

PHYSICAL EXAMINATIONS AND MANDATED HEALTH SCREENINGS FOR STUDENTS

Every student will be screened by the school nurse or another appropriately trained screener in sight, hearing, BMI*, and for other physical problems as provided in the law and regulation. A record of the results will be kept by the school nurse.

Every student will be given a general physical examination four times: upon entering school and upon admittance to the fourth, seventh, and tenth grades. The exam will be done by the student's primary care provider. In the absence of a primary care provider to perform the physical exam, the school nurse will refer the student to the school physician and arrange for the exam to be done. The results of examinations will be a basis for determining what corrective measures or modifications of school activities, if any, should be recommended. A record of all examinations and recommendations will be maintained in the student's electronic health record.

Every candidate for a school athletic team will present the signed consent of parent or guardian in order to participate on a squad and will submit a current physical that validates a physical was done within one calendar year of the beginning of the sport and that the student is physically fit to participate in the activity. In the event that the student is unable to produce this physical, the school physician can examine the athlete with permission of the parent/guardian and complete the physical examination form.

The school physician will make a prompt examination of all children referred to them by the school nurse. They will examine school employees when, in their opinion, the protection of the student's health may require it. Except in an emergency, the school physician will not prescribe for or treat any student.

Whenever the school nurse finds a child suffering from any disease or medical problem, the situation will be reported to the parent or guardian in writing, or by personal visit if remedial treatment is recommended. A copy of the report will be filed at the school.

SOURCE: MASC

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LEGAL REFS.: M.G.L. [71:53](#); [71:54](#); [71:56](#); [71:57](#)
105 CMR 200

CROSS REF.: [JF](#), School Admissions

Adopted by the NMRSD School Committee:

Informational Review: 11/05/2020

North Middlesex Regional School District First Vote: 01/25/2021

North Middlesex Regional School District Adoption: 03/01/2021

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North Middlesex Regional School District First Vote: 03/21/2022

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