



SUMMER STRENGTH & CONDITIONING CAMP

2024 PEARLAND FOOTBALL

The purpose of the 2024 PHS Strength and Conditioning (SAC) Camp is to allow our students/athletes the opportunity to develop good conditioning habits while working with current and/or future PHS athletes while away from their regular school routine. We feel this will benefit them many times over for the upcoming 2024-25 competitive season. The camp is staffed with PHS coaches and is available to any football player in the fall of 2024. If you should have any questions, please call B.J. Gotte at 281-997-3281 or email gottew@pearlandisd.org. We look forward to a great summer with our current and future PHS oilers!

Monday, June 3rd – Friday, July 18th (27 workouts)

PHS Football Session 1 – 9th - 12th 8:00 am to 10:00 am

Weekly: Monday – Tuesday – Wednesday – Thursday

No SAC Camp – July 4th

Registration and Payment Information

Please scan the QR Code below to register and pay for PHS SAC Camp:



The camp payment is \$165.00

Must have a current Pearland ISD physical form on file. Physicals from the 2023-2024 school year count.