

BRAINSTORM



Where I'm From

remember things from your childhood with your senses (sight, sound, touch, taste, smell).

DONT LIFT THAT PEN

go to a gallery and find a piece that interests you. Take two minutes and write down everything that comes to mind without stopping. This exercise also works while looking through family photo albums, art books, listening to music (either live or recorded), people watching, going to the aquarium, etc.

STEREOTYPE POEM

what do people think about you before they get to know you?

Memory House

draw your childhood home from memory, paying close attention to the small details

ROLE PLAY

how would someone else respond to a particular situation? Look in the newspaper or a magazine for inspiration.

ANALOGY

take two unrelated topics and attempt to connect them. Your brain is geared towards answering questions, so you will immediately start finding answers!

Noun + Verb = 

two columns, 10 nouns/10 verbs, pair them randomly, write a sentence for each pair, write a story or poem using all 10 sentences

7x7x7x7

grab the seventh book from your bookshelf, open it to the seventh page, pinpoint the seventh sentence, begin a story or poem with that sentence and limit it to seven lines.

INCEPTION POINT

start at the middle or end of a story or poem

DESCRIBE YOUR FIRST

list words and/or phrases to describe your first bike ride, spicy food, day of school, kiss, dance, album, airplane ride, etc.

CHOOSE YOUR WORDS

WISELY

list family members, their age equals the number of words used to describe them.

MATCH THE MELODY

write new lyrics for an existing song.