

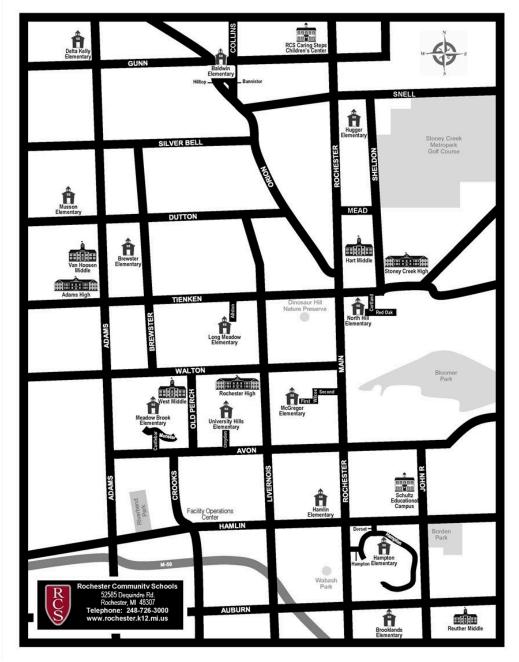


## WINTER-SPRING 2025 REGISTRATION OPENS DECEMBER 2 (unless otherwise noted)



# REGISTER ONLINE: https://rochesteronline.ce.eleyo.com

### **DISTRICT MAP**



Identification Statement Issue: Winter-Spring 2025 Title: RCS Enrichment Brochure Issue Date: November 2024 Rochester Community Schools 52585 Dequindre Rd., Rochester, MI 48307

#### **ROCHESTER COMMUNITY SCHOOLS**

Our mission is to provide a quality education in a caring atmosphere so all students can attain the necessary skills and knowledge to become lifelong learners and contribute to a diverse, interdependent and changing world.

<u>Administration</u> Nicholas Russo...... Superintendent Neil DeLuca...... Deputy Supt. of Teaching & Learning David Murphy...... Asst. Supt. Human Resources

Rochester Community Schools, pursuant to the requirements of Titles IV and VII of the Civil Rights Act of 1964, and Title IX of the Education Amendment of 1972, and Section 504 of the Rehabilitation Act of 1973, does not discriminate against applicants, employees, or students on the basis of race, color, religion, sex, handicap or national origin in its employment policies and/or education programs or activities.

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#### Guidelines for Classes with Potential Commercial Content

• Within the school property boundary, the institution should not sell a product or services from which the institution can financially benefit; however, products or services may be recommended if the instructor is not affiliated with the product.

• The cost of classroom supplies sold on site by the instructor should not exceed local retail value.

• Literature, including flyers and business cards, may be made available to participants before or after class time only upon the request of the participant.

• Rochester Community Services and its administration are not responsible for any activities that take place outside of the class between the teacher and participants.

Americans with Disabilities Act Rochester Community Services will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access and participate in our programs, facilities and services.



### GENERAL INFORMATION & REGISTRATION PROCESS

#### Rochester Community Schools Enrichment Department 52585 Dequindre Rd. Rochester, MI 48307 (248) 726-3165

#### **REGISTRATION OPTIONS**

- Online at: http://rochesteronline.ce.eleyo.com Click on Enrichment, then start exploring.
- In Person By Appt Only: 52585 Dequindre Rd., Rochester, MI 48307 Monday-Friday 8:00am-4:00pm.
- Via Mail: Send completed registration form with payment to: Enrichment, 52585 Dequindre Rd., Rochester, MI 48307 (registration forms can be found online on our district website).

#### ENRICHMENT INFORMATION

- Adult classes are open to persons age 18 and older, unless otherwise indicated.
- Classes are funded by your fees.Classes that do not meet established minimums will have to be cancelled. **Cancellation status is** normally determined 2 business days prior to the program start date.
- Rochester Community Schools and its administration are not responsible for any activities that take place outside of the class between the teacher and participants.

#### CONFIRMATION

When you register for RCS Enrichment classes, you will receive a confirmation email and receipt. You may also receive an email if your class information has changed.

#### MATERIAL FEES

All material fees listed in class descriptions are paid to the instructor at the first class. Before purchasing supplies, check with the office to be sure your class will be meeting.

#### **RETURNED CHECKS**

A \$25 fee will be assessed for all returned checks. Your check will no longer be accepted; pay by credit card or cash.

#### PHOTO/VIDEO RELEASE POLICY

Pictures and/or video recordings are often taken at our programs. By participating in our programs you recognize and agree that Rochester Community Schools may use these photos/videos for future promotions. Please contact the Enrichment Department if you do not wish for your child to be photographed.

#### CANCELLATIONS / POSTPONEMENT

If Rochester Community Schools are closed due to weather or other emergency conditions, the Enrichment classes are also cancelled. *Whenever possible, cancelled classes will be made up. No refunds will be given if a make-up date is available. If group swim lessons are cancelled there are no make-up dates; open swim passes will be issued.* Students in the Rochester School District have priority in the use of school buildings for school functions. On occasion, classes might be relocated or suspended for a night due to building activities. We will give advance notice when possible.

## PLEASE REGISTER EARLY! Don't let your class be cancelleddue to low enrollment!

https://rochesteronline.ce.eleyo.com

### **REGISTRATION & REFUND POLICIES**

#### **REGISTRATION POLICIES**

• Registration closes at 12pm two business days prior to the start of the first class (ex. classes starting Monday need to register by the prior Thursday before 12pm).

#### **GENERAL REFUND POLICIES**

- A full refund will be granted for all programs cancelled by the instructor/Enrichment. If a class is adjusted as to time, dates or location by Enrichment and you cannot attend, a full refund will be issued.
- Enrollee-requested refunds requested at least 7 days prior to the start of the class will be assessed a \$10 service fee. Regardless of when you have registered.
- Enrollee-requested refunds requested 6 days or less and prior to the start of the second class will be assessed a \$25 service fee, unless otherwise noted below. Regardless of when you have registered.
- Refunds, transfers, or cancellations WILL NOT be allowed after the SECOND class has been held, regardless of attendance or sign-up date.
- Camps (programs meeting 3 days or more in the same week), Private Music Lessons, and Lifeguard Training Courses: Enrollee-requested refunds requested at least 7 days prior to the start of the program will be assessed a \$10 service fee. There will be <u>NO</u> refunds, transfers, or cancellations if requested less than 7 days prior to the program start date. Regardless of when you have registered. In addition there will be <u>NO</u> refunds on the course record fee for Lifeguard Training Courses, which is \$46.
- Substitution of participants is NOT allowed.
- Cancellations made due to an emergency will receive a pro-rated refund, minus a \$10 service fee if approved by the Enrichment Department.
- Punch cards will not be refunded or replaced for any reason, as they have no expiration date.

*Enrichment Services* (248) 726-3165

Sarah Mallets	Supervisor
	Enrichment Secretary
Michelle Akers-Berg	BASES/Intramural Secretary
	Aquatics Programmer
TBD	Enrichment Clerk

SUMMER OFFICE HOURS Monday-Thursday: 7:00am-4:00pm In-person registration by appointment only.

#### **REGULAR OFFICE HOURS**

Monday-Friday: 8:00am-4:00pm In-person registration by appointment only.

Register online anytime: https://rochesteronline.ce.eleyo.com or www.rochester.k12.mi.us Click-Enrollment, then Enrichment, use the "Register Here" button, then "Start Exploring" under Enrichment.

### BASES GENERAL INFO/ADDT DETAILS PAGE 4-5

#### **REGISTRATION INFORMATION**

Registration is easy via online or on the phone. Please do not send registrations to your child's school. If you would like your child to attend a BASES class at a different school, parents are responsible for providing transportation between schools. Classes do fill quickly, so register early to avoid disappointment! Registration closes at 12pm two business days prior to the start of the first class. There are NO late registrations.

#### FINANCIAL AID (see page 12)

Financial aid may be available. Call (RAYA) Rochester Area Youth Assistance at 248-656-3558 as soon as possible, as the process takes some time.

#### **CLASS MAKEUP**

No refunds or transfers will be given if a child cannot attend a scheduled session. In the event a class cannot be held due to an instructors absence, building/technology issue, etc. a make-up session will be added to your class schedule.

#### SNACK POLICY

Do not bring any food items of any kind to our BASES classes, unless medically necessary and approved by the Enrichment department prior to the program start date.

#### LATE PICKUP

Children cannot walk home from BASES classes. You must be on time to pick-up children. BASES cannot guarantee supervision after class. If parents are late picking up their child, they will be charged \$20 for the first 15 minutes, and \$10 for each 15 minutes thereafter. An invoice will be emailed and full payment must be paid prior to attending the next schduled session.

### BASES



#### MAD SCIENCE: NASA ACADEMY OF FUTURE SPACE EXPLORERS (AGES 5-12)

NASA and Mad Science collaborate to educate the next generation! Children go on a voyage of discovery to space with unique hands-on activities and amazing demonstrations. They explore the sun and stars, space technology, rocket science, the atmosphere, planets and moons, supernovas and more! **\*\*Please note, once this class has begun no refunds will be issued for cancellations.** • Instructor: Mad Science • 5 Session(s) — \$137 • Classes will be held in the art room.

