

Food Court Smoothie

MEAL COMPONENTS: 1 meat alternate, ½ cup fruit
YIELD: 16 each, 8 fluid oz portions

INGREDIENTS	WEIGHT	MEASURE
Yoplait® ParfaitPro® Lowfat Vanilla Yogurt (16632)	4 lb	1 bag (8 cups)
Juice, orange, unsweetened, chilled	2 lb 3 oz	4 cups
Applesauce, canned, unsweetened, chilled	2 lb 4 oz	4 cups

INSTRUCTIONS

- 1 **Combine** yogurt and orange juice in 8 quart or larger measurement-marked storage container; **stir** until well mixed.
- 2 **Add** applesauce, 2 cups at a time, **stirring** until smooth.
- 3 **Verify** mixture yields 4 quarts (16 cups) so each serving contains ½ cup fruit; **add** applesauce as needed to yield 16 total cups and **stir**.
- 4 **Portion** 8 oz into 9 oz serving cups; **place** lids on cups and **serve** chilled; **refrigerate** if not serving immediately. May also refrigerate overnight.

On your menu! MORE FUN RECIPE NAME IDEAS

Orange Dream Smoothie

• OJ Blast Smoothie

• Sunrise Smoothie



Use Yoplait® ParfaitPro® Blueberry for a twist on this classic flavor combo