

# PATERSON PUBLIC SCHOOLS

SCHOOL # \_\_\_\_\_

## PHYSICIAN'S ORDERS FOR ALLERGY EMERGENCY TREATMENT (20\_\_-20\_\_)

Date Given to Parent / Guardian \_\_\_\_\_ Date returned \_\_\_\_\_

Student's name \_\_\_\_\_ Birth date \_\_\_\_\_ Grade \_\_\_\_\_

The above student is allergic to: \_\_\_\_\_

Previous episode of anaphylaxis ☐ Yes ☐ No      Asthmatic ☐ Yes ☐ No

### MEDICATIONS

#### ANTI HISTAMINE: \_\_\_\_\_

MEDICATION / DOSE / ROUTE

MEDICATION / DOSE / ROUTE

#### EPINEPHRINE:

☐ EpiPen (0.3mg)      ☐ EpiPen Jr. (0.15 mg)      ☐ Other \_\_\_\_\_  
☐ Twinject (0.3mg)      ☐ Twinject (0.15mg)  
Repeat dose in \_\_\_\_\_ Minutes

		Give Checked Medication	
CONTACT	Contact only with allergen(s), _____ but with no symptoms	( ) Epinephrine	( ) Antihistamine
SKIN	Hives, itchy rash, swelling of face or extremities	( ) Epinephrine	( ) Antihistamine
MOUTH	Itching, tingling, burning, or swelling of lips tongue and mouth.	( ) Epinephrine	( ) Antihistamine
THROAT	Tightening of throat, hoarseness, hacking cough	( ) Epinephrine	( ) Antihistamine
GUT	Abdominal cramps, nausea, vomiting, diarrhea	( ) Epinephrine	( ) Antihistamine
LUNGS	Repetitive cough, wheezing, shortness of breath	( ) Epinephrine	( ) Antihistamine
HEART	Thready pulse, low blood pressure, fainting, pale or bluish skin	( ) Epinephrine	( ) Antihistamine
GENERAL	Panic, sudden fatigue, chills, fear of impending doom	( ) Epinephrine	( ) Antihistamine
OTHER		( ) Epinephrine	( ) Antihistamine

### MEDICATION ADMINISTRATION ORDER:

#### CHOOSE ONE

- ☐ Give Epinephrine only \*(Delegate will be assigned)  
☐ Give Antihistamine & Epinephrine at same time \*(Delegate will be assigned)  
☐ Give Antihistamine first, observe for further symptoms and give Epinephrine PRN

**\*Please note – in the absence of a school nurse, a trained delegate will give epinephrine and any antihistamine order will be disregarded**

- ☐ This student has been trained and is capable of self-administration of the following medication(s) named above:  
☐ Epinephrine – single dose auto-injector  
☐ Epinephrine & Antihistamine – single dose auto injector & premeasured dose of antihistamine  
☐ This student is not capable of self-administration of the medications named above.

\* Under NJ State Law, orders for antihistamine alone cannot be self administered.

Physician's signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Physician's Stamp:

Parents/Guardians,

The prescribed antihistamines and Epinephrine auto-injector(s) must be provided to the school nurse by the parent/guardian, and all medications must be provided in the original pharmacy container.

Permission for the self-administration of prescribed medication is effective for the school year for which it is granted and must be renewed for each subsequent school year.

**Select one to sign and date.**

1. I verify that my child \_\_\_\_\_ has a potentially life threatening illness and has been instructed in self-administration of the prescribed medication in a life threatening situation. I hereby give permission for my child to self-administer prescribed medication. I further acknowledge that the Paterson Public School District shall incur no liability as a result of any injury arising from the self-administration of medication by my child. I shall indemnify and hold harmless the Paterson Public School District and its employees or agents against any claims arising out of self administration of medication by my child.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

2. I verify that my child \_\_\_\_\_ has a potentially life threatening illness and is unable to self-administer the prescribed medication in a life threatening situation. I hereby request the school nurse to delegate (if applicable) to administer the prescribed medication to my child. I further acknowledge that the Paterson Public School District shall incur no liability as a result of any injury arising from administration of the medication to my child. I shall indemnify and hold harmless the Paterson Public School District and its employees or agents against any claims arising out of administration of medication to my child.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Please sign**

I understand that under NJ State law, a trained delegate will be assigned to administer epinephrine to my child in the absence of a school nurse. Antihistamines may not be given by a delegate. In the absence of a school nurse, any antihistamine order will be disregarded and epinephrine will be administered by a trained delegate.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

**SCHOOL USE ONLY**

\_\_\_\_\_  
Signature of School Nurse

\_\_\_\_\_  
Date



**Paterson Public Schools**  
**Department of Early Childhood Education**  
**Preschool Activity Limitation Form**

STUDENT \_\_\_\_\_ DOB: \_\_\_\_\_ GRADE \_\_\_\_\_

Dear Doctor:

Our records indicate that the above named student requires an individual activity plan. Please provide a diagnosis and what accommodations, if any are needed. Will you kindly check below the activities that the student may participate?

**PROGRAM OF FULL PARTICIPATION with NO RESTRICTIONS:** \_\_\_\_\_ YES \_\_\_\_\_ NO

Relating to DIAGNOSIS: \_\_\_\_\_

**PHYSICIAN PRINT/STAMP** \_\_\_\_\_ **phone:** \_\_\_\_\_

**PHYSICIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Or:

**PROGRAM OF RESTRICTED ACTIVITY:**    **Start Date** \_\_\_\_\_ **End Date** \_\_\_\_\_

Relating to DIAGNOSIS:

,the following plan is indicated.

Student MAY PARTICIPATE in the following activities:	Yes	No
WARM UP EXERCISES: Stretching, walking		
LOW IMPACT AEROBIC: jumping, hopping, dance		
Stunts: tumbling, rolling on mats		
Non-Contact games: jump rope, ball (no hard balls used)		
Gym: free play, use ball (no hard balls used)		
Apparatus: low balance beam, tricycle, scooter		
Climbing: Max height on slide 48 inches, rock crawl (40") little tikes apparatus		
Outdoor play: swing, slide, running, free play		

Stair climbing (circle) YES    NO    \* number of flights of stairs per day \_\_\_\_\_

USE OF HELMET : GYM    \_\_\_Yes \_\_\_No RECESS:    \_\_\_Yes \_\_\_NO IN CLASS \_\_\_Yes \_\_\_No

Other protective/assistive devices (please specify): \_\_\_\_\_

Other restrictions: \_\_\_\_\_

**PHYSICIAN PRINT/STAMP:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**PHYSICIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Approved by School Physician \_\_\_\_\_ Date \_\_\_\_\_

