

HIGHLAND SCHOOL DISTRICT #203
LYSTEDT CONCUSSION EDUCATION/COMPLIANCE
and SUDDEN CARDIAC ARREST AWARENESS REQUIREMENTS
FOR ALL YOUTH SPORTS GROUP
Annual Certification

The Zachery Lystedt Law (HB1824), was signed into law on May 14, 2009 (amending RCW 4.24.660 and adding a new section to chapter 28A.600 RCW). It requires, as of July 26, 2009, that additional steps be taken regarding concussions in school athletic programs and private non-profit youth athletic programs using school district facilities.

This bill requires training and documentation which schools must adhere to. This pertains to private non-profit youth sports groups using school district facilities as well as school teams. As of July 26, 2009 all school AND non-profit youth athletic coaches, players, and their parents/guardians must meet these minimum requirements:

1. All coaches must be trained on the symptoms and risks of concussions and head injuries, including return-to-play protocol.
2. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the youth athlete and their parent(s)/guardian(s) prior to the first practice, without which they may not participate.
3. All athletes suspected of suffering a concussion or brain injury will be removed from practice or competition and not returned to play until cleared in writing by a licensed health care provider trained in the evaluation and management of concussions (Medical Doctors, Doctor of Osteopathy, Advanced Registered Nurse Practitioner, Physicians Assistants, and *Certified & Licensed* Athletic Trainers).
4. All private non-profit youth sports groups using school facilities shall:
 - a. Provide schools with written proof of insurance covering their youth athletes with limits required by the law {The Highland School District requires a minimum of \$1,000,000.00 coverage with the Highland School District #203 to be named Certificate Holder on Certificate of Liability Insurance} and,
 - b. All coaches, players and parents of private non-profit youth teams shall have similar training yearly as outlined for school coaches, players, and parents prior to the start of any practice and,
 - c. The private, non-profit youth sports groups shall submit this statement of compliance along with their proof of insurance coverage prior to receiving access to school facilities.

HIGHLAND SCHOOL DISTRICT
Compliance Statement for HB 1824, **Youth Sports-Head Injury Policies**
and SB 5083 **Sudden Cardiac Arrest Awareness**.

This page must be on file at the District Office (ANNUALLY) or accompany the *HSD Application for Use of School Facilities*. Access to school facilities will not be granted until this page is returned and requirements of this application are complete and approved by the HSD.

_____, a private non-profit sports organization, verifies all coaches, athletes and their parent/guardian have complied with mandated policies for the **Management of Concussions and Head injuries** as prescribed by HB 1824, section 2 and **Sudden Cardiac Arrest Awareness** as prescribed by SB 5083, section 3.

Proof of insurance under an accident and liability policy issued by an insurance company authorized to do business in Washington State is on file with the Highland School District of not less than one million dollars (\$1,000,000).

Signed:

Representative of Private Non-Profit Organization

Position with organization

Date signed

*Note: Access to school facilities may not be granted until all requirements of this application are complete and approved by the school district and/or designee.