



Emerson High School

2023-2024

Session 3 Newsletter

Special points of interest:

- **NO SCHOOL**, Winter Break, Mon., 12/18-Mon. 1/1
- **NO SCHOOL**, MLK Jr. Day., Mon. 1/15
- Summatives for Session 4, DUE Wed., 1/24
- Summative Workshops Thurs., 1/25 & Fri., 1/26
- End of 2nd Quarter, 1/26

SESSION 4

Starts: December 11

Ends: January 26

Emerson High School
10903 NE 53rd Street
Kirkland, WA 98033

Phone:
425-936-2300

Fax:
425-576-0567

Attendance Line:
425-936-2306

Website:
www.lwsd.org/EmHs



From the Principal

We've entered the quick sprint before Winter Break — only about 1 week to go! hope you are staying dry and warm during these wet and windy days.

As we approach the mid-year point, it is important to remind your student(s) to stay focused and productive at school. Many students have been placed on academic/attendance probation and while the social aspect of school is important, we exist to move students toward graduation and when/if they are not making adequate academic progress, it is time to reevaluate whether or not Emerson High School is the right fit.

If you're interested in a scheduled progress meeting with your student and their advisor, please contact them directly; staff emails are on the last page of the newsletter.

Have a great break!

Nell



DAILY SCHEDULE 2023-24

8:00-8:55	1st Period
9:00-9:50	2nd Period
9:55-10:40	3rd Period
10:45-11:35	4th Period
11:35-12:05	LUNCH
12:10-1:00	5th Period
1:05-1:55	6th Period
2:00-2:50	7th Period

Wednesday Schedule

8:00-8:45	1st Period
8:50-9:35	2nd Period
9:40-10:25	4th Period
10:30-11:15	5th Period
11:15-11:40	LUNCH
11:45-12:30	6th Period
12:35-1:20	7th Period

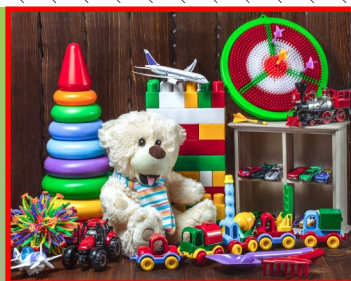
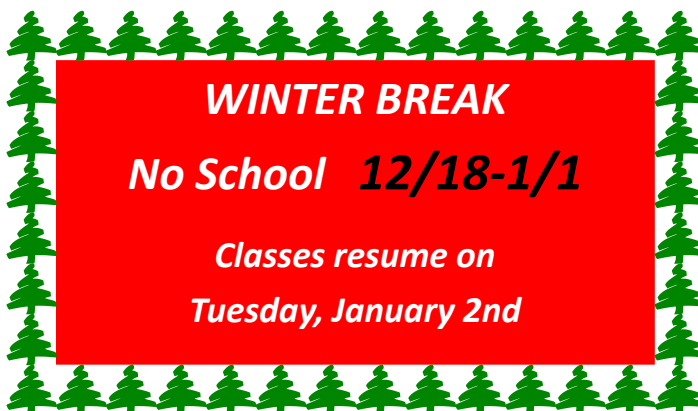
LEARNING CENTER

Morning Learning Center

8:00-9:55 AM Mon-Fri

Evening Learning Center

3:00-5:00 PM Mon., Tues & Thurs



Emerson High School ASB Leadership
annual **Emerson Toy Drive**
is continuing through Dec. 14th!!

We plan to donate the toys we collect to local families in need. Our goal is to collect 100 toys for families in our community

who would not otherwise be able to purchase presents for their children. **Please donate new unwrapped toys today!**

There is a large collection box in the Emerson High School main office.

Please, no cash or checks. For more information email

Dan Kaufman at dakaufman@lwsd.org or Will Gardner at wgardner@lwsd.org.

