



HEALTH FORMS – FREQUENTLY ASKED QUESTIONS

From: Christina Atkins, BSN, RN; School Nurse

St. David's School seeks to provide students with a safe and healthy environment for learning and growing. All required health and medical forms can be found online in **Magnus Health SMR**, the school's student medical record database. **All forms are due by August 1.** Please upload forms to your student's Magnus Health SMR account, or fax directly to Magnus SMR. St. David's is not able to accept paper forms directly.

I. FORMS

- **Vital Health Record**

Who: All students; renewed annually.

Purpose: To provide necessary medical information for care of your child at school

- Please include all current medications, even those not taken during the school day. This is completed online.

- **Consent to Treat**

Who: All students; renewed annually.

Purpose: Authorization for emergency medical treatment. This form is completed online.

- **Immunization Form or Official Copy of Immunizations**

Who: All new students, and all returning K, 7th and 12th grade students need to make sure the required immunizations are up to date in Magnus SMR.

Purpose: St. David's official record of required NC immunizations.

- All 7th graders submit proof of Tdap booster and Meningococcal vaccine.
- All 12th graders submit proof of a Meningococcal booster.

- **Health Assessment Form**

Who: All new students.

Purpose: To provide a baseline physical assessment for entering students.

- **This form requires a healthcare provider's signature.**

- **Over the Counter (OTC) Medication Form**

Who: All students; renewed annually.

Purpose: Communicates parent preferences if over-the-counter medications are allowed and fulfills NC requirements to allow the dispensing.

- **This form requires both parent and healthcare provider signatures.** Please be aware that no medication will be dispensed to your child without written authorization from parent and a healthcare provider.

- **Prescription Medication Form**

Who: Any student who will need medication dispensed during the school day; submitted annually.

Purpose: Fulfills NC requirements to allow for dispensing of medication.

- This includes medications for asthma, ADHD, diabetes or other chronic conditions.
- Medications must be brought to the school nurse the week prior to school beginning.
- **This form must be signed by a healthcare provider and parent.**

- **Athletic Physical Evaluation Form**

Who: All students in grades 6-12 who are participating in athletics; submitted annually.

Purpose: To provide a baseline physical assessment prior to athletic participation.

- This form is required to be on file prior to athletic try-outs or practice. It expires 365 days from the last physical date.
- **This form requires a healthcare provider signature.**

- **Concussion Information Form**

Who: All students in grades 6-12 who are participating in athletics; submitted annually.

Purpose: Creates a partnership in preventing concussions. This form is completed online.

- **Allergy, Diabetes, Asthma and/or Seizure Plans**

Who: Students with health issues that may need to be addressed during the school day.

Purpose: To communicate needed care plans.

- An Action Plan needs to be submitted annually.
- **This form requires signatures from both a parent and a healthcare provider.**

II. IMMUNIZATION REQUIREMENTS

North Carolina state immunization law states that each student enrolled in grades Kindergarten through 12 (both public and non-public) must be immunized. All Pre-K students must submit proof of immunizations that are age appropriate. The following are immunizations required by the state of North Carolina.

- **DPT** (Diphtheria, Pertussis, Tetanus) – 5 doses
- **Hepatitis B** – 3 doses
- **Hib** (Haemophilus Influenzae type B) – 4 doses (not required for children over age 5.)
- **Measles** (Measles, Mumps, Rubella) – 2 doses
- **Meningococcal** – 2 doses. 1 dose prior to entering 7th grade. A booster dose is required prior to entering 12th grade.
- **Mumps** – 2 doses
- **Pneumococcal Conjugate** – 4 doses (not required for children over age 5.)
- **Polio** – 4 doses
- **Rubella** – 1 dose
- **Tdap** (Tetanus/Diphtheria/Pertussis) – 1 dose prior to entering 7th grade
- **Varicella** – 2 doses. The second dose is not required if K was started prior to 2015. An exception is made for health care provider documented history of varicella.