

School Name: Irvine Chinese Immersion Academy

Date: 4/1/2024

Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
		Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	
These are the strategies that you will be working to write into policy.	Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.									Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.
Provide healthy choices for snacks and celebrations; limit unhealthy choices.	At ICIA, we prioritize the health and well-being of our students by promoting mindful choices for snacks and celebrations. We encourage parents, teachers, and staff to opt for nutritious snacks and alternatives during school events and celebrations, fostering a culture that supports healthy eating habits. By limiting the availability of unhealthy choices, we aim to create an environment that empowers our students to make positive dietary decisions, promoting lifelong wellness and academic success.	o			o					
Provide water and low fat milk; limit or eliminate sugary beverages.	As part of our commitment to promoting healthy habits, we advocate for providing water and low-fat milk as the primary beverage options within our elementary school. We prioritize hydration and nutrition by limiting or eliminating sugary beverages from our school environment. By encouraging the consumption of water and low-fat milk, we aim to support the overall health and well-being of our students, fostering habits that promote optimal growth and development	o			o					
Provide non-food rewards.	As part of our wellness initiative, we advocate for the provision of non-food rewards within ICIA's environment. We believe in promoting positive reinforcement through alternatives	o			o					

<p>Limit recreational screen time. (School based screen time)</p>	<p>As advocates for holistic well-being, we emphasize the importance of limiting recreational screen time within ICIA. We encourage students, parents, and staff to prioritize activities that promote physical activity, social interaction, and mental stimulation over excessive screen use. By setting guidelines and promoting alternatives such as outdoor play, reading, and creative pursuits, we aim to foster healthy habits that support overall development and academic success</p>	<p>o</p>			<p>o</p>						<p>Need to increase communication to facilitate more parent awareness about this topic</p>
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Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
<p>List additional strategies that you will be working to write into policy.</p>	<p>Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.</p>	Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	<p>Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.</p>

