

Owatonna High School

This institution is an equal opportunity provider

APRIL 2024

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Steamed Mixed Veggies Fresh Veggies Mandarin Oranges Fresh Fruit	Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	Orange Chicken w/ Brown Rice Pilaf Steamed Broccoli Fresh Veggies Mixed Berries Fresh Fruit	Sloppy Joe Roasted Corn Cobette Creamy Cucumber Salad Fresh Veggies Applesauce Fresh Fruit JonnyPops Freezer Pop	Cheeseburger or Hamburger or Veggie Burger Baked Beans Potato Salad Chilled Pears Fresh Fruit
Italian Dunkers w/ Marinara Sauce Glazed Carrots Caesar Salad Pineapple Tidbits Fresh Fruit	Walking Tacos w/ Churro Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	Boneless Chicken Wings w/ Dinner Roll Mashed Potatoes & Gravy Fresh Veggies Orange Strawberry Mix Fresh Fruit	BBQ Little Smokies w/ Mac & Cheese & Garlic Breadstick Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit JonnyPop	Original or Spicy Breaded Chicken Sandwich Curly Fries Fresh Veggies Chilled Pears Fresh Fruit
French Toast Sticks w/ Cheesy Omelet Smiley Potatoes Fresh Veggies Mandarin Oranges Fresh Fruit	Cheeseburger or Hamburger or Veggie Burger Buttery Steamed Corn Fresh Veggies Chilled Peaches Fresh Fruit	Chicken Lo Mein w/ Sunflower Seeds & Cheez-Its Honey Sriracha Edamame Fresh Veggies Pineapple Orange Mix Fresh Fruit Fortune Cookie	Loaded Baked Potato w/ Soft Pretzel Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	Garlic Parmesan Crusted Cod w/ Garlic Knot or Hamburger or Cheeseburger Seasoned Fries Italian Lettuce Salad Chilled Pears Fresh Fruit
Cheese Filled Breadstick Bites w/ Marinara Sauce Oven Roasted Asparagus Fresh Veggies Pineapple Tidbits Fresh Fruit	Chipotle Bar Fiesta Beans Corn Bean Salsa Fresh Veggies Chilled Peaches Fresh Fruit	Corn Dog Jicama Fries Fresh Veggies Baked Cinnamon Apples Fresh Fruit Gel Fruit Cup	Lasagna Rollup w/ Garlic Breadstick Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit	Philly Cheesesteak Sweet Potato Fries Peppers & Onions Fresh Veggies Chilled Pears Fresh Fruit

FREE MEALS FOR ALL STUDENTS
 All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
 Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.00

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.