



Approved Materials for Human Sexuality Instruction

Sex Education Law and Policy

State of Utah:

Utah Code for Health Educators - Utah Code [53G-10-402](#)

- [Health Curriculum Requirements](#)
- [Utah Sex Education Instruction: Frequently Asked Questions](#)
- [Utah Code for Health Education: Part 4 Health Curriculum Requirements](#)

Utah State Board of Education:

[2023-2024 Sex Education Law and Policy Training](#) for Educators (USBE Canvas Course)

[Utah Sex Education Instruction: Frequently Asked Questions](#) – USBE FAQ Document

Parent/Guardian Consent for Maturation Instruction (Elementary) – [Consent Form](#)

SLCSD includes the Maturation Instruction Consent Form for elementary students in the beginning of the year school registration.

Parent/Guardian Consent for Sex Education Instruction (Middle and High)* – [Consent Form](#)

If a Consent Form is needed in a language besides English, it is available. Please contact Katie Ieremia (katie.ieremia@slcschools.org).

Salt Lake City School District:

I-12 Human Sexuality Education

- [I-12 Policy](#)
- [I-12 Administrative Procedures](#)
- [I-12 Guidelines for Initial Review of Materials](#)
- [I-12 Request for Reconsideration for Instructional Materials for Health and Human Sexuality Education](#)

*Consent forms in multiple languages can be found [here](#) on the USBE website.

Materials

ELEMENTARY

Utah State Board of Education Utah Core State Standards for Health Education – Elementary					
Parent/Guardian Consent for Maturation Instruction (Elementary) – Consent Form					
Title	Provider	Type	Summary	Grade(s)	Approval Date
Boys’ Maturation Program <ul style="list-style-type: none"> • Lesson Outline • Consent Form 	SLCSD District Nurses	Presentation	This presentation follows the Utah State Core Curriculum (Healthy Lifestyles), is abstinence based and District approved.	5-6	January 2024
Girls’ Maturation Program <ul style="list-style-type: none"> • Lesson Outline • Consent Form 	SLCSD District Nurses	Presentation	This presentation follows the Utah State Core Curriculum (Healthy Lifestyles), is abstinence based and District approved.	5-6	January 2024
Blood Borne Pathogens Education (Grades 3-4) <ul style="list-style-type: none"> • Lesson Outline and sample lesson 	SLCSD Nurses	Presentation	As part of the Healthy Lifestyles Curriculum, the State Office of Education has developed an AIDS Education Curriculum for grades 3-12.	3-4	January 2024

			Teachers are mandated by State Law to teach this curriculum. The SLC School District has expanded this curriculum to include other blood borne pathogens, particularly Hepatitis B (HBV) and Hepatitis C (HCV).		
<p>Blood Borne Pathogens Education (Grades 5-6)</p> <ul style="list-style-type: none"> Lesson Outline and sample lesson 	SLCSD Nurses	Presentation	<p>As part of the Healthy Lifestyles Curriculum, the State Office of Education has developed an AIDS Education Curriculum for grades 3-12. Teachers are mandated by State Law to teach this curriculum. The SLC School District has expanded this curriculum to include other blood borne pathogens, particularly Hepatitis B (HBV) and Hepatitis C (HCV).</p>	5-6	January 2024
<p>“Growing up Comes First – Changes in Me”</p> <ul style="list-style-type: none"> Lesson Plan 	Planned Parenthood	Presentation	<p>This age-appropriate, medically accurate maturation program covers the mental, physical and cognitive changes of puberty. We cover three main topics: Puberty Changes, Communication</p>	4-6	December 2023

			and Boundaries, and Body Image and the Media		
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MIDDLE

Utah State Board of Education Utah Core State Standards for Health Education – Middle (Health Education 7-8)					
Parent/Guardian Consent for Sex Education Instruction (Middle and High) – Consent Form					
Title	Provider	Type	Summary	Grade(s)	Approval Date
Glencoe Teen Health (2014)	McGraw Hill Education	Textbook	Approved textbook for grades 7-8	7-8	Sept 2021 (new textbook adoption beginning in 2024)
Healthy Relationships <ul style="list-style-type: none"> • Lesson Outline and handouts 	Planned Parenthood	Presentation	This presentation helps students to know: “I know what I want out of a healthy relationship and how to get it.”	7-8	October 2023
Teen-Safe Dating Techniques and Healthy Relationships <ul style="list-style-type: none"> • Lesson Summary 	South Valley Services	Presentation	TDVP is based upon the Safe Dates curriculum (evidence-based and approved by the Utah Department of Health). The presentation is approximately 60-90 minutes, but it can be shortened depending upon the need. The presentation as updated in 2020, is designed to be interactive and encourage discussion. It covers definition of dating violence and types of abuse, local	7-8	April 2023

