NHS 11TH GRADE WINTER LESSON



NHS Counseling Team



Ms. Edwards (A-Cho)



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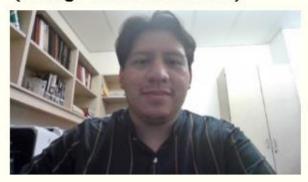
Ms. Huynh Counseling Secretary



Ms. Maxfield (Li-Pa)



Mr. Rios (College & Career Advisor)





Today!

January

*Junior Class Counselor Lesson

February

- *College Conference (2/7 & 2/8)
- *Running Start Info Session (2/1)

March

*Registration for next year!

May-June

*Counselor lesson #2 and Spring Workshop Sessions



September

*Counselor lesson *Senior Blitz! *Drop-in support





your test scores and grades

https://www.youtube.com/watch?v=VxW5D5VPg_0



Wellness is Important

You matter

Your wellness matters

Your happiness matters

Your success matters

Wellness Tip: Time Management & Organization https://www.youtube.com/watch?v=ruo8Qvcs7cY



High School Graduation Considerations: Completing Your High School & Beyond Plan in Naviance

HS&BP Components to be completed:

- ✓ Four Year Course Plan 9th grade
- ✓ The Game Plan Survey 9th grade
- ✓ Career Interest Profiler 10th grade
- ✓ Resume 11th grade
- ✓ Graduation Pathway 11th grade (see next slide)
- ✓ Financial Aid Survey 12th Grade
- ✓ Graduation Survey June of 12th Grade

** Click Here for PowerPoint with full instructions to complete HSBP.

HS Graduation Considerations: Graduation Pathway Options

ASVAB (Score: 31)

CTE
Course
Sequence
(2 credits)

ELA & Math*

Course Based Options (Dual Credit):

- > AP (earn C+ on approved courses)
- College in the High School
- Running Start

Exam Based Options:

- > ACT or SAT
- > AP (score 3+)
- Smarter Balanced Exam or WA-AIM

*Students can do a **combination** of any of these options

ASVAB (a Graduation Pathway option)

The ASVAB (Armed Services Vocational Aptitude Battery) exam is part of the Career Exploration Program. It is an aptitude test that estimates your capacity for academic and vocational endeavors.

- Free!
- Can be used to meet a graduation pathway if score = 31 or higher.
- Scores will not be provided to the military by BSD.
- Students can submit scores if interested in pursuing a career in the military.

Offered by BSD: ASVAB Signup https://bsd405.org/2022/09/juniors-seniors-sign-up-asvab/

- o Tuesday, January 10 @ 8:30 am (BHS) sign up by end of the day on 1/5
- o Thursday, February 23 @ 8:30 am (Interlake) sign up by end of the day on 2/20
- o Friday, March 10 @ 9:00 am (Newport) sign up by end of the day on 3/8
- o Tuesday, April 25 @ 8:30 am (Sammamish) sign up by end of the day on 4/25

Looking Ahead: Options After High School

- Work Save money for college... get started on a career path... make a plan
- Community College Associates Degrees, Certifications, some Bachelor's Degrees
- Technical College Associates or Trade Degrees & Certificates
- Specialty Schools Art, Culinary, Technology, etc. (credits may not transfer)
- University or College* Bachelor's Degrees
- Military* Can take college courses while in military, for free
- Trade Apprenticeships* Many different options
- GAP Year Program Take a few months off to explore the world and yourself
- Service AmeriCorps, Peace Corps, etc.

^{*} Need high school diploma or GED

Looking Ahead: Be Ready for College Applications in the Fall

Spring/Summer of 11th Grade:

- Focus on a successful junior year
- In English, work on your college essay
 - ❖Tip: Save a graded essay & rubric a small number of colleges require the rubric, so be sure to save it
- Complete Community Service hours and enter them in x2VOL
- Search out colleges and career opportunities
- Visit colleges & attend College Fairs
- Attend Spring Junior College Application Presentation for college application info

Finding the Right Fit: What factors should you consider when choosing a college?