District News

INCLEMENT WEATHER CLOSURE INFORMATION

When emergency conditions such as snow and ice or windstorms result in school schedule changes, here are some ways to find out about what is happening:

- Pop-up alert on <https://www.lwsd.org/> and school webpages.
- [Flashalert.net](https://www.flashalert.net/) – This website allows you to sign up for text messages as well.
- Local TV/radio stations – They get a feed from Flashalert.net of all school schedule change decisions.

Curious how school schedule change decisions are made? You can learn how to be updated when school is delayed or canceled on the [School Closures and Late Starts page](#) of the district website.



WINTER WEATHER TIPS FOR STUDENT METRO RIDERS

Winter weather in this area can make travel very unpredictable. Many LWSD students rely on Metro to get them to and from school. Metro would like you to be reminded of possible delays, route changes or cancellations because of winter weather.

When waiting for a bus in these conditions, the best place to catch the bus is along a major arterial. Wait at the top or bottom of hills, and wait back from the curb. Please remember that Metro buses may be more crowded than usual and not always on schedule, so dress warmly and be prepared for delays.

You can sign up for Transit Alerts! It's easy and free to sign up for email or text alerts about King County Metro service. Alerts can be tailored to your favorite route (s).

Visit the link for sign up:

<https://kingcounty.gov/depts/transportation/metro/alerts-updates/signup.aspx>

School News

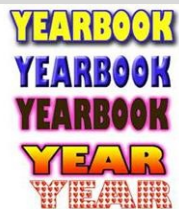
HOLIDAY WREATH FUNDRAISER RESULTS

Emerson High School sold 34 holiday items from Alpine Farms! Our net profit was over \$350.00!

Proceeds from the fundraiser will go to future EMHS ASB activities.

Thank you again for supporting EMHS ASB!!





The only medications that can be self-carried by students are epipens and emergency inhalers.

We must have proper documentation for students to self-carry these meds.



YEARBOOKS

If you did not purchase a 22-23 yearbook, you still can!! Cost for hardcover is \$28 and softcover is \$18 (includes tax & shipping). Please write check, to EMHS, and give to Mary in the main office.

COSTS FOR 2023-24 YEARBOOKS

Soft cover \$20.00 Hardcover \$27.00

Yearbooks **CANNOT** be purchased directly on the TreeRing site. Only purchase through Office Manager.

MEDICATION AT SCHOOL

Students are NOT allowed to have medication at school, this includes non-prescription medication like Advil, Tylenol, etc. All medication must be cleared through the Emerson Office, contact Sally Jenkins, our Health Room Office Professional as soon as possible.

Parents/guardians are responsible for:

- ◆ Supplying all medications/transporting medication to and from school.
- ◆ Completing required medication authorization forms. **An authorization to administer medication form must be turned in for each medication - whether prescription or non-prescription. The form must be signed by the health care provider and parent and/or guardian. Medication cannot be given without the completed form.**
- ◆ All prescribed medication must be in the original, labeled prescription bottle, container or package.
- ◆ All non-prescription medication must be in original container and labeled by the parent, including: Student Name, Medication Name, Dosage, Date Issued, Name of Health Care Provider, and Time medication is to be given.

Scheduled medications are given between 11:00 AM - 1:00 PM only.

STUDENT COURSE FEES

Don't forget that If your child is taking an Art or Culinary Arts course, there are fees which are due each semester!

Please make checks payable to Emerson High School and turn in to Mary in the main office. You are also able to pay fees with a credit card online through Family Access for a small fee.

