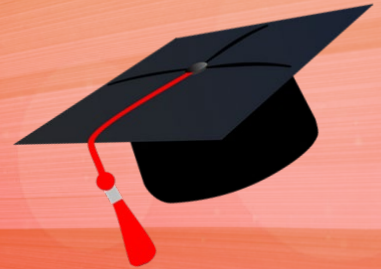


CLASS OF 2023
THE SENIOR
YEAR



TODAY WE
WILL TALK
ABOUT:

Stress and
Wellness

Post high
school
options

The
Application
Process

Naviance &
HSBP

Senior Blitz

Questions??

NHS COUNSELING TEAM

NHS COUNSELING WEBSITE

Ms. Edwards (A-Cr)



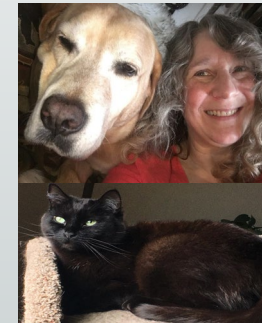
Ms. Erickson (Cu-Hu)



Ms. Suh (Hua-Lim)



Ms. Maxfield (Lin-Pa)



Ms. Schulz (Pe-Tao)



Ms. Bosone (Tar-Z)



**Mr. Rios
(College & Career Advisor)**



**Ms. Huynh –
Counseling Secretary**



MR. FABIAN RIOS COLLEGE & CAREER ADVISOR

Meet Mr. Fabian Rios!

Reach out to him to schedule an appointment: riosf@bsd405.org

The Newport High School College and Career Center provides students and parents with access to current information and resources on college and career planning. Offering a variety of services from registration for WaNIC courses and resume workshops to college visits and scholarship information.



SENIOR STRESS!

Senior Year Stressors

- Applications – acceptance, rejection
- Fear of saying good-bye to high school life
- Keeping up with academic demands
- Burn out

Counseling and Wellness Center

- Place to destress during the day
- Meet with counselor
- Mindfulness activities
- Build skills for life after high school

POST HIGH
SCHOOL
OPTIONS:

Work, military, gap year, etc.

2-year community
college/technical/apprenticeship

4-Year University

POST HIGH SCHOOL OPTIONS

Trade School/Apprenticeships

- Vocational education to learn technical skills in a specific area
- i.e. Lake Washington Technical College

Military

- See College & Career Advisor with questions
- Take the ASVAB Test on Nov 18, 2022 (other dates at other schools)

Employment

- Update your resume

Gap Year

- Break between high school and college
- We recommend applying to schools now and defer your acceptance

STEPS FOR COMMUNITY & TECH COLLEGES

... YOU KNOW YOU WANT TO BE
AN AIRPLANE MECHANIC, BUT
NOT SURE WHERE TO LOOK?



Go to www.sbctc.edu to research and find the right match. There are 33 C/T options in WA.

After January 1, 2023, fill out the fall application. Check the college's website for **priority deadlines**. Bellevue College's priority deadline is in mid May.

Register to take a placement test, if needed (English and math).

Meet with an academic advisor at the college to discuss class and career path.

INHALE
COURAGE
EXHALE
FEAR

SENIOR YEAR TIMELINE FOR 4-YEAR COLLEGE (ABRIDGED)

Sept.

Update Naviance
Complete FERPA
and send to NHS
Start Applications
Check into your
colleges testing
requirements
Complete
Counselor letter
packet (if needed)
Ask Teachers for
Letters of Rec
Verify type of
Application (Common
App/Coalition/College
Website)

Oct.

FAFSA/WASFA
available on-line
Work on
Application
Edit Essay
Complete
Naviance tasks
Mid-October:
Some art
portfolios due

Nov.

Early Decision /
Early Action
applications due
November 15 is
UW Seattle
Deadline
Start looking for
scholarships

Dec.-Jan.

Regular
applications due
Apply for
scholarships

Apr.