Geographic Location: Proximity to home, weather and lifestyle Size and Diversity:
Student body, average
class size, residential
life; graduation rates by
race; employability

Academic Opportunities:
What and how you will
study, does it teach
what you want to study?

Flexibility: Can you take time to explore majors or do students have to declare right away?

Double majors allowed?

Personal Opportunities: Activities, jobs, internships and friends

Cost: Can you afford it?

Shared Values: What do *they* stand for? What do *you* stand for?

Student Profile: Do *you* have what *they* want?

Finding the Right Fit: Additional Considerations in Choosing a College

There are those 40 or so colleges we've all heard of, but there are 3,000 plus colleges, in the US alone...

- What are the chances of getting into your desired major?
- How long will it take to get your degree? (FYI average student changes majors 3x)
- How much debt will result from each of your choices?
- Do your plans include a Graduate degree? Figure that cost in when selecting your undergraduate program
- What will be the cost to attend a UCLA vs a UW vs a WUE school vs a 2-Year Transfer Program or other? (use a Net Price calculator)
- How much does a college's name actually impact your future plans?

Bellevue School District College Conference

College Applications 101: February 7th 6:30-8:00pm – In-person event (recorded)

Virtual College Conference: February 8th 6:00-8:30 pm – Live Virtual sessions (recorded)

Working in Naviance Today: Refer to Handout

Required things to do:

 High School & Beyond Plan Components (to be completed by the end of 12th grade)

Recommended things to do:

 SuperMatch College Search - Research colleges and add 3 to your "Colleges I'm thinking About" list (with Scattergrams)

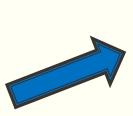
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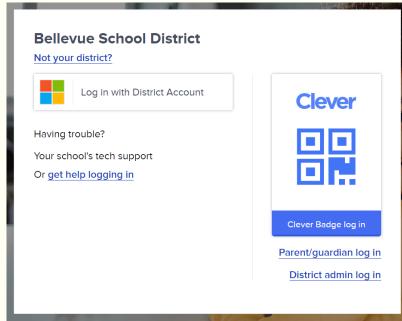
 AchieveWorks Skills Survey - Do you need more info to help decide your postsecondary goals?

Logging on to Naviance: 2 Methods (see handout)

Desktop:

- 1. Click on Clever icon
- 2. Click "Log in with District Account"
- 3. Click blue Naviance icon





Web:

- 1. Go to https://student.naviance.com/Newport
- 2. Click "Continue with Clever"
- Click on "Student"
- 4. Click "Log in with District Account"

Looking for Community Service Ideas?

Navigate to the NHS Counseling & Wellness Center website – get some ideas about community service:

https://bsd405.org/nhs/2021/08/find-a-community-service-opening-that-suits-you/

Log your hours in Naviance x2VOL

x2VOL



HS&BP Resume – 2 options

- 1) Upload a copy of your completed resume:
- > Planner
- > Tasks
- Upload Resume

Or

- 2) Use the resume builder to create a resume from scratch:
- > About Me
- > Resume
- Use this fillable form feature to create a resume using your choice of online templates

Sample Resumes https://bsd405.org/nhs/counseling/applying-to-college/

SUMMARY AND SKILLS	Persistent and diligent worker with a positive attitude Native Spanish speaker ready for work in diverse setting Quick learner who can adapt to new situations Responsible student with time management skills such as focusing and task prioritizing		
	Team member who can work with others through effective communication		
EDUCATION	Newport High School (2019-Present)	Bellevue, WA	
	Expected graduation: June 2023		
	• GPA: 3.489, SAT 1400		
	 Course Highlights: AP Physics 1, AP Calculus AB, AP Psychology, AP Chemistry, AP Biology, Marine Biology, AP Environmental Science, Teaching Academy 		
EXTRACURRICULAR	Newport Swim & Dive	2019-Present	
ACTIVITIES	Varsity swim team member		
	Mercury Coffee Barista	July 2021-	
	 Learned problem resolution, effective communication with team members, customer service, and how to handle stress under pressure. 	Present	
	Supported store manager with other team members to reopen store.		
	Hobbies and Interests		
	Cello & piano (2010-present)		
	Marine ecology summer field work	2018-Present	
	Pilot lessons	2019-Present	
VOLUNTEER	Kelsey Creek Farm	2019	
EXPERIENCES	Seattle Humane Society	Every March	
	Bellevue Botanical Garden	August 2022-	
		Present	