Course #9156-03 Mon 4:05 PM - 5:05 PM • Jan. 27-March 3 • Brooklands • No class Feb. 17 Course #9156-06 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • Hampton • No class Feb. 18 Course #9156-07 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • Hugger Course #9156-17 Mon 3:20 PM - 4:20 PM • April 7-May 12 • Delta Kelly • No class April 21 Course #9156-21 Wed 4:05 PM - 5:05 PM • April 9-May 7 • Long Meadow Course #9156-22 Tue 4:05 PM - 5:05 PM • April 8-May 6 • McGregor Course #9156-26 Thur 3:20 PM - 4:20 PM • April 10-May 8 • University Hills

### BASES

#### **CHESS WIZARDS (AGES 5-11)**

Chess Wizards is one of the nation's premier chess education companies. Our interactive, discover-based curriculum inspires students to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Our classes are geared to suit children of all skill levels; from chess-ling to checkmate artist, students will build upon their knowledge through lessons, tournaments, variation games and more! More than just a game of winning and losing, we make learning chess FUN! • Instructor: Chess Wizards



• Classes will be held in the the art room. • 5 Session(s) — \$125

Course #9193-01 Mon 3:20 PM - 4:20 PM • Jan. 27-March 3 • Baldwin • No Class Feb. 17 Course #9193-02 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • Brewster • No Class Feb. 18 Course #9193-04 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • Delta Kelly • No Class Feb. 18 Course #9193-05 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • Hamlin Course #9193-08 Mon 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • Hamlin Course #9193-11 Thur 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • North Hill Course #9193-12 Wed 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • North Hill Course #9193-13 Thur 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • University Hills Course #9193-15 Tue 3:20 PM - 4:20 PM • April 10-May 8 • Baldwin Course #9193-15 Tue 3:20 PM - 4:20 PM • April 10-May 8 • Brooklands Course #9193-16 Thur 4:05 PM - 5:05 PM • April 9-May 7 • Hamlin Course #9193-20 Tue 3:20 PM - 4:20 PM • April 7-May 12 • McGregor • No Class April 21 Course #9193-23 Wed 4:05 PM - 5:05 PM • April 7-May 12 • University Hills • No class April 21



#### CHALLENGE ISLAND: BELIEVE IT OR NOT ISLAND (AGES 5-11)

Take a deep breath and dive into the most mind-blowing, jaw-dropping, eye-popping island ever! You and a STEAM Team of friends will take on unbelievable engineering challenges inspired by zany, wacky, wild, 100% true facts! From spaghetti trees to skateboard parks, from muddy marathons to Mount Kilimanjaro and elephants crossing bridges, "Believe it or Not Island" is sure to be an all-time record breaker! • Instructor: Challenge Island (Oakland County East) • 5 Session(s) — \$100

• Classes will be held in the the art room.

**Course #9022-03** Wed 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • Brooklands **Course #9022-09** Mon 4:05 PM - 5:05 PM • Jan. 13-Feb. 10 • McGregor • 4 sessions \$80, No class Jan. 20 **Course #9022-10** Tue 4:05 PM - 5:05 PM • Jan. 21-Feb. 11 • Meadow Brook • 4 sessions \$80 **Course #9022-12** Thur 4:05 PM - 5:05 PM • Jan. 23-Feb. 20 • North Hill **Course #9022-15** Mon 3:20 PM - 4:20 PM • April 7-May 12 • Brewster • No class April 21 **Course #9022-18** Thur 3:20 PM - 4:20 PM • April 10-May 8 • Hamlin **Course #9022-19** Wed 3:20 PM - 4:20 PM • April 9-May 7 • Hampton **Course #9022-21** Tue 4:05 PM - 5:05 PM • April 8-May 6 • Long Meadow

### BASES



#### DRAWING WITH YOUNG REMBRANDTS (AGES 5-11)

Transform afterschool into an adventure of art and discovery with YR! Your elementary-aged artist will explore basic composition with our Fish Below Ice drawing and will travel to the Great Wall of China right from their desk. Franz Marc's Blue Horse will be the subject of our art history lesson. We will draw cartoons too! Have Fun Learning while Drawing with Young Rembrandts! • Instructor: Young Rembrandts • 5 Session(s) — \$118 • Classes will be held in the the art room.

Course #9116-01 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • Baldwin Course #9116-02 Mon 3:20 PM - 4:20 PM • Jan. 27-March 3 • Brewster • No class Feb. 17 Course #9116-04 Thur 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • Delta Kelly Course #9116-05 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • Hamlin • No class Feb. 18 Course #9116-06 Thur 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • Hampton Course #9116-07 Mon 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • Hampton Course #9116-08 Tue 4:05 PM - 5:05 PM • Jan. 21-Feb. 25 • Long Meadow • No class Feb. 18 Course #9116-10 Thur 4:05 PM - 5:05 PM • Jan. 21-Feb. 20 • Meadow Brook Course #9116-11 Mon 4:05 PM - 5:05 PM • Jan. 23-Feb. 20 • Meadow Brook Course #9116-12 Tue 4:05 PM - 5:05 PM • Jan. 21-Feb. 25 • North Hill • No class Feb. 18 Course #9116-13 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • University Hills



#### YOUNG REMBRANDTS DRAWING AND CARTOONING (AGES 5-12)

Get Ready for Cartoon Drawing Fun with YR! We will prove that our sun and moon are more than just balls floating in the sky. Via the power of drawing, YR kids will transform these celestial friends into wacky cartoon characters with hilarious personalities. Our drawings of cute little comical forest creatures will truly have our students laughing-out-loud and we will also learn how to tell a funny story as we draw a humorous bird feeding sequence. Creativity, imagination and the whole brain learning thing are all happening in the YR classroom. Instructor: Young Rembrandts • 5 Session(s) — \$118

• Classes will be held in the the art room.

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Course #9118-14 Tue 3:20 PM - 4:20 PM • April 8-May 6 • Baldwin
Course #9118-15 Wed 3:20 PM - 4:20 PM • April 9-May 7 • Brewster
Course #9118-17 Thur 3:20 PM - 4:20 PM • April 10-May 8 • Delta Kelly
Course #9118-18 Tue 3:20 PM - 4:20 PM • April 8-May 6 • Hamlin
Course #9118-19 Mon 3:20 PM - 4:20 PM • April 7-May 12 • Hampton • No class April 21
Course #9118-20 Thur 3:20 PM - 4:20 PM • April 10-May 8 • Hugger
Course #9118-21 Mon 4:05 PM - 5:05 PM • April 7-May 12 • Long Meadow • No class April 21
Course #9118-23 Mon 4:05 PM - 5:05 PM • April 7-May 12 • Meadow Brook • No class April 21
Course #9118-24 Thur 4:05 PM - 5:05 PM • April 7-May 15 • Musson
Course #9118-25 Wed 4:05 PM - 5:05 PM • April 9-May 7 • North Hill
Course #9118-26 Tue 3:20 PM - 4:20 PM • April 8-May 6 • University Hills
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Registration information Page 4-5 See online descriptions for what to bring to class.

### BASES



#### LITTLE V's SPORTS (AGES 5-11)

In our Little V's Sports Program your child will have a fantastic time working with our coaches who will deliver fun, energetic sessions in a positive learning environment. The program focuses on the development of basic motor skills, body mechanics and basic skills. Sessions involve fun activities, games and an introduction to a game. Overall this is a great foundational program for your child to learn more about the game. All equipment is provided, just wear athletic/gym shoes. • Instructor: Morris Lupenec & Staff • 5 Session(s) — \$110 • Classes will be held in the gym.

Soccer:

Course #9100-04 Mon 3:20 PM - 4:20 PM • Jan. 27-March 3 • Delta Kelly • No class Feb. 17 Course #9100-05 Thur 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • Hamlin Course #9100-07 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • Hugger • No class Feb. 18 Course #9100-08 Wed 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • Long Meadow Course #9100-11 Tue 4:05 PM - 5:05 PM • Jan. 21-Feb. 25 • Musson • No class Feb. 18 Course #9100-13 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • University Hills • No class Feb. 18 Course #9100-13 Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • University Hills • No class Feb. 18 Course #9100-15 Thur 3:20 PM - 4:20 PM • April 7-May 12 • Baldwin • No class April 21 Course #9100-15 Thur 3:20 PM - 4:20 PM • April 9-May 7 • Brooklands Course #9100-16 Wed 4:05 PM - 5:05 PM • April 8-May 6 • Hampton Course #9100-22 Wed 4:05 PM - 5:05 PM • April 9-May 7 • McGregor Course #9100-23 Thur 4:05 PM - 5:05 PM • April 10-May 8 • Meadow Brook Course #9100-25 Tue 4:05 PM - 5:05 PM • April 8-May 6 • North Hills



Basketball:

Course #9102-01 Thur 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • Baldwin Course #9102-02 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • Brewster Course #9102-03 Tue 4:05 PM - 5:05 PM • Jan. 21-Feb. 25 • Brooklands • No class Feb. 18 Course #9102-06 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • Hampton Course #9102-09 Thur 4:05 PM - 5:05 PM • Jan. 23-Feb. 13 • McGregor • 4 sessions \$88 Course #9102-10 Mon 4:05 PM - 5:05 PM • Jan. 27-March 3 • Meadow Brook • No Class Feb. 17 Course #9102-12 Mon 4:05 PM - 5:05 PM • Jan. 27-March 3 • Meadow Brook • No Class Feb. 17 Course #9102-17 Tue 3:20 PM - 4:20 PM • April 8-May 6 • Delta Kelly Course #9102-18 Mon 3:20 PM - 4:20 PM • April 7-May 12 • Hamlin • No class April 21 Course #9102-21 Thur 4:05 PM - 5:05 PM • April 10-May 8 • Long Meadow Course #9102-24 Mon 4:05 PM - 5:05 PM • April 14-May 19 • Musson • No class April 21 Course #9102-26 Wed 3:20 PM - 4:20 PM • April 9-May 7 • University Hills

### BASES

#### TGA GOLF (AGES 5-11)

TGA makes it convenient and fun for your child to learn to play golf right at their school! Children learn swing fundamentals, putting, rules, etiquette and life values in a safe, nurturing environment. All equipment is provided and TGA guarantees a student-coach ratio of 8-1 or better. **First-time students receive a TGA cap and Student Handbook on the first day, plus a yellow-level hat clip on the final day. Children who have advanced to the orange, red, blue or black level receive a gift for their level on the first day, plus a hat clip on the final day.** All equipment is provided, just wear athletic/gym shoes. • Instructor: TGA of Southeast Michigan • 5 Session(s) — \$124 • Classes will be held in the gym.

