Dressing \$8.75
Global Bowl	Bahn Mi Rice Bowl: Grilled Pork, Carrots, Daikon Radish, Steamed Rice, Honey Soy Dressing	\$8.50	
Platillos Latinos	Mexican Carne Guisada: Spicy Braised Beef, Spanish Rice, Refried Beans, Corn Tortillas	\$8.50	
Tossed	Greek Salad: Kalamata Olives, Cucumber and Feta Cheese, House Dressing	\$8.25	
Afternoon Snack	Smoothies, Ice Cream Sundaes, Cold Take-Away Sandwiches, Salads, Wraps, Snack Items		
FRIDAY		Daily Sandwich Bar	
Alarm Clock Special	Breakfast Plate: Cage-Free Eggs, Bacon, Crispy Breakfast Potatoes	\$7.25	Smoked Turkey Breast Sandwich Smoked Turkey Breast, Lettuce, Tomato, Provolone Cheese on Whole Wheat \$8.25
Market Grill	Grilled Chicken Caesar Wrap, House Chips	\$8.25	Ham Sandwich Honey Ham, Lettuce, Tomato, Cheddar Cheese on French Roll \$8.25
Kitchen Table	MTO Pasta Station: Penne or Bow Tie Pasta, Pesto or Spring Bolognese Sauce, Cheesy Garlic Bread, Roasted Spring Vegetables	\$8.50	Salami Sandwich Salami, Lettuce, Tomato, Provolone Cheese, Sour Dough \$8.25
Kitchen Table	Grilled Chicken Kebabs, Spring Vegetable Orzo Salad, Grilled Corn on the Cob	\$8.50	
Platillos Latinos	Entomatadas, Crispy Corn Tortill'a, Shredded Cheese, House Made Salsa, Spanish Rice, Pinto or Black Beans	\$8.50	
Tossed	Chef Salad: Cage-Free Hard Boiled Egg, Cucumber, Tomato, Shredded Cheese, House-Made Ranch	\$8.25	
Afternoon Snack	Smoothies, Ice Cream Sundaes, Cold Take-Away Sandwiches, Salads, Wraps, Snack Items		