Sample Resume Keep your resume to one page

KELLY J. MORGAN

NE Your Street Road ie. WA 98006

(425) 123-4567 jsmith925@gmail.com

2021-present

Objective To attend a four-year college and	obtain a business degree.
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The Objective is a brief statement which expresses a goal for employment or college. It tells the reader what you want to do. Begin your objective with "To...

Education/	NEWPORT HIGH SCHOOL – Bellevue, Wa	2018-present
Training	RUNNING START student at Bellevue College – Bellevue, WA	2021-present
	GPA: 3.82; SAT 1150; ACT 29	

- AP Courses Completed: English, Photography, Calculus
- Advanced Culinary Arts/Hospitality Industry Training
- · CISCO Network Academy
- · International Spanish Academy
- Red Cross CPR Certification
- Lifeguard
- Certified Baseball Umpire

List any special schooling, training or certificates here.

HONORS/	National Honor Society	2019-2022
AWARDS	Knight Valor (Community Service)	2021-present

ACURRICULAR

ACTIVITIES	Bellevue Thunderbird Little League	2014-2019
	JV Basketball	2018-2019
	Chemistry Club	2018-2020
	Leadership	2019-2021
	Chamber/Philharmonic Orchestra	2019-2021
	Varsity Track & Field – 100 meters, Javelin & Pole Vault	2020-2022
	Link Crew	2021-2022
	DECA	2021-presen

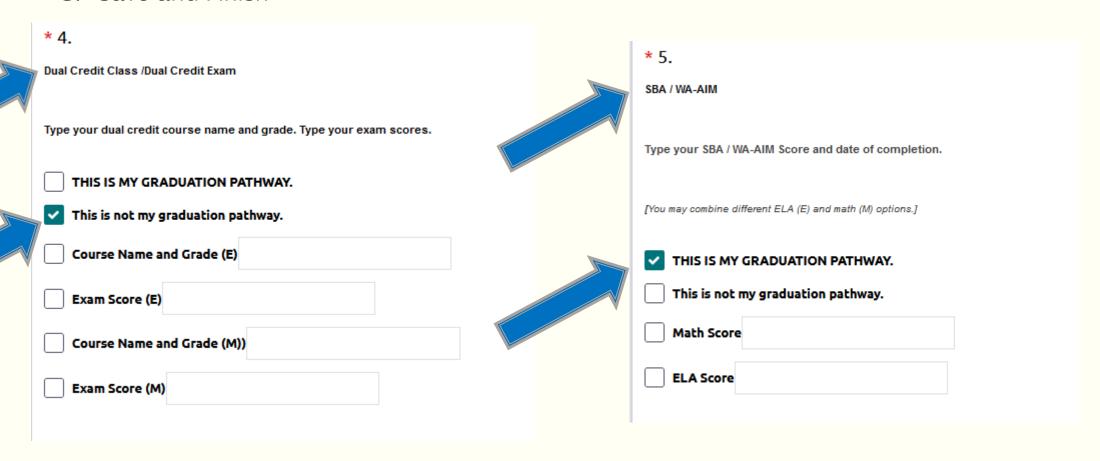
COMMUNITY	Habitat for Humanity	2017-2018
SERVICE	Jubilee Reach	2018-2019
	Food Lifeline	2019-present
	Peer Tutor	2020-present
EMBLOVMENT	Debaging for for ities in the mainth of the decades and 2.12	2012