Course #9117-03 Thur 4:05 PM - 5:05 PM • Jan. 23-Feb. 20 • Brooklands Course #9117-04 Wed 3:20 PM - 4:20 PM • Jan. 22-Feb. 19 • Delta Kelly Course #9117-06 Mon 3:20 PM - 4:20 PM • Jan. 27-March 3 • Hampton • No class Feb. 17 Course #9117-09 Tue 4:05 PM - 5:05 PM • Jan. 21-Feb. 11 • McGregor • 4 sessions \$105 Course #9117-20 Mon 3:20 PM - 4:20 PM • April 7-May 12 • Hugger • No class April 21 Course #9117-23 Tue 4:05 PM - 5:05 PM • April 8-May 6 • Meadow Brook Course #9117-24 Wed 4:05 PM - 5:05 PM • April 16-May 14 • Musson Course #9117-25 Thur 4:05 PM - 5:05 PM • April 10-May 8 • North Hill



#### OAKLAND UNIVERSITY FILMMAKING WORKSHOP (4th-5th GRADE)

LIGHTS! CAMERA! ACTION! Join the Oakland University Filmmaking Workshop to explore the art of visual storytelling. Oakland University Film Studies & Production students and alumni will lead five, 2-hour sessions in which students will learn to write, storyboard, shoot, and edit a short movie. Through watching and discussing famous movie scenes from the silent era through current animated features, students will be introduced to visual storytelling concepts that they will then apply to their own work. Watching and making films can be a great way for kids to develop their analytical and creative abilities. This class is hosted at Meadow Brook Elementary but is open to 4th and 5th grade students at all 13 Rochester Community Schools' elementary schools. • Instructor: Zachary Tse, Oakland University • 5 Session(s) — \$115 • Classes will be held in the Media Center.

Course #9141-23 Tue 4:00 PM - 6:00 PM • May 6-June 3 • Meadow Brook







#### LANGUAGE ADVENTURES: SPANISH (AGES 6-11)

Come learn Spanish the fun way through conversation, games, songs, and other immersive, interactive lessons. In addition, enjoy writing, coloring, and doing craft projects as part of your weekly activities. This session will include greetings, colors, and clothing, weather, and winter activities. All class materials are included in the fee. • Instructor: Language Adventures • 5 Session(s) — \$112 • Classes will be held in the art room.

**Course #9220-01** Tue 3:20 PM - 4:20 PM • Jan. 21-Feb. 25 • Baldwin • No class Feb. 18 **Course #9220-02** Thur 3:20 PM - 4:20 PM • Jan. 23-Feb. 20 • Brewster **Course #9220-05** Mon 3:20 PM - 4:20 PM • Jan. 27-March 3 • Hamlin • No class Feb. 17 **Course #9220-10** Wed 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • Meadow Brook

#### LANGUAGE ADVENTURES: SPANISH (AGES 6-11)

Come learn Spanish the fun way through conversation, games, songs, and other immersive, interactive lessons. In addition, enjoy writing, coloring, and doing craft projects as part of your weekly activities. This session will include greetings, colors, the Spanish alphabet, and our favorite fruits to make a fruit salad. All class materials are included in the fee. • Instructor: Language Adventures • 5 Session(s) — \$112 • Classes will be held in the art room.

**Course #9220-16** Mon 4:05 PM - 5:05 PM • April 7-May 12 • Brooklands • No class April 21 **Course #9220-17** Wed 3:20 PM - 4:20 PM • April 9-May 7 • Delta Kelly **Course #9220-19** Thur 3:20 PM - 4:20 PM • April 10-May 8 • Hampton **Course #9220-24** Tue 4:05 PM - 5:05 PM • April 15-May 13 • Musson



#### FRENCH CLASS FOR KIDS (AGES 6-11)

Would you like your child to learn French while having fun? If your answer is yes, you are in the right place! Students will be introduced to the language in a environment where they will sing, play, speak, listen and interact all in French. Themes to be learned include greetings, introducing yourself, numbers up to 20, days of the week, favorite foods and animals. In addition, a craft activity will be held every week. Allons-y! • Instructor: Omrum Erdas Kesmer • 5 Session(s) — \$117 • Classes will be held in the art room.

**Course #9225-11** Wed 4:05 PM - 5:05 PM • Jan. 22-Feb. 19 • Musson **Course #9225-16** Tue 4:05 PM - 5:05 PM • April 8-May 6 • Brooklands

Registration Information Page 4-5 Visit our website for additional classs information.

### INTRAMURALS/RAYA FINANCIAL ASSISTANCE



#### MIDDLE SCHOOL INTRAMURALS (6-8th GRADE)

Our Middle School after-school activities are known as Intramurals. The activities often include sports, arts, music, and games. Intramurals generally run from November through December in the Fall, February through March in the Winter, and April through May in the Spring. Intramurals run once a week from 2:30-3:30pm for 5 weeks. Most classes are taught by school's faculty and class descriptions are posted through Peach Jar digital flyers, your school's website and the school's newsletter. The registration period is typically about 2 weeks long, so register quickly to avoid cancellation due to low enrollment!

Register at: http://rochesteronline.ce.eleyo.com For questions or registration assistance, contact us at enrichment@rochester.k12.mi.us or call 248-726-3165 Registration closes at **12:00pm two business days prior** to the start of the first class, or when the class limit is reached. No late registrations permitted.

### **RAYA** Financial Assistance

READY, SET, GO ... GET THE KIDS INVOLVED! With so many enriching opportunities for kids in the RCSD, Rochester Area Youth Assistance (RAYA) provides financial assistance for qualifying families in order to support young people to explore activities and interests in their school and community. Youth programs can include sports, arts, music, BASES programs, SAC (School Age Care), tutoring, camps and other enrichment programs.

Please visit our website at <u>www.raya-mi.org</u> or contact our office at <u>248-656-3558</u> for more information.

Rochester Area Youth Assistance 3200 W. Tienken Rochester Hills, MI 48306



### AQUATICS - YOUTH SWIM LESSONS

**TINY TOTS** (AGES 6-24MO.) Guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Adult participation is required.

COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1901-01	Sat	11:20am-12:00pm	Jan. 25-March 8	Feb. 15
*1901-02	Sat	11:20am-12:00pm	April 5-May 10	None

**TINY TOTS 2** (**AGES 24MO.-3YRS**) Toddlers who are comfortable in the water and are ready to advance their skills with the help of their parent. An instructor will lead the parent and child through more structured exercises and activities that prepare them for future group lessons. Adult participation is required.

COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1902-01	Sat	12:15pm-12:55pm	Jan. 25-March 8	Feb. 15
*1902-02	Sat	12:15pm-12:55pm	April 5-May 10	None

### All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

Classes with \* means registration will not open until Feb. 1



6 SESSION CLASSES - \$101

#### LIFEGUARD TRAINING BLENDED LEARNING

This blended learning course combines online knowledge acquisition and in-person water, first aid and CPR/AED skills training.

Prerequisites:

- 1) Must be age 15 by last day of class
- 2) Swim 300 yards continuously using front crawl with rhythmic breathing and breaststroke
- 3) Swim 20 yards using front crawl or breaststroke, surface dive to a minimum depth of 7 feet, retrieve a 10-pound object, return to the surface and swim 20 yards back to the starting point with the object in less than 100 seconds
- 4) Tread water without hands for two minutes.

You will need internet access for course material and email. After registering with Enrichment, email instructor ethomas1@rochester.k12.mi.us for the American Red Cross direct link for course content. Students must successfully complete the first online content homework prior to the first class and **bring the progress report certificate to the first class.** 

You must attend all classes and pass exams to be certified. **No exceptions. No make-ups or late attendance allowed.** Swim suit required for all classes. **No refunds unless cancelled 1 week to the exact date of 1st class.** No refunds for course record fee. Give email at time of registration.

Upon successful completion, students receive certification for American Red Cross Lifeguard Training/First Aid/ CPR AED.

COURSE #	DAY(S)	TIME	DATES	COURSE FEE:
1922-01	Fri	6:00pm-9:15pm	April 25-May 16	\$255 (Non-RCS Enrichment Staff)
	Sat	9:15am-5:00pm	April 26-May 17	\$215 (RCS Enrichment Swim Staff)

### AQUATICS - YOUTH SWIM LESSONS

**TADPOLE** (**AGES 3-5YRS**) It will help young children adjust to the water and introduce beginner skills such as water entries, blowing bubbles, floating with assistance, gliding with assistance, safety skills, and exiting the water. Skills are age-appropriate, allowing students to achieve success on a regular basis. No adult participation required.

**GUPPY** (**AGES 4**+) It reinforces Tadpole skills and introduces other fundamental skills such as front floats and glides, arm strokes and kicking, combining arm and leg actions, going underwater, and safety skills. No adult participation required.

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TADPOLE COURSE #	GUPPY COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1903-01	1904-01	Sat	10:25am-11:15am	Jan. 25-March 8	Feb. 15
1903-02	1904-02	Sat	11:20am-12:10pm	Jan. 25-March 8	Feb. 15
1903-03	1904-03	Mon & Wed	6:00pm-6:50pm	Jan. 13-Feb. 3	Jan. 20
1903-07	1904-07	Mon & Wed	6:00pm-6:50pm	Feb. 10-March 3	Feb. 19
1903-04	1904-04	Tue & Thur	6:00pm-6:50pm	Jan. 14-Feb. 4	Jan. 16
1903-08	1904-08	Tue & Thur	6:00pm-6:50pm	Feb. 11-March 4	Feb. 27
*1903-05	*1904-05	Sat	10:25am-11:15am	April 5-May 10	None
*1903-06	*1904-06	Sat	11:20am-12:10pm	April 5-May 10	None
*1903-09	*1904-09	Mon & Wed	6:00pm-6:50pm	March 10-April 2	March 24 & 26
*1903-11	*1904-11	Mon & Wed	6:00pm-6:50pm	April 14-May 5	April 21
*1903-10	*1904-10	Tue & Thur	6:00pm-6:50pm	March 11-April 3	March 25 & 27
*1903-12	*1904-12	Tue & Thur	6:00pm-6:50pm	April 10-April 29	None
*1903-13	*1904-13	Mon & Wed	6:00pm-6:50pm	May 12-June 2	May 26
*1903-14	*1904-14	Tue & Thur	6:00pm-6:50pm	May 6-May 22	None

**COURSE FEES:** 

6 SESSION CLASSES - \$101

Classes with \* means registration will not open until Feb. 1

All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.



### ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST. WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

### AQUATICS - YOUTH SWIM LESSONS

<b>CLOWN FISH (AGES 5+)</b> It focuses on coordinating arm and leg movements and improving upon skills learned in Tadpole and Guppy classes. Students should feel very comfortable in the water at this point. They will learn how to develop positive attitudes and safe practices around the water. Exercises include bobbing, rhythmic breathing, front and back glide (with and without kick), com- bined stroke on front & back finning, treading water and safety skills are taught. No adult participation required.					
CLOWN FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES	
1905-01	Sat	10:25am-11:15am	Jan. 25-March 8	Feb. 15	
1905-02	Sat	11:20am-12:10pm	Jan. 25-March 8	Feb. 15	
1905-03	Mon & Wed	6:00pm-6:50pm	Jan. 13-Feb. 3	Jan. 20	
1905-07	Mon & Wed	6:00pm-6:50pm	Feb. 10-March 3	Feb. 19	
1905-04	Tue & Thur	6:00pm-6:50pm	Jan. 14-Feb. 4	Jan. 16	
1905-08	Tue & Thur	6:00pm-6:50pm	Feb. 11-March 4	Feb. 27	
*1905-05	Sat	10:25am-11:15am	April 5-May 10	None	
*1905-06	Sat	11:20am-12:10pm	April 5-May 10	None	
*1905-09	Mon & Wed	6:00pm-6:50pm	March 10-April 2	March 24 & 26	
*1905-11	Mon & Wed	6:00pm-6:50pm	April 14-May 5	April 21	
*1905-10	Tue & Thur	6:00pm-6:50pm	March 11-April 3	March 25 & 27	
*1905-12	Tue & Thur	6:00pm-6:50pm	April 10-April 29	None	
*1905-13	Mon & Wed	6:00pm-6:50pm	May 12-June 2	May 26	
*1905-14	Tue & Thur	6:00pm-6:50pm	May 6-May 22	None	

### Classes with \* means registration will not open until Feb. 1

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST. WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.



**COURSE FEES:** 

**6 SESSION CLASSES - \$101** 

### AQUATICS - YOUTH SWIM LESSONS

**NEON FISH** (**AGES 6**+) It introduces children to basic, unassisted water skills. This includes floating and gliding (front & back), front crawl swim stroke, backstroke swim stroke, rhythmic breathing, jellyfish float, and basic safety skills. No adult participation required.

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NEON FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1906-01	Sat	9:30am-10:20am	Jan. 25-March 8	Feb. 15
1906-02	Sat	10:25am-11:15am	Jan. 25-March 8	Feb. 15
1906-03	Mon & Wed	6:55pm-7:45pm	Jan. 13-Feb. 3	Jan. 20
1906-07	Mon & Wed	6:55pm-7:45pm	Feb. 10-March 3	Feb. 19
1906-04	Tue & Thur	6:55pm-7:45pm	Jan. 14-Feb. 4	Jan. 16
1906-08	Tue & Thur	6:55pm-7:45pm	Feb. 11-March 4	Feb. 27
*1906-05	Sat	9:30am-10:20am	April 5-May 10	None
*1906-06	Sat	10:25am-11:15am	April 5-May 10	None
*1906-09	Mon & Wed	6:55pm-7:45pm	March 10-April 2	March 24 & 26
*1906-11	Mon & Wed	6:55pm-7:45pm	April 14-May 5	April 21
*1906-10	Tue & Thur	6:55pm-7:45pm	March 11-April 3	March 25 & 27
*1906-12	Tue & Thur	6:55pm-7:45pm	April 10-April 29	None
*1906-13	Mon & Wed	6:55pm-7:45pm	May 12-June 2	May 26
*1906-14	Tue & Thur	6:55pm-7:45pm	May 6-May 22	None

### ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST. WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE. Classes with \* means registration will not open until Feb. 1

OPEN SWIM POOL PROGRAM AND SCHEDULE Pool cards are available for purchase only through the Enrichment Office PLEASE CALL AHEAD TO MAKE AN APPOINTMENT (248) 726-3165

No expiration date.

Admission by Pool Card only - No Refunds for Pool Cards

OPEN/FAMILY\$60/10 visits (One punch admits a family of up to 5 people)ADULT LAP\$50/10 visitsSENIOR LAP\$45/10 visits (60 and over)

Open to anyone in the community. Children under 6 years of age and/or 48" tall must be accompanied in the water by a parent. Only water toys and swim aids used in Enrichment lessons are permitted at supervisor's discretion. Diving boards only available at supervisor's discretion.

#### ADULT LAP SWIM (AGES 16+)

Adams HS Pool: Tue/Thur 7:30pm - 8:40pm • Jan. 14-May 22 • No Swim: Jan. 16, Jan. 23, Feb. 6, Feb. 27, March 6, March 25, March 27, April 8 & May 1

#### **OPEN & FAMILY SWIM**

Adams HS Pool: Sat 2:45pm - 4:45pm • Jan. 25-May 10 • No Swim: Feb. 15, March 15, March 22 & March 29

#### Enrichment CS

Registration information Page 4-5 See online

### **AQUATICS - YOUTH SWIM LESSONS**

RAINBOW FISH (AGES 7+) Students continue to learn unassisted swimming skills such as front crawl and backstroke, turning over, changing directions, treading water, and rhythmic breathing. They also begin their introduction to deep water skills and more advanced safety skills. No adult participation required.

FLAG FISH Students build on previous skills through additional guided practice. They continue to develop their front crawl and backstroke with rhythmic breathing. They learn new skills such as jumping into deep water, dolphin kicks, scissors kicks, elementary backstroke. Students must be able to perform front crawl with very good, consistent rhythmic breathing before moving to the next level. No adult participation required.

RAINBOW FISH COURSE #	FLAG FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1907-01	1908-01	Sat	9:30am-10:20am	Jan. 25-March 8	Feb. 15
1907-02	1908-02	Sat	12:15pm-1:05pm	Jan. 25-March 8	Feb. 15
1907-03	1908-03	Mon & Wed	6:55pm-7:45pm	Jan. 13-Feb. 3	Jan. 20
1907-07	1908-07	Mon & Wed	6:55pm-7:45pm	Feb. 10-March 3	Feb. 19
1907-04	1908-04	Tue & Thur	6:55pm-7:45pm	Jan. 14-Feb. 4	Jan. 16
1907-08	1908-08	Tue & Thur	6:55pm-7:45pm	Feb. 11-March 4	Feb. 27
*1907-05	*1908-05	Sat	9:30am-10:20am	April 5-May 10	None
*1907-06	*1908-06	Sat	12:15pm-1:05pm	April 5-May 10	None
*1907-09	*1908-09	Mon & Wed	6:55pm-7:45pm	March 10-April 2	March 24 & 26
*1907-11	*1908-11	Mon & Wed	6:55pm-7:45pm	April 14-May 5	April 21
*1907-10	*1908-10	Tue & Thur	6:55pm-7:45pm	March 11-April 3	March 25 & 27
*1907-12	*1908-12	Tue & Thur	6:55pm-7:45pm	April 10-April 29	None
*1907-13	*1908-13	Mon & Wed	6:55pm-7:45pm	May 12-June 2	May 26
*1907-14	*1908-14	Tue & Thur	6:55pm-7:45pm	May 6-May 22	None

### All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

Classes with \* means registration will not open until Feb. 1 ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST. WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

> **COURSE FEES:** 6 SESSION CLASSES - \$101

### AQUATICS - YOUTH SWIM LESSONS

**PARROT FISH** This class refines previously learned strokes and improves overall swimming skills. Students will be expected to perform the front crawl and backstroke with rhythmic breathing for 15 yards each. They will also work on developing the elementary backstroke, sidestroke, and treading water. They will learn new skills such as the survival float, sitting dive, and kneeling dive. No adult participation required.

PARROT FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1909-01	Sat	9:30am-10:20am	Jan. 25-March 8	Feb. 15
1909-02	Sat	12:15pm-1:05pm	Jan. 25-March 8	Feb. 15
1909-03	Mon & Wed	7:50pm-8:40pm	Jan. 13-Feb. 3	Jan. 20
1909-06	Mon & Wed	7:50pm-8:40pm	Feb. 10-March 3	Feb. 19
*1909-04	Sat	9:30am-10:20am	April 5-May 10	None
*1909-05	Sat	12:15pm-1:05pm	April 5-May 10	None
*1909-07	Mon & Wed	7:50pm-8:40pm	March 10-April 2	March 24 & 26
*1909-08	Mon & Wed	7:50pm-8:40pm	April 14-May 5	April 21
*1909-09	Mon & Wed	7:50pm-8:40pm	May 12-June 2	May 26



6 SESSION CLASSES - \$101

### Classes with \* means registration will not open until Feb. 1

**MARLIN** This class is intended to coordinate and refine previously learned swim strokes. Students will be introduced to the butterfly & breaststroke, feet first surface dive, and head first dive. This class will also build endurance in front crawl and backstroke, treading water, and underwater. No adult participation required-

MARLIN COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1910-01	Sat	12:15pm-1:05pm Jan. 25-March 8		Feb. 15
1910-02	Mon & Wed	7:50pm-8:40pm Jan. 13-Feb. 3		Jan. 20
1910-04	Mon & Wed	7:50pm-8:40pm	Feb. 10-March 3	Feb. 19
*1910-03	Sat	12:15pm-1:05pm	April 5-May 10	None
*1910-05	Mon & Wed	7:50pm-8:40pm	March 10-April 2	March 24 & 26
*1910-06	Mon & Wed	7:50pm-8:40pm	April 14-May 5	April 21
*1910-07	Mon & Wed	7:50pm-8:40pm	May 12-June 2	May 26

### All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST. WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

Registration information Page 4-5 See online descriptions for what to bring to class.