Colleges notify
students of
decisions
Apply for
scholarships

EARLY DECISION VS EARLY ACTION

Early Decision

- Apply to one ED school
- Binding - If accepted, you must enroll (legal contract)
- Difficult to compare financial aid packages and scholarships
- Increases chances of admission for strong students and legacy students

Early Action

- Can apply to more than one school
- Acceptance is non-binding
- Easier to compare different financial aid and scholarship packages
- May increase chances & admission decisions are made earlier

FINANCIAL AID & SCHOLARSHIPS

FAFSA (Free Application for Federal Student Aid)
Remember to turn in your FAFSA as close to October 1st as possible. <http://www.fafsa.ed.gov/>

CSS Profile (College Board): Only some schools will require

WASFA (Washington Application for State Financial Aid): For undocumented and select noncitizens

Western Undergraduate Exchange (WUE)
<http://wue.wiche.edu/>

Washington State Financial Aid Calculator
<https://portal.wsac.wa.gov/a/aid-calculator/>

Go to **Financial Aid Night** this is a HUGE topic – date TBD

Newport Counseling Website -
<https://bsd405.org/nhs/counseling/applying-to-college/>



COMPONENTS OF THE APPLICATION

The application
(the essay, short
answer, resume, class
history)

SAT/ACT/AP
Scores
(if applicable)

Letters of
recommendation
(for some
colleges)

Transcript

Fee
waivers

FERPA
waiver

Portfolio
(if applicable)



HOW DO I ACTUALLY APPLY?

Common Application

- Links to Naviance to track transcripts and letters
- “Match” Comm App to Naviance
- Common App vs Coalition? Choose Common App!
- Limited number, so choose wisely.

Coalition Application

- DOES NOT LINK TO NAVIANCE for tracking, choose “**Direct to Institution**” in Naviance for these schools

College-Specific Application UC schools

- Aka **Direct to Institution**
- Other schools may have their own online applications

ACT/SAT SCORES

*SAT TEST **FREE** FOR
SENIORS OCT 12

All Washington public universities are test optional or blind. Does your college need it??

You're not behind anyone if you didn't/couldn't take the ACT/SAT

If needed, colleges require that students send ACT/SAT scores directly from the testing agencies

Can send **FREE** reports to 4 colleges when you sign up at the test. Reports are free if you used a Fee Waiver for the test

TRANSCRIPT CHECK

Look For:

Teacher Grade Change?

Retook a class?

Make sure it is listed

Find original class and see if it has ZERO credit

Original Credit class Online?

It should be listed with credit but no grade

Previous School? – check for accuracy

Make a note of any **errors** on your transcript and **email errors to your counselor**

NOTE: High School and Beyond Plan will be “met” in spring



TRANSCRIPTS

Official Transcripts

Request Official
“Initial” Transcripts in
Naviance (“Colleges I’m
Applying To”)

If your college requires
paper transcripts – you
need to order from Ms.
Huynh in the
Counseling Center

Unofficial transcripts are in
StudentVue in the
documents section



LETTERS OF RECOMMENDATION

Counselors

- Yes, we will write you a letter, **IF your college requires one.**
- We have a process (keep in mind we each write over 50 letters on average)
- Letter of Recommendation Packet on website and in Naviance
 - Colleges list with deadlines
 - FERPA waiver
 - Counselor questionnaire
 - 3 Teacher Feedback forms
 - Family Brag sheet (optional)

Teachers

- Check with teachers now!
- Each teacher has a different process
- Invite teachers through Naviance
 - Do **NOT** invite teachers via Common App
- Be sure to thank the recommender for writing a letter for you!
- Do not invite more than 2 teachers to write a letter for you
- Ideally you want at least 1 letter to be from a CORE subject area

LETTER OF REC PACKET DEADLINES

* Late packets may result in LORs submitted after the college application due date or transcript-only, sent without a letter.