Art 1 or 2, Studio Art, & 2D Art 1 or 2 \$25.00

Art Independent Study \$25.00

Culinary Arts I or II \$10.00

Scholarships are available. Contact your child's teacher or Mary in the main office at mosness@lwsd.org



**You can reach
Wendy:**

wsimmons@lwsd.org

**Mondays through
Fridays
7:45-4:15 pm**

**Please feel free to
contact me to
schedule a meeting
to talk with you
and/or your
student at
(425) 936-2300 or
wsimmons@lwsd.org**

**You can reach
Crysta:**

c-ccady@lwsd.org

**Mondays 9:30-2:45
Tuesdays 9:30-2:50
Thursdays 10:00-
2:30
Fridays 9:30-2:50**

**I can be reached
at (425) 517-1375
where a message
can be left or
c-ccady@lwsd.org or
crystac@youtheastside.org
eservices.org**



Counselor Corner

Page 4

Words from Wendy & Crysta

Here are some resources for families to manage stress during the holiday season, as well as supporting your child with their mental health and for supporting adults in the home. As always, we are happy to support in any way we can and highlight some resources.

Information on taking care of mental health during the holiday season:

<https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/stress/art-20047544>

<https://mhanational.org/blog/5-things-do-when-holidays-arent-exactly-uplifting>

<https://www.nami.org/blogs/nami-blog/november-2015/tips-for-managing-the-holiday-blues>

Wonderful articles on supporting your child's mental health at home:

<https://www.mhanational.org/helping-home-tips-parents>

<https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/development/mental-health-resources/>

<https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Mental-Health/Mental-Health-Resources-For-Parents-of-Adolescents.aspx>

Financial & Mixed/Multi-Support:

Catholic Community Services—Catholic Community Services offers assistance to those in need who qualify when funds are available. Among these services are Eviction prevention and move-in assistance, Rental Assistance with case management and Utility assistance. To apply or receive more information please call for intake times. "

Washington Connection—One online form to fill out to determine what, if any, federal, state, and local benefits the family qualifies for. This may include cash, food, and medical benefits. The hard part about this process is providing verification documentation such as paystubs, lease agreements, etc. through the online portal

Financial Assistance through **Hopelink** is done via phone interviews: (425) 869-6000 (Hopelink Redmond Market and Service Center)

Muslim Community Resource Center—Provides multiple services including food, legal resources, and healthcare. You do not have to be a part of the Muslim community to receive assistance

Sound Generations Meals on Wheels—Delivering so much more than a meal!

HAPPY HOLIDAYS!

WWW.NWGRAD.COM



SENIOR MEETING

We had our 2023-24 senior meeting on **November 9**. Senior advisors Tracy and Dan K. went over graduation deadlines and requirements to help seniors stay on track.

The Jostens rep was available to talk about preserving the memories of this milestone year for seniors. Students will learn about the products they offer including, caps & gowns, announcements, class rings, and much more. Students can take home order forms which can be returned to the main office or orders can be placed online at www.nwgrad.com.



SENIOR WEEK AT JOSTENS HAPPENED Nov. 13—19

If you missed out on ordering during senior week—the deadline for \$20 off your grad Cap & Gown has been extended through 12/15!!!



You can still place your order for your required cap/gown unit and any other graduation items you would like to be prepared for the Emerson High School graduation ceremony and celebrate this wonderful accomplishment by picking up an order packet from Dan K.

See the attached flyer for how to order online directly with Jostens!



2024 Senior Graduation Deadlines

Updated 10-31-23

Below are deadlines for graduating seniors if participating in the EMHS graduation ceremony on Friday, June 14, 2024:

- **Tests Required to Pass for Graduation or Meet an Alternate Graduation Pathway*:**

- Smarter Balanced Assessment (SBA) English/Language Arts (ELA) Test
- Smarter Balanced Assessment (SBA) Math Test

**Please check with our Counselor, Wendy Simmons, to make sure you have met/will meet the requirement.*

- **April 19** - Photos to Stephanie for senior multimedia presentation (senior photos, baby photos, photos at any age, etc.). Email Stephanie at stmonaghan@lwsd.org
- **June 7** - LWSD fees/fines need to be paid and district books returned if finished using them.
- **June 7** - All assignments turned in to teachers for grading.
- **June 12** - All district books and/or other materials returned.
- **June 12** - All school work, all graduation requirements, and all credit needs to be completed.