### AQUATICS - TEEN & ADULT LESSONS

**SAILFISH** This class will polish strokes and help students swim with more ease, efficiency, and power for greater distances. Students will learn front-flip turn and back-flip turn as well as pike and tuck surface dives and sculling. Students will also learn to perform a shallow angle dive from the side. Students will be expected to perform the front crawl and backstroke for 100 yards each, and the breast stroke, side stroke, and butterfly for 50 yards each, surface dive for retrieval of diving brick in 8 feet of water, and a 500 yard swim.

**BARRACUDA** (AGE 10+) Front crawl-100 yards, Backstroke-100 yards, Butterfly-50 yards, Elementary backstroke-50 yards, Breaststroke-50 yards, Sidestroke-50 yards. Demonstrate the following turns while swimming: front crawl open turn, backstroke open turn, sidestroke turn, front flip turn, backstroke flip turn, breast-stroke turn, butterfly turn. Students will perform the Cooper 12-minute swim test (swim for 12 minutes to cover the greatest distance possible, using whatever stroke is preferred. Rest as necessary, but go as far as possible) and will compare the results over the length of the course.

SAILFISH COURSE #	BARRACUDA COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1911-01	1912-01	Sat	1:10pm-2:00pm	Jan. 25-March 8	Feb. 15
1911-02	1912-02	Mon & Wed	7:50pm-8:40pm	Jan. 13-Feb. 3	Jan. 20
1911-04	1912-04	Mon & Wed	7:50pm-8:40pm	Feb. 10-March 3	Feb. 19
*1911-03	*1912-03	Sat	1:10pm-2:00pm	April 5-May 10	None
*1911-05	*1912-05	Mon & Wed	7:50pm-8:40pm	March 10-April 2	March 24 & 26
*1911-06	*1912-06	Mon & Wed	7:50pm-8:40pm	April 14-May 5	April 21
*1911-07	*1912-07	Mon & Wed	7:50pm-8:40pm	May 12-June 2	May 26

**COURSE FEES:** 

6 SESSION CLASSES - \$101

### Classes with \* means registration will not open until Feb. 1 ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST. WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

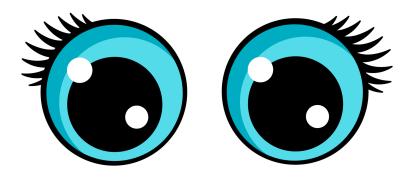
### TEEN SWIM (AGES 13-17)/ADULT SWIM (AGES 18+) Beginner: Whatever your ability, this small

group instruction for ages 13 and up will help you improve your skills and self-confidence. The lessons are designed for those who have little or no experience in the water. Students will learn submersion into the water, front & back floats, and beginner swim strokes.

**Intermediate:** The lessons are designed for those who are able to swim at least one length (25 yards) of the pool. Students will focus on endurance and beginner stroke perfection. We will also introduce more advanced swim strokes.

TEEN COURSE #	ADULT COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1913-01	1914-01	Sat	1:10pm-2:00pm	Jan. 25-March 8	Feb. 15
1913-03	1914-03	Tue & Thur	7:50pm-8:40pm	Jan. 14-Feb. 4	Jan. 16
1913-04	1914-04	Tue & Thur	7:50pm-8:40pm	Feb. 11-March 4	Feb. 27
*1913-02	*1914-02	Sat	1:10pm-2:00pm	April 5-May 10	None
*1913-05	*1914-05	Tue & Thur	7:50pm-8:40pm	March 11-April 3	March 25 & 27
*1913-06	*1914-06	Tue & Thur	7:50pm-8:40pm	April 10-April 29	None
*1913-07	*1914-07	Tue & Thur	7:50pm-8:40pm	May 6-May 22	None

### YOUTH ENRICHMENT



#### **CARTOON DRAWING (AGES 7+)**

Students will learn to draw 15 types of eyes, 10 types of noses, various types of hairstyles, ears and mouth.
Students will also draw faces and a silhouette. Before class starts, please purchase: Drawing book, fine point sharpie and ultra fine point sharpie and optionally regular HB pencils and erasers.
Instructor: Ami Sheth, Aakarr Class • 9 Session(s) — \$125 • No class Jan. 20, Feb. 17 & March 24

Course #1272-OL01 Mon 5:00 PM - 6:00 PM • Jan. 13-March 31 • Online-Zoom

Writing

#### **CURSIVE WRITING (AGES 7+)**

Students will develop the skills necessary for the effective cursive writing. Starting with correct pencil grip and formation of each letter. They will learn how to connect letters to write in cursive confidentially. Focus will be on writing small cursive alphabets with neatness and proper spacing. Additionally, students will enhance their reading skills and memorize spellings, leading to increased speed. Materials needed - cursive writing pad & pencils • Instructor: Ami Sheth, Aakarr Class • 10 Session(s) — \$125

Course #1271-OL01 Thur 4:30 PM - 5:30 PM • Jan. 16-March 20 • Online-Zoom

### YOUTH ENRICHMENT



#### ANIME & MANGA CARD QUEST w/KIDCREATE STUDIO (AGES 5-12)

This is the ulimate trading card-inspired art class! Design fantastical creatures and mythical characters while exploring sketching, painting, and sculpting. Dive into a vibrant world of artistic expression and card collecting. Make and play with slime, experience epic battles, and unleash your creativity in a supportive environment with skilled instructors and fellow trading card enthusiasts. Perfect for bringing your imaginative creatures to life! Feel free to bring your trading cards to class! Materials fee of \$20 at 1st class. • Instructor: Kidcreate Studio • 4 Session(s) — \$80

Course #1025-01 Wed 6:30 PM - 7:30 PM • Feb. 5-26 • North Hill-Art Room



### NAILED IT! w/KIDCREATE STUDIO (AGES 5-12)

Calling all creative kids! This is the perfect class to hone both your artistic side and your puzzle-solving skills. Just like on the popular TV show Nailed It!, we'll show you a final product and give you all the goods needed to recreate it. Your challenges will include creating a unicorn cake sculpture that looks good enough to eat, painting a fox at sunset, a llama with a flower crown, and so much more. Materials fee of \$20 at 1st class. • Instructor: Kidcreate Studio • 4 Session(s) — \$80

Course #1027-01 Wed 6:30 PM - 7:30 PM • March 12-April 9 • North Hill-Art Room • No class March 26

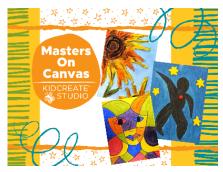
#### MAGNIFICENT MASTERS ON CANVAS w/KIDCREATE STUDIO (AGES 5-12)

Be inspired by art created by Vincent Van Gogh, Claude Monet, Jackson Pollock and Pablo Picasso. We will recreate famous works of art like Van Gogh's Vase with Twelve

Sunflowers, Monet's Bridge at Giverny, Pollock's splatter painting and many others, all on a real canvas boards. Your child is going to be very proud of these masterpieces! Materials fee of \$20 at 1st class.

• Instructor: Kidcreate Studio • 4 Session(s) — \$80

**Course #1026-01** Wed 6:30 PM - 7:30 PM • April 30-May 21 • North Hill-Art Room



### YOUTH ENRICHMENT





ASHLEY SITALO Licensed Professional Counselor

#### MINDFUL ME: EMOTIONAL WELLNESS WORKSHOP

A supportive and empowering group aimed at students seeking to enhance their resilience, develop coping skills, celebrate individuality, embrace authenticity and cultivate emotional wellness. Led by an experienced facilitator, this class provides a safe and non-judgmental space for students to explore various aspects of mental health and well-being. Age-appropriate, creative activities will be utilized to encourage the fusion of fun and learning! • Instructor: Ashley Sitalo, Toad Wellness • 6 Session(s) — \$150

(2-3rd GRADE) Course #1049-01 Tue 6:15 PM - 7:45 PM • Jan. 14-Feb. 25 • Meadow Brook-Media • No class Feb. 18 (4-5th GRADE) Course #1050-01 Thur 6:00 PM - 7:30 PM • Jan. 16-Feb. 20 • Meadow Brook-Media Center (6-8th GRADE) Course #1051-01 Tue 4:00 PM - 5:30 PM • Jan. 14-Feb. 25 • West MS-Collab Space • No class Feb. 18





Registration information Page 4-5 See online descriptions for what to bring to class.

### YOUTH ENRICHMENT - MUSIC



# **ROCHESTER SCHOOL OF MUSIC**

PIANO · VOICE · GUITAR · BASS · DRUMS · PERCUSSION

#### Rochester School of Music 1423 Walton Blvd., Rochester Hills, MI 48309

#### **KIDZ ROCK COED (AGES 4-6)**

. . . . . . . . . . .

