

Minutes from S.H.A.C. Meeting

March 27, 2024 10:00 a.m.

Facilitator: Stephanie Schuette

Welcome/Introductions

Call To Order

Attendance

Not Present:

- Leo Cano, MISD Safety Director
- Maria Flores, ACE 21st Century Director
- David Garcia, MIS Principal
- Tammy Garcia, 21st Century
- Evonne Huerta, Food Service Administrative Assistant
- Roger Masters, Athletic Director
- Gail Wilkins, DAEP Principal
- Alta Earls, Parent
- Erica Moreno, Parent
- Seffina Cortez, Grandparent
- Samatha Moreno, Parent

*Attendance qualifies for quorum

S Schuette: Instructed attendees to review contents of red folders.

Acknowledgement of Handouts:

- Meeting Agenda
- Maslow's Hierarchy and Coordinated School Health
- SHAC Bylaws
- MISD School District's Wellness Policies on Physical Activity and Nutrition
- "7 ways to Help Yourself..."

S Schuette: Consent Agenda

- Vote to Approve Previous Board Minutes from 2.21.24
Motion to accept: Sueann Martinez
Second: Veronica Garza
Unanimous, Motion passed

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Discussion of Agenda Topics: Upcoming Community Event and Blanket Budget Development

Wellness Director Stephanie Schuette proposed to have SHAC partner with MISD District R.N. Melissa Gutierrez and have booths added to the MISD Health Fair (May 6, 2024). Christina Brubaker suggested having student group performances to increase parent attendance. Mrs. Brubaker also volunteered to provide a backdrop for photographs. MISD could provide door prizes for attendees and Teacher Appreciation raffle gifts as an incentive to have teaching staff receive a health screening.

Potential vendors include:

- Belinda Morin- Feonix Mobility
- Christina Brubaker- Driscoll Community Outreach
- Children's Center of Annville
- SBHC- Sports Physicals
- Immunizations- Vaccinations Required for school
- Free Blood Pressure and Oxygen Checks
- ACE 21st Century Booth
- School Registration Booth
- Human Resources Boot
- Community Action Agency Health Clinic
- Dental Office Booth
- HEB/HEB Buddy Anti-Bullying Campaign
- MISD SPED
- Mathis EMS Paramedics Booth
- San Patricio County Agri-Life Cooking Demonstrations and Horticulturist
- CC Food Bank giveaways
- Marvin Schuette-MISD Therapy Services Canine

Wellness Director Stephanie Schuette discussed monthly promotions including:

- April 9th is the Annual National Healthy Schools Day, theme is "Air Just Air", promoting clean air inside schools and childcare facilities.
- April 2nd and 5th are Wear Blue to Prevent Child Abuse recognition day(s).
- May is Mental Health Awareness Month

Wellness Director Stephanie Schuette presented the Memorandum of Understanding between MISD and Communities in Schools of the Coastal Bend. MISD will keep this agreement in place for next school year rather than introduce the S.H.A.R.E. curriculum.

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Wellness Director Stephanie Schuette advised that SHAC should develop a blanket budget for SY24-25 for funds set aside for meetings, events, donations, etc. based on a forecasted number of activities. Ms. Schuette asked for members to have a suggestion ready for next months' meeting, to be held on April 24th. Our last meeting will be held at MHS with student groups presenting "Raising Awareness through Student Voices". MS. Schuette also proposed having the MISD Health Fair designated as SHAC's official action for SY23-24, motion passed via unanimous agreement.

Comment from Sueann Martinez: Links to helpful SHAC resources need to be added to the webpage. Mrs. Schuette agreed.

No further questions or comments.
Meeting Adjourned at 10:42 a.m.