

## **ADMINISTERING MEDICINES TO STUDENTS**

In the North Middlesex Regional School District, medication may not be administered to students while at school unless such medicine is given to them by the school nurse acting under specific written request of the parent or guardian and under the written directive of the student's personal physician (see below for exceptions). Medication will be administered in accordance with the state Department of Public Health (DPH), the Board of Registration for Nurses (BORN) regulations, and the district protocols based on those regulations.

If a student has been approved for self-administration, a student who needs medication during the school day may be reminded to take the medicine by the school nurse or another individual designated by the school nurse in the student's medical administration plan. This provision only applies when the school nurse has a medical administration plan in place for the student. No one but the school nurse, and those listed in the medical administration plan acting within the above restriction, may give any medication to any student.

### **Exceptions:**

Through the district nurse leader, the school district shall register with the Dept. of Public Health and train personnel in the use of epinephrine auto-injectors.

In conjunction with the School Physician and the School Nurse Leader, the school district may stock nasal naloxone (Narcan), and trained medical personnel and first responders may administer nasal naloxone to individuals experiencing a life-threatening opiate overdose in a school setting.

If the school district wishes medical personnel to train non-medical staff in the administration of nasal naloxone, the School Committee shall vote to approve such training, and the Superintendent shall ensure that medical personnel has a written protocol that complies with medical directives and regulations from the Dept. of Public Health.

Following consultation with the school nurse, students who fall into the following exceptions may self-administer medications:

1. Students with asthma or other respiratory diseases may possess and administer prescription inhalers.
2. Students with cystic fibrosis may possess and administer prescription enzyme supplements.
3. Students with diabetes may possess and administer glucose monitoring tests and insulin delivery systems.
4. Students with life-threatening allergies may possess and administer epinephrine.

SOURCE: MASC - Reviewed 2021

LEGAL REF.: M.G.L. [71:54B](#)

Dept. of Public Health Regulations: 105 CMR 210.00; 244 CMR 3.00

**Adopted by the NMRSD School Committee:**

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