Below are deadlines for all other seniors graduating in 2024 but **not planning on participating** in the EMHS graduation ceremony:

- **Tests Required to Pass for Graduation or Meet an Alternate Graduation Pathway*:**

- Smarter Balanced Assessment (SBA) English/Language Arts (ELA) Test
- Smarter Balanced Assessment (SBA) Math Test

**Please check with our Counselor, Wendy Simmons, to make sure you have met/will meet the requirement.*

- **June 14** - All LWSD fees/fines need to be paid.
- **June 20** - All school work, all graduation requirements, and all credit needs to be completed. All district books and/or other materials returned.

For more complete information on graduation requirements please visit the Washington State Board of Education at: <http://www.sbe.wa.gov/graduation.php#WC3p8eSQyM9>

ABOVE DEADLINES SUBJECT TO CHANGE

FINANCIAL AID AND SCHOLARSHIP INFORMATION

TheWashBoard.org is a free, student-centered, online clearinghouse for Washington students seeking college scholarships. This user-friendly site allows students to search and apply for verified scholarship opportunities that are specific to their academic interests, college, university, or other criteria. The Washington Student Achievement Council (WSAC) is the customer service provider for theWashBoard.org. <http://www.thewashboard.org/login.aspx>

Financial aid and scholarship wizard - US Department of Education financial aid and scholarship wizard. http://studentaid2.ed.gov/getmoney/scholarship/scholarship_search_select.asp?9733

SallieMae - Scholarship Search - College Answer features over 600,000 scholarships, grants, tuition waivers, internships, and fellowships. <http://go.salliemae.com/scholarship/>

Scholarship Scams – Valuable information from the Federal Trade Commission.

College Board Scholarship Search - Locate scholarship and other information that matches your educational level, talents, and background. <http://www.consumer.ftc.gov/articles/0082-scholarship-and-financial-aid-scams>.

For more information on student financial assistance in Washington, contact us at:

**Washington Student Achievement Council, Email: finaid@hecb.wa.gov
Phone: 1-888-535-0747 or 360-753-7800.**

Scholarships

SCIENCE AMBASSADOR SCHOLARSHIP

A full-tuition scholarship for women and non-binary students in STEM. Funded by Cards Against Humanity. There is one award for \$40,000.

Film a three-minute educational video of yourself explaining a STEM topic you're passionate about.

An advisory board of women and non-binary professionals who hold higher degrees and work in a broad range of STEM fields will review applications and select finalists. Finalists will be notified in early 2024 to submit additional materials. A winner will be announced in April 2024.

For more information and to apply, visit: <https://www.scienceambassadorscholarship.org/>

DUE DATE: Dec. 13, 2023

NATIONAL EAGLE SCOUT ASSOCIATION SCHOLARSHIPS — 32 \$10,000 Awards

Congratulations on achieving the coveted rank of Eagle Scout. You have just begun your life journey and with the skills and character you've developed in Scouting, you have a solid foundation to build upon. As a future leader, Eagle Scouts like you, are critical to preserving the fabric of our great nation.

The National Eagle Scout Association is proud to offer scholarships that can help you continue your educational adventure.

For more information, visit: <https://nesa.org/scholarships/>

DUE DATE: Jan. 31, 2024



Scholarships—continued

BREANNA COLEMAN MEMORIAL NURSING SCHOLARSHIP

Breanna Coleman was one of five people lost in a car accident late in the night on June 25th, 2023. Breanna was only 18 years old and had just graduated from Gateway High School, completed her Dual Enrollment requirements, and was set to begin the nursing program at the University of North Florida in Jacksonville, Florida, in the Fall. Bre had her whole life ahead of her, and she just wanted to use her career to help people.

This scholarship seeks to honor the life of Breanna Coleman by supporting students who share her passion for nursing and helping others.