			and national statistics, an interactive video presentation and discussion, what SVS does to help survivors, and other resources for help.		
Sexually Transmitted Infections <ul style="list-style-type: none"> Lesson Outline 	Planned Parenthood	Presentation	What STIs are and how to protect your body from getting STIs.	7-8	August 2022
“Latest About HIV and AIDS: What Every Student Needs to Know”	Centers for Disease Control and Prevention	DVD	HIV (human immunodeficiency virus) is a virus that attacks the body’s immune system. If HIV is not treated, it can lead to AIDS (acquired immunodeficiency syndrome).	7-8	April 2023
“Boundaries, Limits and Communication” <ul style="list-style-type: none"> Prevention Program 	Rape Recovery Center	Presentation	Focuses on teaching skills to prevent sexual violence through social-emotional learning, teaching healthy dating and intimate relationship skills, promoting healthy sexuality, and taking an empowerment-based training approach.	7-8	April 2023
Utah Newborn Safe Haven https://www.utahsafehaven.org/	Utah's Safe Haven Law Utah Code Ann. Sec. 62A-4a-802 Patrice Arent, Josie Thacker, Dee Rowland, Luisa Hansen	Presentation, Website	Birth parents or someone they choose may legally and anonymously give up custody of their newborn at any hospital in Utah. They do not have to identify	7-8	March 2024

			themselves or answer any questions.		
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HIGH

Utah State Board of Education Utah Core State Standards for Health Education – High (Health Education II 9-12)					
Parent/Guardian Consent for Sex Education Instruction (Middle and High) – Consent Form					
Title	Provider	Type	Summary	Grade(s)	Approval Date
Glencoe Health (2015)	McGraw Hill Education	Textbook	Approved textbook for grades 9-12	9-12	Sept 2021 (new textbook adoption beginning in 2024)
Healthy Relationships <ul style="list-style-type: none"> Lesson Outline and handouts 	Planned Parenthood	Presentation	This presentation helps students to know: “I know what I want out of a healthy relationship and how to get it.”	9-12	October 2023
HIV & AIDS 101 <ul style="list-style-type: none"> Lesson Outline 	Utah AIDS Foundation	Presentation	Human Immunodeficiency Virus (HIV), is the virus that causes AIDS. Acquired Immune Deficiency Syndrome (AIDS) is the end-stage result of HIV infection. By the time someone develops AIDS, the virus has significantly damaged the body's defenses (immune system). Thus, people with AIDS develop diseases that most healthy people can normally resist or control. Since the virus can enter the brain and	9-12	October 2022

			other organs throughout the body, many people with AIDS have trouble with movement, memory and body functions.		
“Latest About HIV and AIDS: What Every Student Needs to Know”	Centers for Disease Control and Prevention	DVD	HIV (human immunodeficiency virus) is a virus that attacks the body’s immune system. If HIV is not treated, it can lead to AIDS (acquired immunodeficiency syndrome).	9-12	April 2023
Healthy Sexuality Series: Abstinence and Birth Control Methods <ul style="list-style-type: none"> • Lesson Outline, script and questions 	Planned Parenthood	Presentation	There is a wide range of effective and safe birth control methods, including abstinence.	9-12	October 2023
Know Before you Go <ul style="list-style-type: none"> • Lesson Outline 	Planned Parenthood	Presentation	The college campus experience or other new situations like work, travel, or a moving to a new neighborhood can make young adults more vulnerable to crimes of opportunity and sexual assault, but there are ways to protect oneself and protect others.	9-12	October 2022
Teen-Safe Dating Techniques and Healthy Relationships <ul style="list-style-type: none"> • Lesson Summary 	South Valley Services	Presentation	TDVP is based upon the Safe Dates curriculum (evidence-based and approved by the Utah Department of Health). The	9-12	April 2023

			<p>presentation is approximately 60-90 minutes, but it can be shortened depending upon the need. The presentation as updated in 2020, is designed to be interactive and encourage discussion. It covers definition of dating violence and types of abuse, local and national statistics, an interactive video presentation and discussion, what SVS does to help survivors, and other resources for help.</p>		
<p>Sexually Transmitted Infections</p> <ul style="list-style-type: none"> • Lesson Outline 	Planned Parenthood	Presentation	What STIs are and how to protect your body from getting STIs.	9-12	August 2022
<p>Sexual Violence Primary Prevention, Men Becoming Allies with Women to End Sexual Violence</p> <ul style="list-style-type: none"> • Lesson Outline 	Rape Recovery Center	Presentation	Teen dating violence is a public health crisis affecting millions of teens in the U.S. each year. Our goal is to prevent violence before it happens, and our focus is to support teens in developing healthy, safe, and respectful relationships.	9-12	April 2023
<p>Utah Newborn Safe Haven</p> <p>https://www.utahsafehaven.org/</p>	Utah's Safe Haven Law Utah Code Ann. Sec. 62A-4a-802	Presentation, Website	Birth parents or someone they choose may legally and anonymously give up custody of their	9-12	March 2024

	Patrice Arent, Josie Thacker, Dee Rowland, Luisa Hansen		newborn at any hospital in Utah. They do not have to identify themselves or answer any questions.		
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Updated 4.9.24 (KEI)