

## MENTAL HEALTH

We offer psychiatric care for children and adolescents that need an additional support to manage their mental health symptoms. An experienced psychiatrist will evaluate and monitor your child or adolescent to ensure they are meeting their psychiatric needs.



## Therapy for Children, Adolescents, Adults and Families

Our program is staffed by experienced professionals who provide bilingual mental health treatment to their clients. The Latino Commission has developed culturally sensitive treatment programs for individuals, couples, families, and groups to address the many emotional, behavioral, and psychological problems that are identified in treatment. We want to help you develop a happy, productive and healthy life.

## Parents and Family Programs

**Strengthening Families Program-For families with children 6 to 11 years of age:**

This is a family training program that lasts 14 sessions and is based on Family Strength. It is different from most parenting programs because in this program parents and children attend sessions together and learn skills that they practice in session and then put into practice at home.

## ADULT SUBSTANCE ABUSE

### Residential Adult Services for Men & Women

The only Spanish-language recovery facilities in Riverside County, Casa Las Palmas and Casa Cecilia, offer a comprehensive treatment program for adults on a residential basis. Individual treatment plans are prepared by professionals and addiction specialists. All areas of the client's life are evaluated in order to create an individualized plan supported by individual and group counseling, relapse prevention, and a strong and effective support program upon completion of residency.

**Casa Las Palmas** - Male Residential  
For More Information, call (760)347-9442

**Casa Cecilia** - Women's Residential  
For more information, call (760)398-3008

**Bea's Detox** - Males  
For more information, call (442) 256-3145

**For admission, please call the  
substance abuse CARES LINE:  
1(800)499-3008**

## ADOLESCENT SUBSTANCE ABUSE

### Services for Residential Adolescents (Males)

The only adolescent recovery facility in Riverside County. Michael's Youth Treatment Home offers a comprehensive age-appropriate treatment program for teens ages 13-17. The house can accommodate up to 6 people in each location. Our team of professionals will help each person create a personalized treatment plan designed to identify specific problems and provide an action plan to overcome them. Our primary goal is to help the teenager in your life reintegrate into their community as a healthy and successful person. For more information or to make an appointment call us at (760) 619-2860

For admission, please call the Substance Abuse CARES LINE: 1(800)499-3008

## NON-RESIDENTIAL OR OUTPATIENT

Supervised by our medical director, this program includes a complete evaluation of the participants and covers medical and psychological problems, learning problems, family functioning and other important aspects of the life of the adolescents who participate in the program. Free drug testing, walk-ins welcome, transportation provided. Individual, group, and crisis services provided.



For more information or to make an appointment call us 760 398 9000