College Application Deadline	Letter of Rec Packet Due
October 15	September 19
November 1	October 3
November 15	October 14
November 30 / December 1	November 4
December 15	November 11
January 1 or later	November 23

FERPA

FAMILY Educational Rights and Privacy Act

Protects the privacy of students

Waive your rights and sign the FERPA to allow your transcripts and letters of recommendation to be sent

Email your signed FERPA Waiver to
huynhm@bsd405.org

2019 Compliant

UW SEATTLE REMINDERS



- ☐ Online application is available on now.
- ☐ **No transcripts or** letters of recommendation (unless requested by UW or applying to UW Honors Program)
- ☐ Applying in October will NOT give you an advantage. **Take your time with your application.** Focus on essays & activities
- ☐ **Deadline is Nov 15th**
- ☐ Admission notifications between March 1st – 15th



OTHER PUBLIC WA COLLEGES

- ☐ Common App or College website application.
 - ☐ Website App is shorter
- ☐ **No Letters of Req required**
- ☐ Some have **Assured Admission based on GPA** (WSU, EWU, CWU, WWU, Evergreen)
- ☐ **Deadlines vary**
- ☐ Some will give a tuition **discount for visiting** the campus. Check websites.
- ☐ **WSU Regents Scholarship** – let your counselor know if you have a **GPA over 3.85** and WSU is your **first choice**.



HELPFUL TIPS

- **Professional and error free** application
 - Use a **professional email** address
 - **Social Media** - Be aware that your social networking pages may be accessed
 - What makes you **different, unique** and amazing? Remember, 90% of applicants are great students (grades, test scores)
 - Use your **legal name** that matches your transcript (and SAT)
 - Answer the **prompt(s)**
 - Choose **recommenders** who know you
 - **Review** before submitting
 - **Fee Waivers** - If you are a F/R lunch student- see your counselor for Fee Waivers for applications
- Questions? Connect with your counselor

HELP IS OUT THERE

Senior Blitz! Starting September 26th
through October

Financial Aid – Date TBD

FAFSA/WASFA support – Date TBD

College Corps - college essay help. Email Mr.
Fabian Rios

Other App help is being planned! Stay
tuned....



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WHAT IS SENIOR BLITZ???

1 on 1 meeting with your Counselor for graduation and college

You will get an invitation in class for your appointment

Running Start students, please contact your counselor

NAVIANCE

Request

- Request transcripts for colleges

Invite

- Invite Teacher recommenders

Complete

- Complete High School and Beyond plan

Log

- Log Volunteer Hours using X2VOL

Review

- Review past counselor presentations

HIGH SCHOOL AND BEYOND PLAN COMPONENTS



Career Interest Inventory Career Interest Profiler



Resume

Create/upload in Naviance



4 Year Plan

Enter your courses from 9th-11th and
courses this year



Game Plan Survey

Basic goal



Graduation Pathway



Financial Aid Survey



Senior Survey

My Planner

Planner Home

Goals

To-Dos

Tasks


Overview Goals To-Do List Tasks Assigned to Me

My Tasks


Tasks are assigned to you by your school. They can be pretty important, some of them are even required to graduate! So, make sure to go through them to be sure you're on track.

Filters All Graduation Required


Tasks you Need to Work On

 TASK [Complete BSD Graduation Survey](#)
DUE Tuesday May 31, 2022
Assigned by Bellevue School District

GRADUATION

 TASK [Complete Career Interest Profiler](#)
DUE Tuesday May 31, 2022
Assigned by Deborah Kraft

GRADUATION

 TASK [Complete My Financial Aid Options](#)
DUE Tuesday May 31, 2022

GRADUATION

Tasks you've completed

✓ Done [Complete Game Plan survey](#)
Tuesday May 31, 2022
Assigned by Deborah Kraft

GRADUATION

Tasks for future grades

You don't need to worry about these tasks today. However, we thought you'd like to take a look ahead at what's coming up in future years of your Success Plan.