EMPLOYMENT	Babysitter for families in the neighborhood ages range 2-13	2013-presen	
	Lifeguard/Swim Instructor – YMCA Redmond, WA	2019-2020	
	MOD Pizza	2020-2021	

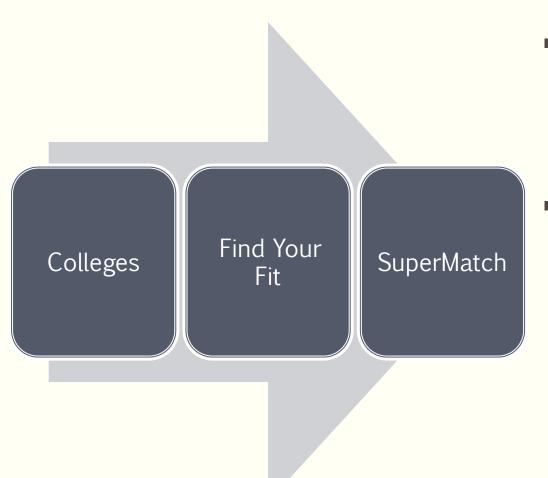
Sales/Customer Service - Escape Outdoors - Bellevue, WA

HS&BP Graduation Pathway

- 1. Choose your Graduation Pathway (no scores needed)
- 2. Choose your post-high school goal
- 3. Save and Finish



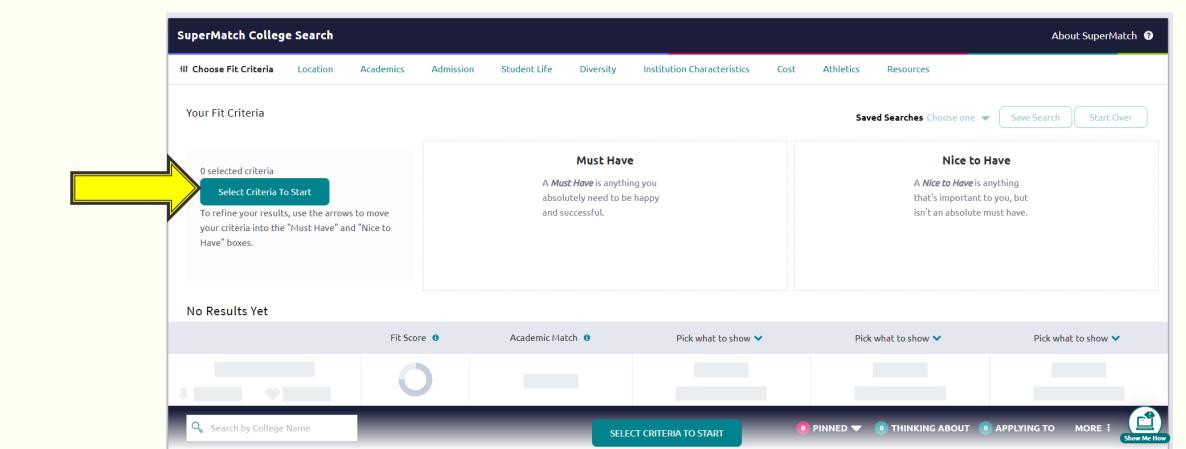
Naviance: SuperMatch



- Use SuperMatch™ to receive a list of best-fit schools based on criteria that you decide are important in your college search
- SuperMatch™ can be used to save searches and return to them later