KidzRock is our FUN introduction to music class. Children will rotate on the 3 most popular instruments, drums, guitar, and piano. They will also sing, while learning simple rhythms and rehearse the kid friendly songs to perform a Rock Show at the last class. We are the only school in the area offering this one of kind experience for this age group. Classes sellout fast so register today! It's a blast! • Instructor: Joe Chila • 8 Session(s) — \$239

#### Course #1635-01 Fri 4:15 PM - 5:00 PM • Jan. 10-Feb. 28 • Rochester School of Music

#### CRASH COURSE IN DRUMS COED (AGES 7-9)

Do you have a child banging on everything in the house? Drumming is great exercise! CC Drums is our famous introduction to drumming. In this class students will work on stick techniques and rhythm exericses, play simple beats along with songs - and learn about the drummers role in popular music. The goal of this class is to excite students. There will be a \$30 material fee payable to instructor at 1st class. • Instructor: Joe Chila • 8 Session(s) — \$259

Course #1613-01 Tue 5:30 PM - 6:15 PM • Jan. 7-Feb. 25 • Rochester School of Music



#### 12745 23 Mile Rd., Shelby Township Register with RCS Enrichment at http://rochesteronline.ce.eleyo.com

#### MUSIC FOR LITTLE MOZARTS (AGES 4 1/2-7)

Music for Little Mozarts was created to provide appropriate piano instruction for 4 1/2 to 7 year-olds. The materials in the course combine to create an exciting and imaginative atmosphere both in the lesson and at home. Parent participation with child is required. Please no siblings in the lab. Book fee of \$22.26 at 1st class. • 8 Session(s) — \$160 • Kawai Music

**Course #1618-01** Sat 11:15 AM - 12:00 PM • Jan. 25-March 15 **Course #1618-02** Sat 11:15 AM - 12:00 PM • April 5-June 7 • No class April 19 & May 24

#### **GROUP VOICE: LEARN TO SING! (AGES 6-14)**

Are you the next "American Idol"? Come and find out. Learn the fundamentals of good vocal technique. This music program requires no previous musical knowledge. Book fee of \$27.56 at 1st class. • 8 Session(s) — \$160 • Kawai Music

**Course #1623-01** Sat 1:00 PM - 1:30 PM • Jan. 25-March 15 **Course #1623-02** Wed 6:00 PM - 6:30 PM • April 2-May 21

#### PLAY FOR FUN (AGES 18+)

Learn to play your favorite songs in just a few weeks. No experience necessary. A keyboard will be used in class. Material fee \$21.20 at 1st class. • 8 Session(s) — \$99 • Kawai Music

Course #1626-01 Mon 11:30 AM - 12:15 PM • Jan. 20-March 10

### YOUTH ENRICHMENT - PRIVATE PIANO

#### PRIVATE PIANO LESSONS (AGES 5-ADULT)

Private one-on-one piano lessons teaching theory, lesson, technique, and performance (how to sight-read music). Main aim is to help the student to learn how to read, write and play music independently. Material fee of \$75 payable to instructor at 1st class.

Instructor: Kenny Asewe at Hart/Media Center • 4 Session(s) — \$125

#### **Tuesdays**:

Course #1611-01 Tue 5:30 PM - 6:00 PM • Jan. 21-Feb. 11 • Hart-Media Course #1611-02 Tue 6:00 PM - 6:30 PM • Jan. 21-Feb. 11 • Hart-Media Course #1611-03 Tue 6:30 PM - 7:00 PM • Jan. 21-Feb. 11 • Hart-Media Course #1611-04 Tue 5:30 PM - 6:00 PM • Feb. 25-March 18 • Hart-Media Course #1611-05 Tue 6:00 PM - 6:30 PM • Feb. 25-March 18 • Hart-Media Course #1611-06 Tue 6:30 PM - 7:00 PM • Feb. 25-March 18 • Hart-Media Course #1611-07 Tue 5:30 PM - 6:00 PM • Feb. 25-March 18 • Hart-Media Course #1611-07 Tue 5:30 PM - 6:00 PM • April 1-April 22 • Hart-Media Course #1611-08 Tue 6:00 PM - 6:30 PM • April 1-April 22 • Hart-Media Course #1611-09 Tue 6:30 PM - 7:00 PM • April 1-April 22 • Hart-Media

#### Thursdays:

Course #1612-01 Thur 5:30 PM - 6:00 PM • Jan. 16-Feb. 6 • Hart-Media Course #1612-02 Thur 6:00 PM - 6:30 PM • Jan. 16-Feb. 6 • Hart-Media Course #1612-03 Thur 6:30 PM - 7:00 PM • Jan. 16-Feb. 6 • Hart-Media Course #1612-04 Thur 7:00 PM - 7:30 PM • Jan. 16-Feb. 6 • Hart-Media Course #1612-05 Thur 5:30 PM - 6:00 PM • Feb. 13-March 6 • Hart-Media Course #1612-06 Thur 6:00 PM - 6:30 PM • Feb. 13-March 6 • Hart-Media Course #1612-07 Thur 6:30 PM - 7:00 PM • Feb. 13-March 6 • Hart-Media Course #1612-08 Thur 7:00 PM - 7:30 PM • Feb. 13-March 6 • Hart-Media Course #1612-09 Thur 5:30 PM - 6:00 PM • March 20-April 17 • Hart-Media • No class March 27 Course #1612-10 Thur 6:00 PM - 6:30 PM • March 20-April 17 • Hart-Media • No class March 27 Course #1612-11 Thur 6:30 PM - 7:00 PM • March 20-April 17 • Hart-Media • No class March 27 Course #1612-12 Thur 7:00 PM - 7:30 PM • March 20-April 17 • Hart-Media • No class March 27 Course #1612-13 Thur 5:30 PM - 6:00 PM • May 1-29 • Hart-Media • No class May 8 Course #1612-14 Thur 6:00 PM - 6:30 PM • May 1-29 • Hart-Media • No class May 8 Course #1612-15 Thur 6:30 PM - 7:00 PM • May 1-29 • Hart-Media • No class May 8 Course #1612-16 Thur 7:00 PM - 7:30 PM • May 1-29 • Hart-Media • No class May 8

#### Fridays:

Course #1610-01 Fri 4:15 PM - 4:45 PM • Jan. 17-Feb. 7 • Hart-Media Course #1610-02 Fri 4:45 PM - 5:15 PM • Jan. 17-Feb. 7 • Hart-Media Course #1610-03 Fri 5:15PM - 5:45 PM • Jan. 17-Feb. 7 • Hart-Media Course #1610-04 Fri 4:15 PM - 4:45 PM • Feb. 14-March 7 • Hart-Media Course #1610-05 Fri 4:45 PM - 5:15 PM • Feb. 14-March 7 • Hart-Media Course #1610-06 Fri 5:15PM - 5:45 PM • Feb. 14-March 7 • Hart-Media Course #1610-07 Fri 4:15 PM - 4:45 PM • March 14-April 11 • Hart-Media • No class March 28 Course #1610-08 Fri 4:45 PM - 5:15 PM • March 14-April 11 • Hart-Media • No class March 28 Course #1610-09 Fri 5:15PM - 5:45 PM • March 14-April 11 • Hart-Media • No class March 28 Course #1610-09 Fri 5:15PM - 5:45 PM • March 14-April 11 • Hart-Media • No class March 28 Course #1610-10 Fri 4:15 PM - 4:45 PM • May 2-30 • Hart-Media • No class May 23 Course #1610-12 Fri 5:15PM - 5:45 PM • May 2-30 • Hart-Media • No class May 23



https://rochesteronline.ce.eleyo.com

### ENRICHMENT - PRIVATE PIANO

#### **ONE-ON-ONE PIANO LESSONS (AGES 5-ADULT)**

Private one-on-one piano lessons teaching theory, lesson, technique, and performance (how to sight-read music). Main aim is to help the student to learn how to read, write and play music independently. Material fee of \$75 payable to instructor at 1st class.

• Instructor: Seonah Lee at Long Meadow/Room 36 • 4 Session(s) - \$125

• No class Feb. 18, March 25, March 26, and March 27

#### **Tuesdays**:

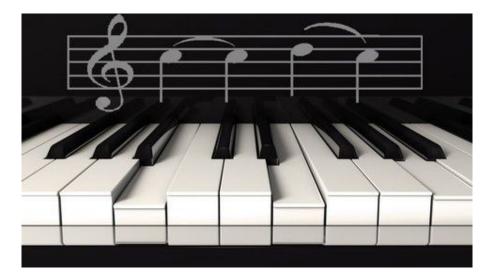
Course #1602-01 Tue 5:00 PM - 5:30 PM • Jan. 14-Feb. 4 • Long Meadow-Room 36 Course #1602-02 Tue 5:30 PM - 6:00 PM • Jan. 14-Feb. 4 • Long Meadow-Room 36 Course #1602-03 Tue 5:00 PM - 5:30 PM • Feb. 11-March 11 • Long Meadow-Room 36 Course #1602-04 Tue 5:30 PM - 6:00 PM • Feb. 11-March 11 • Long Meadow-Room 36 Course #1602-05 Tue 5:00 PM - 5:30 PM • March 18-April 15 • Long Meadow-Room 36 Course #1602-06 Tue 5:30 PM - 6:00 PM • March 18-April 15 • Long Meadow-Room 36 Course #1602-07 Tue 5:00 PM - 5:30 PM • April 22-May 13 • Long Meadow-Room 36 Course #1602-08 Tue 5:30 PM - 6:00 PM • April 22-May 13 • Long Meadow-Room 36

#### Wednesdays:

Course #1603-01 Wed 5:00 PM - 5:30 PM • Jan. 15-Feb. 5 • Long Meadow-Room 36 Course #1603-02 Wed 5:30 PM - 6:00 PM • Jan. 15-Feb. 5 • Long Meadow-Room 36 Course #1603-03 Wed 5:00 PM - 5:30 PM • Feb. 12-March 5 • Long Meadow-Room 36 Course #1603-04 Wed 5:30 PM - 6:00 PM • Feb. 12-March 5 • Long Meadow-Room 36 Course #1603-05 Wed 5:00 PM - 5:30 PM • March 12-April 9 • Long Meadow-Room 36 Course #1603-06 Wed 5:30 PM - 6:00 PM • March 12-April 9 • Long Meadow-Room 36 Course #1603-07 Wed 5:00 PM - 5:30 PM • April 16-May 7 • Long Meadow-Room 36 Course #1603-08 Wed 5:30 PM - 6:00 PM • April 16-May 7 • Long Meadow-Room 36

#### Thurdays:

Course #1604-01 Thur 5:00 PM - 5:30 PM • Jan. 16-Feb. 6 • Long Meadow-Room 36 Course #1604-02 Thur 5:30 PM - 6:00 PM • Jan. 16-Feb. 6 • Long Meadow-Room 36 Course #1604-03 Thur 5:00 PM - 5:30 PM • Feb. 13-March 6 • Long Meadow-Room 36 Course #1604-04 Thur 5:30 PM - 6:00 PM • Feb. 13-March 6 • Long Meadow-Room 36 Course #1604-05 Thur 5:00 PM - 5:30 PM • March 13-April 10 • Long Meadow-Room 36 Course #1604-06 Thur 5:30 PM - 6:00 PM • March 13-April 10 • Long Meadow-Room 36 Course #1604-07 Thur 5:00 PM - 5:30 PM • April 17-May 8 • Long Meadow-Room 36 Course #1604-08 Thur 5:30 PM - 6:00 PM • April 17-May 8 • Long Meadow-Room 36



### **TENNIS PROGRAMS**



# **TENNIS PROGRAMS FOR ALL AGES!**

Winter (6 week sessions)

Winter Session I: DEC 2-JAN 26 \*No classes 12/23-1/5

Winter Session II: JAN 27-MAR 9

Spring (6 week sessions)

Spring Session I: MAR 10-APR 19 \*No classes 4/20 (Easter)

Spring Session II: APR 21-JUN 2

# **NEW! Daytime Pickleball Ladders**



www.wessenitc.com

or call 248-253-9300

No Membership Required



### **TENNIS PROGRAMS**



Play BIG.