- Questions about how to use Naviance for college applications?
- Better seeing it on video? Check out the college application video series
- Follow this link for tutorials:
<https://bit.ly/3c0AJ3b>



THINGS YOU CAN DO NOW IN NAVIANCE:



Add colleges to your “Colleges I’m Applying to” list in Naviance



Order “**Initial**” transcripts through Naviance



Request letters of rec from teachers for private and Common App schools (typically from at least one Core subject area)



Get your electronic FERPA signed by your parents and emailed to Ms. Huynh: huynhm@bsd405.org



Match your Naviance and Common App accounts



Beginning Oct 1, fill out the FAFSA or WASFA for financial aid

College Visits



PNACAC College Fair – Seattle, Sept 27, 4-7pm @ UW
<https://www.pnacac.org/fall-fairs>

National Portfolio Day – Several dates available
nationalportfolioday.org

Virtual National College Fairs – Several dates available
starting Sept 28 <https://virtualcollegefairs.org/>

New schools added
every day

Most visits are live,
see details in
Naviance

Don't see a school
you are interested
in? Email: Mr.
Fabian Rios
riosf@bsd405.org

FAQ

What is the Senior class size?

- There are 450 Students in the Senior Class

Are GPA's weighted or unweighted? What is my class rank?

- All GPA's are unweighted and we do not rank

How do we request a letter of recommendation from our counselor?

- Fill out LOR packet and give to counselor
<https://bsd405.org/nhs/counseling/applying-to-college/>

What do I do if I still need help picking colleges?

- Email Mr. Rios to set meeting - Riosf@bsd405.org

How do I send my SAT/ACT scores (if required)?

- Students order score reports directly from College Board and/or ACT website

When is my Senior Blitz appointment?

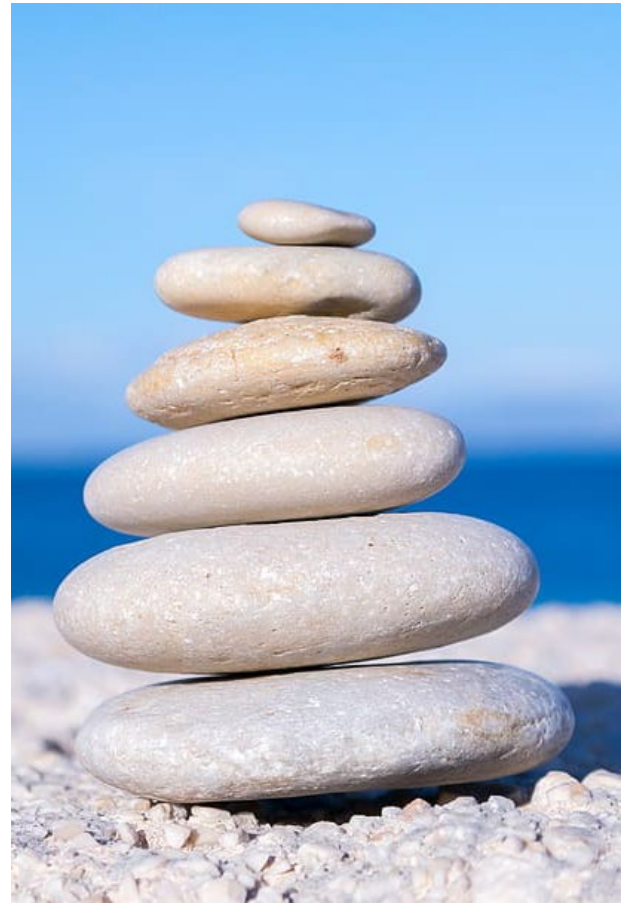
- Starting September 27th: Look out for an invitation or contact your counselor to set up an appointment.

YOUR HEALTH MATTERS!

We know this can feel like
a lot
and we are here for you.



Reach out
to your counselor
if you are struggling.



RESOURCES

- Teen Link: call or text 866.833.6546
- Reach out to your School Counselor (put “urgent” in the email subject line)
- NAMI: 425.885.6264
- Suicide Hotline: 800.273.8255
- Text HOME to 741741 to text with a crisis counselor
- King County Crisis Line resources:
- Call 211 or 866.427.4747
- Visit www.211.org
- Text: 877.211.9274



THANK YOU
FOR BEING
HERE!!

• Questions?