



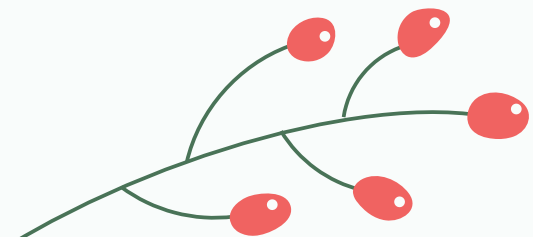
ALUM ROCK UNION SCHOOL DISTRICT

K-5

ELEMENTARY

APRIL

2024



Spring is here!



MON

TUE

WED

THU

FRI

APR 1

Pan Dulce Concha
Vanilla (V)

Mac & Cheese Bowl (V)
Pepp Stuffed Sandwich
(T)

APR 2

Cinn Bun Glazed (V)

Cheeseburger Sliders
(B)
Beef N Cheese Taco
Crispups (B)

APR 3

Sweet Pot/Choc
Muffin (V)

Double Dogs (B)
Chicken Sandwich on
Brioche Bun (C)

APR 4

Confetti Pancakes (V)

Teriyaki Rice Bowl (C)
Puposas Bean &
Cheese (V)

APR 5

Mini Maple Madness
Waffles (V)

Cheese Pizza Rippers
(V)
Chicken & Waffles (C)

APR 8-12 SPRING BREAK STUDENTS NOT IN ATTENDANCE



APR 15

Cereal & Cracker (V)

Pepp Pizza Sliders (B)
Grilled Cheese (V)

APR 16

Pan Dulce Concha
Chocolate (V)

Mac & Cheese Bowl
(V)
Beef and Cheese
Chalupa (B)

APR 17

Cinni Swirl (V)

Beef Tack Stick (B)
Buffalo Chicken and
Fries (C)

APR 18

French Toast Sticks
(V)

Corn Dog (C)
Plzza Crunchers (V)

APR 19

Bagel Cream Cheese
(V)

Pasta Alfredo Bowl
(V)
Hamburger on
Brioche Bun (B)

APR 22

Apple Cinn Pocket (V)

Chimi Nada (V)
Cheese Pizza (V)

APR 23

Choc Chip Muffin (V)

American Burger (B)
Chicken Tamale (C)

APR 24

Mini Glazed Bites (V)

Nuggets and Fries (C)
Mucho Queso
Jalapeno Cups w/
Chips (V)

APR 25

Cinni Mini (V)

Chicken Fried Rice
Bowl (C)
Drumstick w/Roll (C)

APR 26

Mini Strawberry
Cream Cheese Bagel
(V)

Hot Dog on Brioche
Bun (B)
Pull Aparts Pillow (V)

APR 29

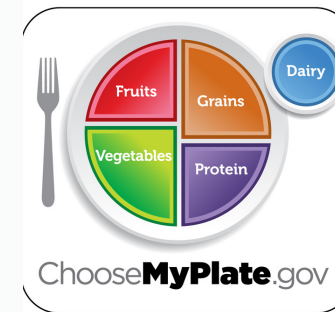
Pan Dulce Concha
Vanilla (V)

Spaghetti w/Meat
Sauce & Roll (B)
Pepp Stuffed Sandwich
(T)

APR 30

Cinn Bun Glazed (V)

Cheeseburger Sliders
(B)
Beef N Cheese Taco
Crispups (B)



***MENU SUBJECT TO CHANGE WITHOUT NOTICE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**



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TRY OUR NEW SALAD BAR
MORE CHOICES FOR OUR
STUDENTS TO CHOOSE FROM



SALAD BAR OPTIONS

- Strawberries (F)
- Iceberg Lettuce (V)
- Canned Beans (V)
- Shredded Beets (V)
- Canned Corn (V)
- Cucumber and Jicama Salad (V)
- Apples (F)
- Bananas (F)
- Kiwi (F)
- Grapes (F)
- Tangerines (F)

- Snap Peas (V)
- Salad Greens (V)
- Baby Carrots (V)
- Celery (V)
- Salad Greens (V)
- Cucumbers (V)
- Jicama (V)
- Cauliflower Ceviche (V)
- Salad Dressing:
Homemade Ranch
Chipotle



TO MAKE A BREAKFAST:
Must take an entree & 1/2 cup of fruit or juice!

ALL MEALS ARE AT NO COST TO ALL STUDENTS!

MENU KEY:
(V) Vegetarian
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fruit

WHAT MAKES A COMPLETE LUNCH?
Choose at least 3 different food components & one must be 1/2 cup fruit and/or vegetable!

HARVEST OF THE MONTH



April we are featuring snap peas and strawberries. They are low in calories but high in fiber, vitamins and minerals your body craves.