#### PROGRAM FEES

One Hour Tennis Class: \$168 per 6-week session One-and-a-Half Hour Tennis Class: \$252 per 6-week session Drop-in Adult Tennis: \$38 Member / \$43 Non-Member Pickleball Ladder/Round-Robin: \$100 per 6 week session Drop-in Pickleball Activities: \*Please visit website for details 10% EARLY BIRD DISCOUNT—Check website for discount end dates

#### TENNIS:

**Red Ball - 7-10 years** (\*6 year olds may be eligible, if they can work in a group setting and follow instructions for a one-hour class) Introduction to tennis with low-compression balls.

Orange Ball - 8-11 years A continuation of Red Ball, players work to refine their strokes. Low compression orange balls are used.

Teen Beginner - 12-16 Teens who are new to the game and want to learn to play tennis.

Green Dot Ball - 10-13 Players begin to rally the ball. This class is the next step from Teen Beginner and/or Orange Ball.

Junior Excellence - 11-14 Players with lesson experience, who can rally the ball and have learned all basic strokes. This is an appropriate class for Middle School team players.

High School Varsity Training - 14-18 Aspiring tournament players and High School Varsity and JV team players. Match Play is front and center, with live ball drills and on-court coaching.

\*Top Flight Academy—Level requirements; for advanced juniors. Email <u>mimi@wessenitc.com</u> or call 248-253-9300 for details.

Adult Beginner - 17+ Adults who have never played tennis, or have been away from the sport for an extended time.

Adult Adv. Beginner - 17+ NTRP 2.5-3.0 players.

Adult Intermediate - 17+ NTRP 3.0-3.5 players.

Organized Practice - 17+ NTRP 3.5+ players.

Rock & Roll Tennis - 17+ NTRP 3.0-4.0 players.

#### PICKLEBALL:

Beginner+ Round-Robin [1.0-2.75 DUPR] MON 12:00-1:30 PM MON 1:30-3:00 PM Intermediate Ladder [2.75-3.25] TUES 12:00-1:30 PM THURS 1:30-3:00 PM TUES 1:00-3:00 PM THURS 12:00-1:30 PM

Pickleball Details—coleen@wessenitc.com or call 248-253-9300

#### wessenitc.com or 248-253-9300

CLASS	AGE	DAY	TIME
Red Ball	7-10	Tues	6:30-7:30 pm
Red Ball	7-10	Thurs	6:30-7:30 pm
Red Ball	7-10	Sat	11:00a-12:00 pm
Red Ball	7-10	Sun	3:00-4:00 pm
Teen Beginner	12-16	Mon	6:30-7:30 pm
Teen Beginner	12-16	Wed	6:30-7:30 pm
Teen Beginner	12-16	Fri	4:30-5:30 pm
Teen Beginner	12-16	Sat	12:00-1:00 pm
Teen Beginner	12-16	Sat	1:00-2:00 pm
Teen Beginner	12-16	Sun	4:00-5:00 pm
Orange Ball	8-11	Tues	6:30-7:30 pm
Orange Ball	8-11	Wed	6:30-7:30 pm
Orange Ball	8-11	Thurs	6:30-7:30 pm
Orange Ball	8-11	Fri	5:30-6:30 pm
Orange Ball	8-11	Sat	12:00-1:00 pm
Orange Ball	8-11	Sat	1:00-2:00 pm
Orange Ball	8-11	Sun	3:00-4:00 pm
Green Dot Ball	10-13	Mon	6:30-7:30 pm
Green Dot Ball	10-13	Tues	6:30-7:30 pm
Green Dot Ball	10-13	Thurs	6:30-7:30 pm
Green Dot Ball	10-13	Fri	4:30-5:30 pm
Green Dot Ball	10-13	Fri	5:30-6:30 pm
Green Dot Ball	10-13	Sat	1:00-2:00 pm
Green Dot Ball	10-13	Sat	3:30-4:30 pm
Green Dot Ball	10-13	Sun	4:00-5:00 pm
Junior Excellence	11-14	Sat	2:00-3:30 pm
Junior Excellence	11-14	Sun	12:00-1:30 pm
High School Varsity	14-18	Sat	3:30-5:00 pm
High School Varsity	14-18	Sun	1:30-3:00 pm
*Top Flight Academy	12-18	M-Th	4:30-6:30 pm
Adult Beginner	17+	Mon	7:30-9:00 pm
Adult Beginner	17+	Wed	11:30a-1:00 pm
Adult Adv Beginner	17+	Mon	7:30-9:00 pm
Adult Adv Beginner	17+	Tues	10:30a-12:00 pm
Adult Adv Beginner	17+	Wed	7:30-9:00 pm
Adult Adv Beginner	17+	Thurs	10:30a-12:00 pm
Adult Intermediate	17+	Tues	10:30a-12:00 pm
Adult Intermediate	17+	Thurs	7:30-9:00 pm
Organized Practice (drop-in)	17+	Sat	9:30-11:00 am
Organized Practice (drop-in)	17+	Sat	9:30-11:00 am
Rock & Roll Tennis (drop-in)	17+	Sun	10:30a-12:00pm
Jay's Jams—Cardio (drop-in)	17+	Tues	9:00-10:30 am
Jay's Jams—Cardio (drop-in)	17+	Thurs	9:00-10:30 am
Tennis with Tunes (drop-in)	17+	Sat	3:30-5:00 pm

### YOUTH RECREATION



#### LACROSSE CAMP TUNE-UP (AGES 7-13)

Are you new to lacrosse, or looking to improve your skills before the season starts? This lacrosse camp will cover the rules and the understanding of playing lacrosse outside. We will cover field, positions, game concepts and techniques and all positions will be taught to every player. There will be drills that require lacrosse equipment. Some players are coming to learn for the first time and can do the drills without equipment. • Instructor: Rochester United Sharks Lacrosse • 2 Session(s) — \$145

Course #2293-01 Sat/Sun 9:00 AM - 12:00 PM • Jan. 18-19 • Rochester HS-Aux Gym

#### **ROCHESTER CLUB PAW/COMPETITION WRESTLING PRACTICE ONLY (AGES 7-14)**

This competitive club is intended for wrestlers with prior competition experience and is ideal for those who are seeking to improve their technical skills and physical abilities. This club will emphasize the funamentals of wrestling in addition to incorporating advanced techniques and strategies. All wrestlers will receive a dry-fit Club Paw Team shirt. For more information, please visit: www.rorchesterspaw.com/competition
• No make-up dates are given. • Instructor: Coach Morales

• 18 Sessions — \$180 • No class Jan. 20 & Feb. 17

Course #1642-01 Mon/Wed 8:00 PM - 9:30 PM • Jan. 13-March 19 • Hart-AUX Gym



Registration information Page 4-5 See online descriptions for what to bring to class.

### YOUTH RECREATION



#### SKYHAWKS: MINI HAWKS & MINI HAWKS TOTS (AGES 4-5 & 6-7)

Embark on an adventure with Mini-Hawk, a multi-sport program for children. It offers fun, structured environment to explore various sports, enhancing balance and coordination. Children improve athletically while learning sportsmanship and teamwork. Join us for a playful introduction to athletics. Participants should bring a water bottle and wear appropriate athletic attire. • Instructor: Coach Skyhawks • 6 Session(s) — \$135

(AGES 4-5) Course #2640-01 Wed 6:00 PM - 7:00 PM • Jan. 15-Feb. 26 • Baldwin-Gym • No class Feb. 19 (AGES 6-7) Course #2648-01 Wed 7:05 PM - 8:05 PM • Jan. 15-Feb. 26 • Baldwin-Gym • No class Feb. 19



#### SKYHAWKS: PICKLEBALL (AGES 7-9 & 10-13)

Dive into Skyhawks Pickleball, your gateway to the fastest-growing paddle sport! Perfect for new and intermediate players, this program sharpens skills like groundstrokes, volleys, and serves in a fun environment. Participants also develop teamwork, sportsmanship, and respect. Join us to build confidence and a deep love for pickleball! Participants should bring a water bottle and wear appropriate athletic attire.

• Instructor: Coach Skyhawks • 6 Session(s) — \$135

(AGES 7-9) Course #2639-01 Thur 6:00 PM - 7:00 PM • Jan. 16-Feb. 20 • Baldwin-Gym (AGES 10-13) Course #2646-01 Thur 7:05 PM - 8:05 PM • Jan. 16-Feb. 20 • Baldwin-Gym

SKYHAWKS: FLAG FOOTBALL (AGES 5-7 & 8-10)

Swing into Skyhawks Beginning Golf, powered by Payne Stewart Golf Experiences. Our fun games-based approach and specialized equipment ensure early success. We teach skills like putting and chipping through engaging activities. Ideal for beginners and those improving, join us for joyful progress on the greens! Participants should bring a water bottle and wear appropriate athletic attire.

