

HealthyStudent Days

by Goodside Health

Yearly Check-Up Now at School!

Sign-up today at gsh.co/healthystudent

Select your **State,**
School District &
Preferred Language

Are you registered
for SchoolMed?
Select 'Yes' or 'No'

Fill out the forms
and **tell us about**
your student

Your student is ready
for their yearly check-up
& sports physical!

What is a Yearly Check-Up?

A yearly check-up includes checking their physical development, overall health, screening for chronic diseases, and a state-required sports physical!

Don't miss out on this opportunity to check your child's health!



The Benefits of Getting Your Annual Preventative Visit on Campus:



Can't find the time to go to the doctor's office? Our providers will come to you.



At the same time, your student can complete their state-required sports physical!



Help prevent chronic conditions and learn how to live a healthy lifestyle.



Signing up for a yearly check-up gives you access to SchoolMed during the school year.

TURN THE PAGE OVER AND SEE WHAT TO EXPECT AT YOUR YEARLY CHECK-UP



How Much Will My Yearly Check-Up & Sports Physical Cost?

Most health plans, including Medicaid and CHIP plans, cover the full cost for one (1) annual check-up and sports physical per year. Families without insurance are offered a cash-pay rate. For questions about cost, call (682) 312-6781.

LEARN MORE & SIGN-UP



Here's What You and Your Student Can Expect at a Yearly Check-Up



First, we'll review your student's health history



We will measure height, weight & more



Let's check your student's vision



Sit down for a hearing screening



Receive a head-to-toe physical exam



Check for signs of depression



Access referrals to additional care if needed



Get a state-required sports physical



Last, take home educational handouts for a healthy lifestyle

Yearly check-ups from Goodside Health meet the Texas Health and Human Services Commission's Health Steps program standards. Learn more at www.txhealthsteps.com.

Reserve your student's spot today!

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SCAN THE QR CODE OR VISIT
gsh.co/healthystudent

