4/5/24, 9:10 AM Monthly Menu

## KENNEDY HS (PREP) PREP Grades 6-12 LUNCH (Subject To Change) - Mar, 2024



Burtalo Chicken Vings Honey Biscuit Turkey Taco Nada FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Managers Choice Smoothie YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep Granola CHIK'N SANDWICH (Vegan) Fresh Pickles Cafe LA Salad Curried Potatoes Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk Lactose Free Milk Lactose Free Milk Lactose Free		_			ONIFIED
Burtalo Chicken Vings Honey Biscuit Turkey Taco Nada FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Managers Choice Smoothie YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep Granola CHIK'N SANDWICH (Vegan) Fresh Pickles Cafe LA Salad Curried Potatoes Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Lactose Free Milk Lactose Free Milk Lactose Free	Monday	Tuesday	Wednesday	Thursday	· ·
	Monday	Tuesday	wednesday	Inursday	Buffalo Chicken Wings Honey Biscuit Turkey Taco Nada FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Managers Choice Smoothie YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep Granola CHIK'N SANDWICH (Vegan) Fresh Pickles Cafe LA Salad Curried Potatoes Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat
Wilk Strawberry Norrat					Milk Chocolate NonFat Milk Strawberry NonFat

4/5/24. 9:10 AM Monthly Menu

Beef and Cheese Taquitos FRESH SALSA Prep All Star Turkey Hotdog Fresh Pickles Turkev Kielbasa Sausage Sandwich and Fresh Pickles Prep Managers Choice Smoothie Granola YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep **VEGAN BURRITO PREP Baby Carrots Refried Beans** Fresh Fruit Fruit Juice **Lunch Milk Options** Milk NonFat Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

Grande Burger Fresh Pickles Western Cheeseburger Walking Taco Nachos PICO DE GALLO Prep **CAJUN CHICKEN SALAD CAJUN RANCH DRESSING** Honey Biscuit Options

Manager's Choice Sandwich

Turkey Ham and Cheese Sandwich Grab n Go

Turkey Breast and Cheese Sandwich

Yellow Submarine Sandwich

Tuna Sandwich

Lettuce and Tomato

Impossible Burger (Vegan) Cafe LA Salad

Thick Cut Fries Fresh Fruit Strawberry Pop

**Lunch Milk Options** Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat Milk Strawberry NonFat Chicken Dumplings w Kimchi Bean and Cheese Pupusa Fresh Curtido Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options

Turkey Ham and Cheese Sandwich Grab n Go

Turkey Breast and Cheese Sandwich

Yellow Submarine Sandwich

Tuna Sandwich

Lettuce and Tomato

Vegetable Dumplings w Kimchi Persian Cucumber Tropical Trio Slush

Fresh Fruit Fruit Juice

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

BEEF CRUMBLE PIZZA WEDGE (PREP)

Beef Terivaki and Fresh Carrots Rice Bowl

Chinese Chicken Salad FF Prep

Hawaiian Roll CHIK'N NUGGETS (Vegan)

Artisan Roll

Buffalo Chikn Nuggets (Vegan)

**Baby Carrots** 

Orange Medley Juice

Fresh Fruit

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

Spicy Breaded Chicken Sandwich Fresh Pickles

Breaded Chicken Sandwich Foster

Farms BBO Beef Rib Patty Sandwich

with Pickles and Coleslaw Managers Choice Smoothie

Granola

YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep

CHIK'N SANDWICH (Vegan) Cafe LA Salad

Thick Cut Fries Fresh Fruit

Raspberry Passion Fruit Slush

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

**ZESTY BEEF CHALUPA** TORTILLA CHIPS (Prep) FRESH SALSA Prep Cheese Pizza Wedge Managers Choice Smoothie Granola YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep **VEGAN BURRITO PREP Baby Carrots** Fresh Fruit Fruit Juice

**Lunch Milk Options** Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

Chicken Corn Dog Walking Taco Nachos PICO DE GALLO Prep CAJUN CHICKEN SALAD CAJUN RANCH DRESSING Honey Biscuit

Manager's Choice Sandwich Options

Turkey Ham and Cheese Sandwich Grab n Go

Turkey Breast and Cheese Sandwich

Yellow Submarine Sandwich

Tuna Sandwich

Lettuce and Tomato

Impossible Burger (Vegan) Fresh Pickles Cafe LA Salad Thick Cut Fries

Fresh Fruit

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

Beef and Cheese Burrito FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich **Options** 

Turkey Ham and Cheese Sandwich Grab n Go

Turkey Breast and Cheese Sandwich

Yellow Submarine Sandwich

Tuna Sandwich

Lettuce and Tomato

Vegan Chikn Tenders

Artisan Roll

Persian Cucumber Tropical Trio Slush

Fresh Fruit Fruit Juice

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

Yangs Orange Chicken and Broccoli Rice Bowl Cheesy Garlic Bread Chinese Chicken Salad FF Prep Hawaiian Roll

