

Harrison Elementary Schools Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Cereal with Milk Graham Cracker Applesauce Berry Cup	2 Whole Grain Waffles Banana Peach Cup	3 Warm Whole Grain Bagel Cheese Stick Applesauce Orange Juice	4 Scrambled Eggs with Cheese Kaiser Roll Mixed Fruit Banana	5 Free Day! French Toast Sticks Syrup Pear Cup Applesauce
8 Whole Grain Muffin Applesauce Fresh Orange	9 Whole Grain Donut Orange Juice Fresh Apple	10 Scrambled Egg on a Whole Grain Roll Peaches Berry Cup	11 French Toast Sticks Syrup Banana Fruit Punch	12 Whole Grain Cereal with Milk Graham Cracker Mixed Fruit Fresh Apple
15 Free Day! Pancake Bites Pear Cup Orange Wedges	16 Egg & Cheese On a Whole Grain Roll Orange Juice Peach Cup	17 Whole Grain Cereal with Milk Graham Cracker Applesauce Fresh Pear	18 Whole Grain Muffin Apple Juice Peach Cup	19 Whole Grain Waffles Pear Cup Grapefruit Wedges
22 Unused Snow Day No School 	23 Start of Passover No School	24 Whole Grain Muffin Apple Juice Peach Cup	25 Free Day! Scrambled Eggs with Cheese Whole Grain Roll Mixed Fruit Banana	26 Whole Grain Bagel Apple Juice Fresh Melon
28 Whole Grain Cereal with Milk Graham Cracker Applesauce Peach Cup	29 Whole Grain Donut Apple Juice Berry Cup	Free Day! *Please note on "Free Days" the first meal will be free to all students and only applies to a full breakfast and lunch meal. Any a la carte items such as snacks, drinks and seconds must still be paid for with available funds.		

Breakfast Served from
8:15AM-8:50AM

Student Breakfast

\$1.50 Daily Menu

Breakfast Includes:

Entrée, Fruit, Juice and Choice of 1% or Fat-Free White or Chocolate Milk.

AVAILABLE DAILY

Assorted Muffins, Cold Cereals, Assorted Yogurt/Yogurt Parfaits & Whole Grain Bagels**

\$2.71+ Tax – Adult Breakfast

The Breakfast Fare is Prepared with Little or No Added Fat, Sugar or Salt.

* Students Must Choose Three of the Four Food Items Offered at Breakfast to Receive the Special Meal Price (Note: One Must Be Fruit). All meals come with half pint of milk.

If you have any questions or comments, please call the Food Service Department at 914-630-3114. All meals come with half pint of milk

Christine Clementz RD,CDN



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer. Menu subject to change.