



December 2, 2023

## Roadrunners Are Character Strong!

Central Point Elementary families, we are so lucky to be a Character Strong School! Every teacher at CPE is providing your student with activities and instruction using Character Strong traits. **This month's trait is Empathy.**



### Family Focus: December is Empathy Month

Empathy is having the ability to understand how others might feel. It's working to understand what others may be seeing, thinking, or feeling in different situations.

At home when something frustrates a member of the family, ask your student to consider how that person is

### Upcoming Events

**Monday, December 4: End of Trimester One; No School for Students**

**Friday, December 8, at 5:00 PM**  
Report Cards will be available to view in ParentVUE under Student Report Card. If you need help accessing your synergy account to view your student's grades, please

### Music Students of the Month!

Aiden Rosenberg  
Kai Bennett  
Delilah Brown  
Ellen Garnica  
Samuel Warden  
Gracie Hunt  
Simon Gomes  
Milo Cook  
Weston Whitehead  
Lucas Verespej  
Annaleia Carlson

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ask them how they are feeling  
and why, then discuss ways to  
help the situation.

**December 11-15: Spirit Week!**  
A flyer for dress up days will be  
sent home soon!

Helena Caldwell  
Belle Moore  
Lillian Farina  
Genny Scales  
Aurora Brown

**December 18-January 1** Winter  
Break We will see kids back on  
January 2!

Ashley Silva

## LaClinica School Nurse

Hello From Your School Based Nurse,

Exclusion Day is coming in February. If your child is not up to date on immunizations, now is the time to develop a plan to make appointments for vaccines or formally decline through the state of Oregon. La Clinica can help in this area with immunizations available at every school in District 6. Contact your school office and your request will be forwarded to me.

As you talk to your kids this season, remember to add in reminders to wash hands often and not share drinks or food. This will help prevent the spike in illnesses we see in January.

Also, we need to continue talking about medication and drug safety. Keep all drugs of any kind out of reach and out of sight of children. Remind children, even teenagers, never to touch an unknown pill they may get from a friend or see lying on the ground. The Fentanyl levels in our community are high and simply touching a pill can be disastrous. We must add a little extra discussion in this area to keep our kids safe.

There are many celebrations and gatherings happening this month. I wish you the best time as you enjoy your family and friends. This time of year can be stressful as well as delightful. Please keep in mind that the holidays are not always a happy time for everyone. Check in with neighbors, friends or acquaintances who may or may not be struggling. Historically, people are challenged with their Mental Health during this time of the year. Your time and words may be the highlight of their season and a little love can go a long way.

To Better Health,  
Nurse Angie

To Better Health,  
**Angela Parker RN BSN**  
**School Based Health Center**  
[aparker@laclinicahealth.org](mailto:aparker@laclinicahealth.org)



*"It always seems impossible until it is done"*

*-Nelson Mandela*



### Central Point School District 6 - School Nutrition And Fitness

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[cpsd6food.com](http://cpsd6food.com)

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### Online Payment System

The Central Point School District has an Online Payment System available for all schools. Using a Visa, Discover, or Mastercard debit or credit card, you may make secure online payments for your students with no transaction fees. You can use the Online Payment System to pay: Student fees - athletics, student body, band, field trips, etc.

[registration.district6.org](http://registration.district6.org)

## Technology Tips From Principal Slaughter

Parents,

Ask your student to show you how to log into Clever. Ask them to show you the programs they use at school. If your student does not know how to log in, feel free to reach out to your teacher.

## Central Point Elementary School

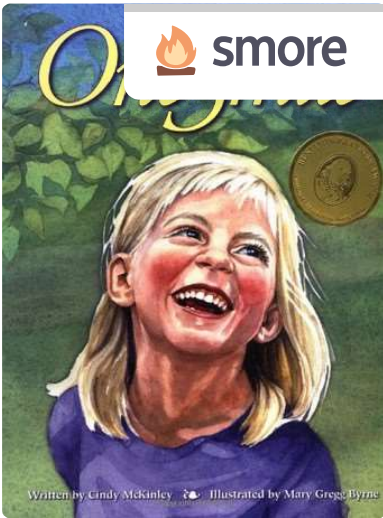
For attendance assistance or bussing assistance, please call 541.494.6507

Email: [tiffany.slaughter@district6.org](mailto:tiffany.slaughter@district6.org)

Website: <https://cpe.district6.org/>

Location: [450 South 4th Street, Central Point, OR, USA](#)

Phone: [541-494-6508](tel:541-494-6508)



## Book of the Month!

Our book of the month is *One Smile*. If you stop by one of the local libraries, see if you can check it out!

### Tiffany Slaughter

Tiffany is using Smore to create beautiful newsletters

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