

Muenster ISD
Student Health Advisory Council Meeting
December 11, 2023

Community Members present:

Shelley Wylie
DJ Yarbrough
Amy Dangelmayr
Tiffany Lutkenhaus
Kay Schroeder
Stevie Maas

School Personnel Present:

Brandi Richardson
Jackie Reynolds
Kourtney Vogel
Kristi Schneider

Guest:

Terri Bennett, DSHS

The meeting was called to order at 7:33 am.

Review of October 10, 2023 meeting minutes

- Amy Dangelmayr made a motion to approve the minutes.
- Tiffany Lutkenhaus seconded the motion.
- Minutes from October meeting were approved.

State report of Immunization Record

- Brandi Richardson reported that all students are current on their immunizations, or have an exemption on file.

Student Health Screenings

- Brandi reported that the hearing and visions screenings are on-going. Parents receive a notice to opt out of testing if they desire.

Counselor Report

- Kristi Schneider mentioned the Abigail's Arms presentation, which the group discussed in more detail (below).

Student Education

- Abigail's Arms presented a teen dating program, in coordination with CASA.
- MISD will host the 180 Degree training on January 18. The program discusses sexual risk avoidance for grades 6, 7, 8 and 9th. Several commented that the program was beneficial last year, and students seemed to learn from the program.
- YES! (Youth Equipped to Succeed) program covers character development and bullying for grades K-12. Others ISDs have used this program and found it beneficial. Brandi will get more info.
- Measured by Character covers suicide prevention. They've presented before at MISD several years ago. Brandi discussed the possibility of teaming up with other schools or churches to present. DJ Yarborough made a motion to implement this program ASAP.

Project Adam

- Brandi reported that there are now 8 defibrillators on campus. The school will look at replacing six next year as the AEDs get older. Staff are trained how to respond, and the AEDs are very user-friendly.
- Brandi reported that staff go through regular CPR and AED training.

Open Forum

*Edit: After approving the December SHAC meeting minutes at the February meeting, a member of admin approached Mrs. Richardson the next day, letting her know that the minutes were removed from the MISD site because of possible FERPA concerns. I revised the minutes to ensure no FERPA concerns. KS
02/20/2024*

Bullying:

- Members of SHAC asked to discuss bullying on campus. They have had personal experience with bullying, and followed the protocol for reporting, but felt very unheard by administration. Member expressed concern that the situation was not addressed according to school policy, nor were those who were bullying disciplined according with their respective extra-curricular activities code of conduct.
- Some members said their child / children have also been bullied. Both asked if teachers monitored the halls during the day or where students gathered, to

curtail incidents. Kristi and Courtney Vogel both stated that teachers stand in their doorways between classes, and personnel are present in the lunchroom.

- Kristi Schneider said she was not aware of the specific bullying situation discussed. She stated that they cannot comment on the situations without admin present.
- Jackie Reynolds and Kristi both stated that they cannot discipline a student for bullying, but they can reach out to the student who is being bullied. They also stated that they cannot respond to community gossip about bullying, but that parents or students should reach out to them, and they have developed relationships with students in that manner to help them deal with bullying.
- Brandi recommended following the chain of command listed in the policies.
- Shelley Wylie asked if there was another resource for students to express concern for those they think or know are being bullied. The group also discussed volunteer chaplain programs.
- Community members present would like to see bullying noticed and addressed, as it affects students' mental health, and not disciplining those responsible does not benefit them in the long-run. Members support the educational platforms discussed, as well as teachers / personnel attending training.

Drug Use, Testing Training:

- Brandi reported that she attended a Regional 11 training covering drug testing and recognizing signs and symptoms of drug use in students. She said it was very beneficial and informative, and will suggest others go through the training. The committee agreed that this was a good idea.

Nutritional Education:

- Shelley Wylie suggested training programs covering nutrition and / or body image for students, especially young women.
- Kourtney Vogel said that there are alternate options available in the lunch room, such as salads and vegetable options (rotating availability). She also said parents can request that their child be limited on the snack bar options.

Other:

- Amy reported that a new trend is occurring where children put their hands around their necks (arteries) to pass out.

- Shelley asked about hosting a parent's event, where we discuss these trends and share resources to prevent or recognizing signs, and discuss with our kids.
- The committee reviewed future meeting dates.

There being no further business, the meeting adjourned at 8:13 am.

Respectfully submitted,

Kay Schroeder