



# McDowell Senior High

## April 2024

**NOTES**

Daily Fruit Choices: Fresh Whole Fruit, Assorted Fruit Cups, 100% Fruit Juice  
 Daily Vegetable Choices: Fresh Cut Cold Vegetables, Hot Vegetable Dujour  
 Daily Milk Choices: Skim Chocolate Milk, 1% White Milk  
 Grill Station Favorites: Chicken Patty Sandwich, Spicy Chicken Patty Sandwich  
 Specialty Pizza: Buffalo Chicken (M,T,W), Meat Trio (Th), Vegetable (F)  
 Available Daily (Lunch): Cheese or Pepperoni Pizza, Smucker's Uncrustable PBJ Lunch Pack  
 Available Daily (Breakfast): Assorted Cereals, Muffins, Pop Tarts, Breakfast Bars, Smoothies

MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY

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# Spring Break – No School

**NO SCHOOL**

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**BKFST:** Apple Frudel  
  
**Entree:** "Chick-fil-a" Style Sandwich  
  
**Hot Vegetable:** Waffle Fries  
 Baked Beans

**BKFST:** Bagel Sandwiches  
  
**Entree:** Orange Chicken w/ Rice  
**Hot Vegetable:** Steamed Broccoli

**BKFST:** Made from Scratch Breakfast Pizza  
  
**Entree:** Italian Meatball Sub  
**Hot Vegetable:** Tater Tots

**BKFST:** Glazed Cinnamon Roll  
  
**Entree:** *Grilled Cheese Melt*  
**Hot Vegetable:** Tomato Soup



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**BKFST:** Mini Confetti Pancakes  
  
**Entree:** Chicken Quesadilla  
**Hot Vegetable:** Refried Beans

**BKFST:** Buttermilk Pancakes  
  
**Entree:** French Toast Sticks  
 Chicken Sausage  
**Hot Vegetable:** Hashbrown

**BKFST:** Bagel Sandwiches  
*Banana Yogurt Parfait*  
**Entree:** Pasta & Meatballs  
**Hot Vegetable:** Green Beans



**BKFST:** Made from Scratch Breakfast Pizza  
  
**Entree:** Bacon Cheeseburger  
**Hot Vegetable:** French Fries  
 Steamed Broccoli

**BKFST:** Vanilla Glazed Donut  
  
**Entree:** Chef's Choice  
**Hot Vegetable:** Buttered Corn

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**BKFST:** French Toast Sticks  
**Entree:** Buffalo Chicken Flatbread  
**Hot Vegetable:** Steamed Broccoli



**BKFST:** Chicken Biscuit  
**Entree:** *Fiery Jalapeno Cheddar Burger*  
**Hot Vegetable:** French Fries  
 Baked Beans

**BKFST:** Bagel Sandwiches  
**Entree:** Mac-n-Cheese w/ Roll  
**Hot Vegetable:** Green Beans

**BKFST:** Made from Scratch Breakfast Pizza  
**Entree:** *Fiery Jalapeno Cheddar Burger*  
**Hot Vegetable:** Seasoned Potato Wedges

**New Item! Available 4/23 & 4/25**



**BKFST:** Glazed Cinnamon Roll  
**Entree:** Chef's Choice  
**Hot Vegetable:** Buttered Corn

29

30

**BKFST:** Pillsbury Chocolate Crescent Roll  
  
**Entree:** Cheese Dippers w/ Pizza Sauce  
**Hot Vegetable:** Green Beans

**BKFST:** French Toast Sticks  
  
**Entree:** Boneless Wings w/ Roll  
**Hot Vegetable:** Waffle Fries

**Student Meal Prices:**  
 Breakfast: FREE  
 Paid Lunch: \$ 2.70

**Free Lunch Meals for Eligible Students – Apply Online @ [www.mtsd.org](http://www.mtsd.org)**

**Daily Made to Order Stations (MTO): Deli, Tortilla Grab-n-Go Station: Salads (Made Fresh Daily)**