Manager's Choice Sandwich Options

Turkey Ham and Cheese Sandwich Grab n Go

Turkey Breast and Cheese Sandwich

Yellow Submarine Sandwich

Tuna Sandwich

Lettuce and Tomato

Vegan Teriyaki Carrot Rice Bowl **Baby Carrots** Orange Medley Juice

Fresh Fruit

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

Turkey Taco Nada FRESH SALSA Prep Mac N Cheese Managers Choice Smoothie Granola YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep

> CHIK'N SANDWICH (Vegan) Fresh Pickles Cafe LA Salad **Curried Potatoes**

Fresh Fruit

Raspberry Passion Fruit Slush

**Lunch Milk Options** 

Milk NonFat

Milk Low Fat

Milk Lactose Free

Milk Chocolate NonFat

Milk Strawberry NonFat

4/5/24, 9:10 AM Monthly Menu

22 Chicken Mashed Potato Gravy 20 Grande Burger BEEF CRUMBLE PIZZA Spicy Breaded Chicken Beef and Cheese Taquitos FRESH SALSA Prep Fresh Pickles **Bowl** WEDGE (PREP) Sandwich All Star Turkey Hotdog Western Cheeseburger Honey Biscuit Beef Cheese Taco CrispUp Fresh Pickles Chinese Chicken Salad FF Prep Fresh Pickles Walking Taco Nachos Bean and Cheese Pupusa Breaded Chicken Sandwich Foster Turkev Kielbasa Sausage PICO DE GALLO Prep Fresh Curtido Hawaiian Roll Farms Sandwich and Fresh Pickles Prep CAJUN CHICKEN SALAD Parmesan Chicken Salad FF Prep CHIK'N NUGGETS (Vegan) BBO Beef Rib Patty Sandwich Managers Choice Smoothie **CAJUN RANCH DRESSING** Cheesy Garlic Bread Artisan Roll with Pickles and Coleslaw Managers Choice Smoothie Granola Honey Biscuit Manager's Choice Sandwich Buffalo Chikn Nuggets (Vegan) Manager's Choice Sandwich YOGURT FRESH FRUIT MIX Options **Baby Carrots** Granola Options Turkey Ham and Cheese Orange Medley Juice YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep Turkey Ham and Cheese **VEGAN BURRITO PREP** Sandwich Grab n Go Fresh Fruit PARFAIT GRANOLA Prep **Baby Carrots** Sandwich Grab n Go Strawberry Pop CHIK'N SANDWICH (Vegan) Turkey Breast and Cheese **Refried Beans Lunch Milk Options** Cafe LA Salad Turkey Breast and Cheese Sandwich Fresh Fruit Milk NonFat Thick Cut Fries Sandwich Yellow Submarine Sandwich Fruit Juice Fresh Fruit Milk Low Fat Yellow Submarine Sandwich **Lunch Milk Options** Tuna Sandwich Raspberry Passion Fruit Slush Milk Lactose Free Milk NonFat Tuna Sandwich **Lunch Milk Options** Lettuce and Tomato Milk Chocolate NonFat Milk NonFat Milk Low Fat Lettuce and Tomato THREE BEAN VEGAN CHILL Milk Low Fat Milk Strawberry NonFat Milk Lactose Free Impossible Burger (Vegan) (Vegan) Cafe LA Salad Tortilla Chips Milk Lactose Free Milk Chocolate NonFat Thick Cut Fries Persian Cucumber Milk Chocolate NonFat Milk Strawberry NonFat Fresh Fruit Tropical Trio Slush Milk Strawberry NonFat Strawberry Pop Fresh Fruit Lunch Milk Options Fruit Juice Milk NonFat **Lunch Milk Options** Milk NonFat Milk Low Fat Milk Low Fat Milk Lactose Free Milk Lactose Free Milk Chocolate NonFat Milk Chocolate NonFat Milk Strawberry NonFat Milk Strawberry NonFat

Monthly Menu 4/5/24, 9:10 AM

Manager's Choice LUNCH OR 25	Manager's Choice LUNCH OR <sup>26</sup>	Manager's Choice LUNCH OR	27	28	29
Chicken Chorizo and Cheese	Cheese Pizza Wedge	Cheeseburger Sliders			
Bolillo	Sunbutter and Strawberry Jelly	THREE BEAN VEGAN CHILI			
VEGAN BURRITO PREP	Sandwich Prep	(Vegan)			
Baby Carrots	Celery Sticks	Tortilla Chips			
Orange Medley Juice	Tropical Trio Slush	Baby Carrots			
Fresh Fruit	Fresh Fruit	Paradise Punch Veg Juice Box			
Strawberry Pop	Fruit Juice	Fresh Fruit			
Lunch Milk Options	Lunch Milk Options	Raspberry Passion Fruit Slush			
Milk NonFat	Milk NonFat	Lunch Milk Options			
Milk Low Fat	Milk Low Fat	Milk NonFat			
Milk Lactose Free	Milk Lactose Free	Milk Low Fat			
Milk Chocolate NonFat	Milk Chocolate NonFat	Milk Lactose Free			
Milk Strawberry NonFat	Milk Strawberry NonFat	Milk Chocolate NonFat			
		Milk Strawberry NonFat			

Menus are Subject to Change
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