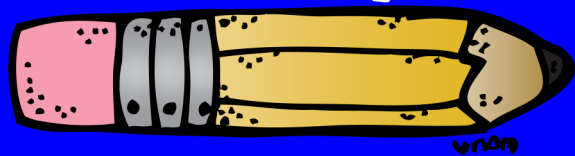


Welcome to K!

You're on your
Way!

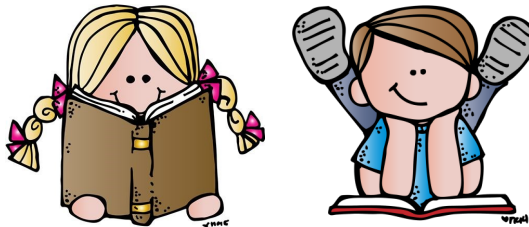


AAE parent's guide to a peek at how to help you and your child be successful transitioning to Kindergarten!

READING!

What should my child **be able to do now?**

- *make simple predictions and comments about a story
- *retell a simple story
- *know the letters in his or her name
- *recognize words or signs he or she sees often
- *hold and look at books right side up & turn pages one at a time from front to back
- *sit and listen to a story
- *say the ABC's
- *speak in complete sentences
- *understand words like "top, bottom, big, little"
- *recognize rhyming words- cat/hat

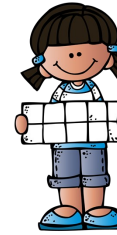


How can I **ENCOURAGE READING** now?

- *set aside time each day to read with your child
- *talk with your child about stories and characters
- *put pictures in order
- *practice learning letters
- *display your child's name in a special place and talk about the name of the letters
- *match pictures to beginning sounds
- *match two pictures that are alike or go together
- *read and sing nursery rhymes
- *play games that require listening and following directions

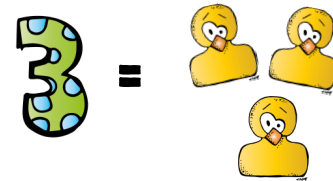
MATH!

What should I work on with my child now?



- *counting at least 5 objects
- *counting from 1 to 10 in the correct order

- *identifying written numbers from 1 to 5
- *identifying shapes

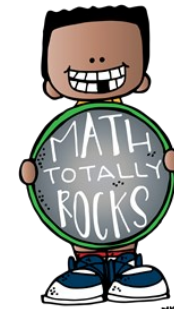


- *understanding that a written numeral means that many objects, such as 3 ducks

- *adding and subtracting small numbers of familiar objects, such as "I have 1 cookie. You have 1. How many do we have in all?"



How can I encourage **COUNTING** and **NUMBERS**?







- *use objects for counting and learning about numbers
- *use things around the house to add or subtract with
- *point out numbers
- *read, sing, and tell stories about numbers

WRITING!

What should my child **be able to do now?**

- *express ideas through drawing pictures
- *use pencils, crayons, and markers for writing and drawing
- *copy and draw a line, circle, x, and +
- *begin to recognize and write some of the letters in his or her first name correctly
ex: S-a-m not S-A-M

To **ENCOURAGE** your child's beginning **WRITING SKILLS:**

-  Let your child use school tools such as pencils, washable markers, crayons, and blunt-tipped scissors.
-  Encourage your child to explore with drawing materials
-  Let your child see that written words are part of daily life.
-  Label your child's belongings with his or her name. Let your child label some of his or her own things.

CONNECT!

Below you'll find fun,
EDUCATIONAL WEBSITES and **APPS!**



<http://www.starfall.com>



Moose Math app



<http://www.abcmouse.com>



<http://www.funbrain.com>



<http://www.abcya.com>

ROUTINES, ROUTINES, ROUTINES!

CONSISTENCY is key with any new schedule!

*What can I do now to help them with their new schedule?

- *help your child pick out clothes the night before
- *designate a spot for your child's items they will need each day
- *break your day up into chunks



How can I encourage **routines when school begins?**



ESTABLISH A MORNING ROUTINE!

- *decide on a wakeup time
- *make sure your child gets dressed, has breakfast, and knows where their school supplies are **BEFORE** watching morning TV
- *have a **PRACTICAL** healthy breakfast menu

AFTERSCHOOL ROUTINE

- *come in and put school supplies & lunchboxes in proper place
- *eat a quick snack
- *play for a little while
- *complete homework



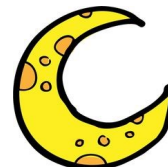
ESTABLISH A DINNER ROUTINE

- *have kids get out dishes and utensils
- *get them involved in cooking and cleaning up after dinner
- *sit together & enjoy dinner- even if you're only together for 10-15 minutes- that time is precious and kids cherish and benefit from that time



ESTABLISH A BEDTIME ROUTINE

- *select a bedtime and work backwards
- *give a reminder about bedtime 1 hour before
- *have a clean up time
- *oversee bath time
- *enjoy quiet time together reading, snuggling or talking!



PERSONAL NEEDS!

What should my child **be able to do now?**

- *take care of their bathroom Needs
- *put on and take off coat
- *tie their own shoes
- *wash their hands
- *snap, button, zip, and buckle
- *blow and wipe their nose



SOCIAL DEVELOPMENT!

What should my child **be able to do now?**

- *say if he or she is a boy or girl
- *tell first and last name
- *tell how old they are
- *adjust to new situations without parents there
- *listen to an adult & follow simple instructions
- *cooperate with other children
- *sit for short periods of time
- *follow simple 2-step directions



PHYSICAL DEVELOPMENT!

What should my child **be able to do now?**

- *can cut with child-sized scissors
- *can run at a good speed
- *can hop on each foot
- *can catch a large ball
- *can jump over an object
- *can walk along a line