Select Criteria

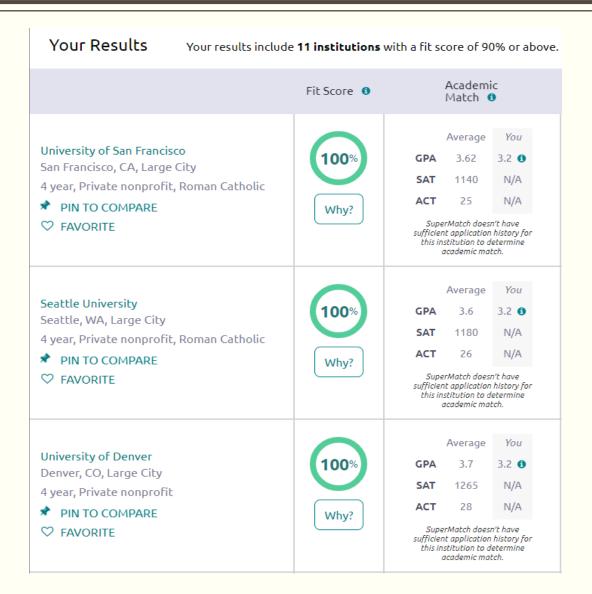
"Must Have" and "Nice to Have"



Results

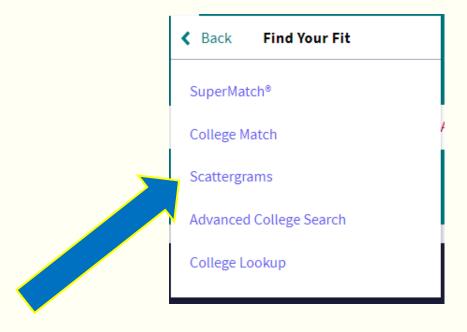
Results will show a <u>Fit</u>
 <u>Score:</u> The percentage that the school matches your Must Haves and Nice to Haves

 Click on the "Why" to see what matches your criteria



Naviance: Scattergrams

Scattergrams can be viewed to see applicants from NHS

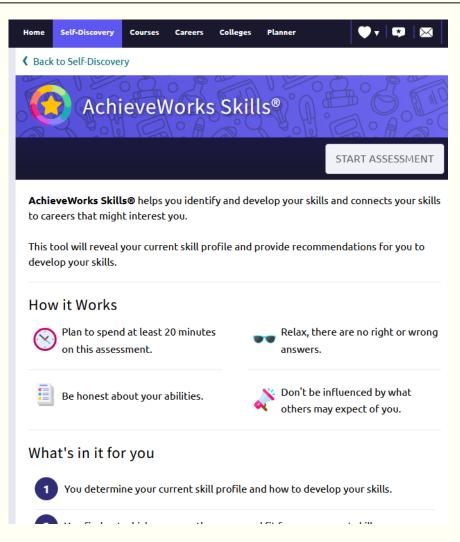




Identify skills & connect to careers: "AchieveWorks Skills" - OPTIONAL

What is it? – An assessment that helps you identify and develop your skills. Connects your skills to careers that may interest you.





Self-Discovery



Self-Discovery Home



AchieveWorks Skills



Start Assessment

Where to go for Help: Resources on Graduation and Future Planning

Newport Counseling Website	 Naviance College Research Financial Aid College Essay tips How to choose a college CTE Classes Career options Scholarships College Visits
BSD Website	 Course catalog Graduation requirements PE and World Language How to complete the High School and Beyond Plan

Where to go for Help: Wellness Resources – focus, time management, study habits



- A student with ADHD shares tips for staying focused when learning from home (2 min) https://www.understood.org/ en/articles/10-tips-forstaying-focused-whenlearning-from-home
- Stay focused 11 psychological tips (4 min) https://www.youtube.com/w atch?v=8RV_vYsHceQ



- Time Management (16 min) https://www.youtube.com/w atch?v=tEv_fji00sU
- 5 Tips for Managing Time (4 min)
 https://www.youtube.com/watch?v=BmviAg5lOBU
- 6 Tips for Productivity (7 min) https://www.youtube.com/w atch?v=W0unfZkqCt8



- Study Habits overview.
 Covers mindset as well as tips for online classes (10 min)
 https://www.youtube.com/watch?v=KxWCl259eQQ
- Study Habits- tips for studying for exams and getting work done, planning and organizing (8.5 min) https://www.youtube.com/watch?v=aB7FTOUqXgk

Questions???

