

Kings Canyon USD
MIDDLE SCHOOL LUNCH
MIDDLE SCHOOL MENU
LUNCH MENU
April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 NO SCHOOL TODAY	Apr - 2 Taco, CrispUps, 6-12 Bean/Cheese Burrito SOUTHWEST SALAD Vegetable Medley Corn on the Cob Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 3 ORANGE CHICKEN; 6-12 WGR Grilled Cheese SALAD CHICKEN CAESAR SALAD Harvest BAKED BEANS Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 4 WGR Beef Rib Q Cheese Quesadilla Chicken Fajita Salad Steamed Broccoli SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Apr - 5 PIZZA MAX STIX CHEESE WGR Chicken Burger Spicy Chix Strip Salad SALAD Harvest GREEN BEANS Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Apr - 8 Bean/Cheese Burrito DELI SANDWICH CHINESE CHIX SALAD CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 9 Taco, CrispUps, 6-12 Beef/Cheese Taco Stick SALAD Harvest Taco Salad GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Apr - 10 WGR Chicken Burger WGR Corn Dog Spicy Chix Strip Salad SALAD Harvest POTATO WEDGES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 11 WGR TexMex Bowl Chicken Smackers Chicken Fajita Salad Vegetable Medley SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Apr - 12 WGR Grilled Cheese WGR French Bread Pizza SOUTHWEST SALAD BAKED BEANS SALAD Harvest Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Apr - 15 WGR Chicken Strips Smokey's Cheeseburger Taco Salad CARROTEENIES Corn on the Cob 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Apr - 16 WGR Beef Rib Q Cheeseburger Buddies CHINESE CHIX SALAD SALAD Harvest BEANS REFRIED SPICY Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 17 BEEFY NACHOS Chicken Smackers Spicy Chix Strip Salad Vegetable Medley SALAD Harvest Raisels, Variety MILK - Variety* Assorted Condiments	Apr - 18 Carnitas & Rice Burrito WGR Hot Dog SOUTHWEST SALAD SALAD Harvest CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 19 Mac and Cheese WGR Pizza Wedge Chicken Fajita Salad SALAD Harvest POTATO WEDGES Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Apr - 22 Cheese Quesadilla NACHOS; TURKEY TACO Taco Salad CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 23 Teriyaki Bowl 6-12 WGR Grilled Cheese Spicy Chix Strip Salad SALAD Harvest GREEN BEANS, SPANISH 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Apr - 24 WGR Chicken Burger Beef/Cheese Taco Stick CHINESE CHIX SALAD BAKED BEANS SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Apr - 25 Taco, CrispUps, 6-12 Cheeseburger Buddies Chicken Fajita Salad CARROTEENIES SALAD Harvest Raisels, Variety MILK - Variety* Assorted Condiments	Apr - 26 Bean/Cheese Burrito WGR Pizza Wedge SOUTHWEST SALAD POTATO WEDGES SALAD Harvest Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Apr - 29 BEEFY NACHOS WGR Hot Dog CHINESE CHIX SALAD Corn on the Cob CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Apr - 30 WGR Grilled Cheese DELI SANDWICH Taco Salad SALAD Harvest CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments			

This institution is an equal opportunity provider.

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