Any high school senior who will be a first-generation college student pursuing a four-year degree in nursing may apply for this scholarship if they have volunteering and extracurricular involvement.

For more information, please visit: <https://studentscholarships.org/scholarship/27824/breanna-coleman-memorial-nursing-scholarship>

DUE DATE: Jan. 24, 2024

BAER REINTEGRATION SCHOLARSHIP—10 AWARDS OF \$5,000

Until recently, the idea that people with schizophrenia or bipolar disorder could move their lives forward or even reintegrate into their communities was thought by many to be unrealistic and unobtainable. But with the advent of newer medications, lives have been transformed.

However, medication is only the first step. The support of people and programs in the community is essential. Opening the door to educational opportunities is one way to help people with schizophrenia or bipolar disorder transition from a world of chaos and withdrawal to one of accomplishment.

The goal of the Baer Reintegration Scholarship is to help people with schizophrenia, schizoaffective disorder or bipolar disorder acquire the educational and vocational skills necessary to reintegrate into society, secure jobs, and regain their lives.

The Baer Reintegration Scholarship is funded by the Sidney R. Baer, Jr. Foundation which supports the efforts of organizations working to stimulate education, research and direct care in the mental health field. A businessman and consultant, Mr. Baer personally faced mental health challenges during his life and sought to alleviate the suffering of those living with mental illness.

To be eligible for the scholarship, a student must:

- Be diagnosed with bipolar disorder, schizophrenia, or schizoaffective disorder
- Be age 18 years or older by the beginning of the 2024-2025 academic school year.

For more information, visit: <https://www.reintegration.com/2023-application-process>

DUE DATE: Jan. 31, 2024



Staff Emails

Page 9

Nell Ballard-Jones Principal nballard-jones@lwsd.org	Sally Jenkins Registrar/Secretary sjenkins@lwsd.org	Mary Osness Office Manager/Bookkeeper mosness@lwsd.org
Tracy Bumgarner CTE/Child Lab tbumgarner@lwsd.org	Dan Kaufman CTE/ASB Leadership dakaufman@lwsd.org	Courtney Rayburn Infant Daycare Specialist IA crayburn@lwsd.org
Crysta Cady (Prins) EMHS Behavioral Health Support Specialist c-ccady@lwsd.org	Timothy Lee Security tilee@lwsd.org	Chelstin Ross Art cross@lwsd.org
Annette Fechenbach School Nurse afechenbach@lwsd.org	Kelly Marth Psychologist kmarth@lwsd.org	Wendy Simmons School Counselor wsimmons@lwsd.org
Allison Fernald YES Intern C-afernald@lwsd.org	Emily Mitchell Social Studies/English/Night School emitchell@lwsd.org	Lorrie Thomas Infant Daycare Supervisor IA lthomas@lwsd.org
Andrea Frankenfeld English/Social Studies/Morning LC afrankenfeld@lwsd.org	Stephanie Monaghan English /Social Studies/Psychology stmonaghan@lwsd.org	Daniel Weiss Science/CTE dweiss@lwsd.org
Michelle Fraley Math/Morning LC & Night School mfraley@lwsd.org	Andrew Nisargand Library IA/Webmaster anisargand@lwsd.org	Sarah Wiegand Associate Principal sawiegand@lwsd.org
Will Gardner IEP & 504 Case Manager wgardner@lwsd.org	Justin Ochsner Math/CTE jochsner@lwsd.org	

**Emerson High School's
main office number is:**

425-936-2300

**with office hours of
7:30 AM – 4:00 PM
daily.**

**If you are calling
before or after office
hours, you may leave a
message for the main
office by pressing 2.**

**Please communicate
late arrivals and
absences on the
EMHS**

**Attendance Line at:
425-936-2306**



The Lake Washington School District does not discriminate on the basis of race, color, national origin, sex, disability, age, gender, marital status, creed, religion, honorably discharged veteran, military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained guide dog or service animal by a person with a disability, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: