



# North Montgomery Middle School Menu

2023-2024 School Year

**Be sure and get a good start to your day with Breakfast!**  
**Breakfast Paid Meal Price \$1.35 Reduced Breakfast Price \$.30**  
**Lunch Paid Meal Price \$2.00 Reduced Lunch Price \$.40**  
**Milk \$.65**

## February - April 2024

|        | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--------|--|--|--|---|--|
| Blue   | Donut Pull Apart Or Breakfast Round<br>Grilled or Brd. Chicken Patty Sand.<br>Potato Wedges<br>Baked Beans<br>Applesauce | Breakfast Pizza<br>Texas Straw Hat<br>Lettuce & Tomatoes<br>Refried Beans, Salsa<br>Baby Carrots & Dip<br>Fruit Juice<br>Cheez-It Crackers     | Un crustable<br>Chicken Tenders<br>Whipped Potatoes<br>Gravy<br>Seasoned Green Beans<br>Orange Wedges<br>Warm Baked Roll                             | Biscuit & Gravy<br>Totcho Bowl<br>(Potato Tots, Shredded Pork topped with Cheese<br>Steamed Corn<br>Fruit Juice<br>Garlic Toast             | Mini Eggos<br>Pizza<br>Romaine Salad<br>Baby Carrots, Broccoli,<br>Red Pepper Strips w/Dip<br>Warm Apple Special<br>Sugar Cookie |
| Orange | Banana Bread<br>Hot Dog on Bun<br>Coney Sauce<br>Mac & Cheese<br>Cucumbers & Ranch<br>Baked Beans<br>Chilled Pears       | Breakfast Pizza<br>Turkey & Noodles<br>Warm Baked Roll<br>Whipped Potatoes/Gravy<br>Seasoned Green Beans<br>Fruit Juice                        | Cinnamon Donut Holes<br>Stuffed Cheese Bread<br>Sticks, Marinara Sauce<br>Romaine Salad<br>Steamed Carrots<br>Fresh Apple Wedges<br>Choc Chip Cookie | Sausage Biscuit<br>Deli Combo Sandwich<br>Sliced Cheese, Tomato,<br>Onion, & Lettuce<br>Baby Carrots w/Dip<br>Doritos<br>Veggie Fruit Juice | Cinnamon Roll<br>Beef & Cheese Burrito<br>Seasoned Corn<br>Chips & Salsa<br>Chilled Peaches<br>Goldfish Grahams                  |
| Green  | Donut Pull Apart Or Breakfast Round<br>Chicken Alfredo<br>Romaine Salad<br>Breadstick<br>Steamed Broccoli<br>Applesauce  | Cheese Omelet & Toast<br>Toasted Cheese Sand.<br>Chicken & Noodle Soup<br>or Tomato Soup<br>Romaine Salad<br>Baby Carrots & Dip<br>Fruit Juice | Cinnamon Roll<br>Salisbury Steak<br>Whipped Potatoes/Gravy<br>Warm Baked Roll<br>Seasoned Green Beans<br>Chilled Mixed Fruit                         | Breakfast Chicken Sand<br>Beef Nachos<br>Salsa<br>Refried Beans<br>Seasoned Corn<br>Fruit Juice<br>Cheddar Goldfish                         | Strawberry Boli<br>Corndog<br>Oven Baked Fries<br>Steamed Carrots<br>Chilled Pears<br>Chocolate Cookie                           |

**What Makes A Breakfast?**  
 Select 3 of the 4 Components  
 2 Grains or 1 Grain & 1 Protein  
 Fruit  
 Milk  
 One must include a minimum of ½ Cup Fruit to count as a Breakfast Meal.

**What Makes A Lunch?**  
 Select 3 of the 5 Components  
 Protein  
 Fruit  
 Vegetable  
 Grain  
 Milk  
 One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

| February | M     | T  | W  | Th | F  | March        | M   | T   | W   | Th  | F     | April  | M      | T  | W  | Th | F  |
|----------|-------|----|----|----|----|--------------|-----|-----|-----|-----|-------|--------|--------|----|----|----|----|
| Blue     |       |    |    | 1  | 2  | Orange       |     |     |     |     | 1     | Green  | 1      | 2  | 3  | 4  | 5  |
| Orange   | 5     | 6  | 7  | 8  | 9  | Green        | 4   | 5   | 6   | 7   | 8     | Blue   | 8X-e-L | 9  | 10 | 11 | 12 |
| Green    | 12    | 13 | 14 | 15 | 16 | Blue         | 11  | 12  | 13  | 14  | 15X-S | Orange | 15     | 16 | 17 | 18 | 19 |
| Blue     | 19X-S | 20 | 21 | 22 | 23 | Orange       | 18  | 19  | 20  | 21  | 22    | Green  | 22     | 23 | 24 | 25 | 26 |
| Orange   | 26    | 27 | 28 | 29 | 1  | Spring Break | 25X | 26X | 27X | 28X | 29X   | Blue   | 29     | 30 | 1  | 2  | 3  |

Lunch Entrée Choices include the daily entrée, deli sandwich, yogurt & cheese pack, and fresh salad entrée bowl with crackers. Milk is offered with lunch & breakfast. Breakfast includes choices of fresh fruit, raisins, & 100% fruit juice. We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the Kitchen Supervisor prior to the meal if you have any concerns. North Montgomery Middle School Food Service Contact Information: Jennifer Himes (765)364-1071 ext. 634. Nutrition & payment information:

[www.nm.k12.in.us/departments/food-services](http://www.nm.k12.in.us/departments/food-services)

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