• Instructor: Coach Skyhawks • 6 Session(s) — \$135

(AGES 5-7) Course #2642-01 Fri 6:00 PM - 7:00 PM • Jan. 17-Feb. 21 • Baldwin-Gym Course #2642-02 Wed 6:00 PM - 7:00 PM • April 9-May 14 • Baldwin-Gym (AGES 8-10) Course #2645-01 Fri 7:05 PM - 8:05 PM • Jan. 17-Feb. 21 • Baldwin-Gym Course #2645-02 Wed 7:05 PM - 8:05 PM • April 9-May 14 • Baldwin-Gym

### YOUTH RECREATION



#### SKYHAWKS: VOLLEYBALL (AGES 7-9 & AGES 10-13)

Spike your way to success with Skyhawks Volleyball! Designed for beginners to intermediates, this program combines the thrill of volleyball with fun, focused training in passing, setting spiking, hitting, and serving. Beyond skills, it emphasizes leadership and teamwork, fostering growth as players and team members. Join us for volleyball fun and mastery! • Instructor: Coach Skyhawks • 6 Session(s) — \$135

(AGES 7-9) Course #2624-01 Thur 6:00 PM - 7:00 PM • April 10-May 15 • Baldwin-Gym (AGES 10-13) Course #2625-01 Thur 7:05 PM - 8:05 PM • April 10-May 15 • Baldwin-Gym

#### SKYHAWKS: BEGINNING GOLF (AGES 5-7 & 8-10)

This fun, skill-intentive program is designed for beginning to intermediate players. Using our progressionbased curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Participants will learn the fundamentals of passing, shooting, ball handling, rebouding and defense through skill-based instruction and small-sided scrimmages. • Instructor: Coach Skyhawks • 6 Session(s) — \$135

(AGES 5-7) Course #2643-01 Fri 6:00 PM - 7:00 PM • April 11-May 23 • Baldwin-Gym • No class April 18 (AGES 8-10) Course #2644-01 Fri 7:05 PM - 8:05 PM • April 11-May 23 • Baldwin-Gym • No class April 18



Registration information Page 4-5 See online descriptions for what to bring to class.

### MARTIAL ARTS - YOUTH & ADULT



#### **TAE KWON DO (AGES 7-ADULT)**

Ages 7 to adult are taught a traditional style of Tae Kwon Do in a friendly, peaceful-minded, but structured environment. With a combined 52 years of martial arts training instructors Marc Harder and Ryan Wasmund have helped students of all ages reach personal goals. For students young and old, we have been, and continue to be a place to refuel, recharge and remember the value of keeping one's body fit. There is a \$50 test fee and students will test for promotion only when qualified to do so. Approved sparring equipment can be brought to class or purchased through instructor. No makeup classes will be given. • Instructor: Marc Harder • McGregor-Mondays in the Gym, Thursdays in the Cafeteria.

#### Course #1480-01 Mon/Thur 6:30 PM - 7:45 PM

- Jan. 13-March 20 18 Sessions \$215
- No class Jan. 20 & Feb. 17

• Class on March 3, 10, 13, 17 & 20 will be at Long Meadow-Cafe

#### Course #1480-02 Mon/Thur 6:30 PM - 7:45 PM

- March 31-May 22 15 Sessions \$185
- No class April 21
- Class on April 3 will be at Long Meadow-Cafe

### ADULT RECREATION & ENRICHMENT



#### ABC'S OF INVESTING (AGES 18+)

Class covers the fundamental basics of investing. Topics include: Investing for growth income and the basics of financial planning. Course materials provided. • Instructor: Raymond James & Associates • 2 Session(s) — \$26

Course #1037-01 Tue 6:30 PM - 8:00 PM • Jan. 14-21 • Van Hoosen-Room 131

#### **RETIREMENT PREPARATION MASTERCLASS (AGES 25+)**

There is certainly a lot that goes into retirement preparation. While finances and taxes play a big role, mindset and life planning are equally important. Will you relocate? What will you do with your newfound free time? We will dive into plenty over the course of this hour around retirement tips, stories, and pitfalls to help get you as prepared as possible to take that big leap. • Instructor: Nemes Rush Family Wealth Management • 1 Session(s) — \$20



**Course #1039-01** Tue 6:00 PM - 7:00 PM • Jan. 28 • Van Hoosen-Room 131 **Course #1039-02** Mon 6:00 PM - 7:00 PM • March 10 • Van Hoosen-Room 131

### ADULT RECREATION & ENRICHMENT

# SCUBA D!Y:NG

#### SCUBA DIVING ICE DIVER (AGES 15+)

If extreme, unusual and challenging scuba diving scenarios appeal to you, try diving under the ice. Ice diving is one of the most adventurous scuba specalties because you confront conditions and see beauty few other ever experience. Plus, you might get a chance to play with your exhaled bubbles on the bottom of the ice. Drysuit rental available for \$75, or bring your own.

- Stony Lake Township Park (1397 Lapeer Rd., Oxford)
- Instructor: Mario Lepore 3 Session(s) \$499

Course #1884-01 Fri • 6:00 PM - 8:00 PM on Feb. 21 (Classroom session via Zoom) • Sat/Sun • 12:00 PM - 4:00 PM on Feb. 22 & Feb. 23 (In-water sessions @ Stony Lake)

#### SCUBA DIVING DRYSUITE (AGES 15+)

Want to stay warm? Want to extend your scuba diving season? Then dry dry. A drysuit seals you off from the water and keeps you comfortable, even in surprisingly cold water. There is incredible diving in the world's cooler regions like our Great Lakes, conditions are even better in colder months. Drysuit rental available for \$75, or bring your own. • Stony Lake Township Park (1397 Lapeer Rd., Oxford)• Instructor: Mario Lepore • 2 Session(s) — \$199

Course #1882-01 Sat/Sun 12:00 PM - 3:00 PM • Feb. 8-9 Course #1882-02 Sat/Sun 12:00 PM - 3:00 PM • March 15-16

#### SCUBA DIVING PADI OPEN WATER DIVER (AGES 10+)

During the PADI Open Water Diver course, you'll learn what you need to know to explore the underwater world using scuba.

The PADI Open Water Diver course includes three parts: Knowledge Development, Confined Water Dives, and Open Water Dives. Knowledge Development covers the principles, concepts and terms you need to know for dive safety and enjoyment. During the Confined Water Dives, you learn and practice scuba skills under controlled lake conditions. You'll enjoy making one or more mini-dives, which take you through the same steps you follow when you make open water dives. To complete training you practice, apply and demonstrate what you learn during your Open Water Dives at a local dive site.

Earning a PADI Open Water Diver certification shows that you've met the course requirements. Dive centers and resorts require proof of certification before they will rent scuba equipment, fill scuba cylinders or book dive excursions. As a PADI Open Water Diver, you'll be trained to a maximum depth of 18 meters/60 feet, and are qualified to dive in conditions as good as, or better than, those in which you trained. It's just the beginning of a lifetime filled with dive adventures.

• 1st class will be held at the Shelby Township Activities Center (14275 Rick Dr., Shelby Twp.). Dives will be conducted at Stony Lake Township Park (1397 Lapeer Rd., Oxford). Fee includes all rental equipment and air fills for each class related dive.

Instructor: Mario Lepore • 4 Session(s) — \$549

Course #1880-01 Fri/Sun • 6:00 PM - 9:00 PM on May 9 (Classroom session) • 10:00 AM - 12:00 PM on May 10, May 11 & May 17 (In-water sessions)

### ADULT RECREATION & ENRICHMENT

#### **SCUBA DIVING ENRICHED AIR/NITROX DIVER (AGES 12+)**

Enriched Air, also known as "NITROX", is a form of breathing gas that allows divers to extend bottom time and reduce nitrogen loading. It is PADI's most popular specialty course. This certification counts toward the PADI Master Scuba Diver rating. You'll learn why diving with air that has higher oxygen and lower nitrogen content gives you more bottom time, along with enriched air equipment considerations.During our virtual classroom session you will: Discuss managing oxygen exposure; Discuss analyzing oxygen content in your scuba tank; Set your dive computer for diving with enriched air/nitrox.

Classes are done via ZOOM. Upon student registration, each participant will receive e-Learning material for review. Classroom and exam will be conducted via Zoom. The ZOOM link will be emailed by the instructor. • Instructor: Mario Lepore • 1 Session(s) — \$199

Course #1883-OL01 Wed 7:00 PM - 9:00 PM • Feb. 26 Course #1883-OL02 Wed 7:00 PM - 9:00 PM • March 19 Course #1883-OL03 Wed 7:00 PM - 9:00 PM • April 23 Course #1883-OL04 Wed 7:00 PM - 9:00 PM • May 21

#### YOGA (AGES 16+)

Even though Yoga is 5,000 years old, it is still relevant today as we look for balance in our bodies (flexibility and stability), in our minds (openness and focus) and our hearts (calmness and liveliness). We access these levels through physical postures, breathing and how we use our attention. Beginning and experienced students are welcome. Have a blanket and a mat.

• Instructor: Tracy Flynn • University Hills-Media Center • 8 Session(s) — \$112

**Course #1428-01** Mon 7:00 PM - 8:15 PM • Jan. 13-March 17 • No class Jan. 20 & Feb. 17 • 8 Session(s) — \$112

Course #1428-02 Wed 7:00 PM - 8:15 PM • Jan. 15-March 19 • 10 Session(s) - \$140

**Course #1428-03** Mon 7:00 PM - 8:15 PM • March 31-May 19 • No class April 21. • May 12 class in gym • 7 Session(s) — \$98

Course #1428-04 Wed 7:00 PM - 8:15 PM • April 2-May 21 • May 14 class in gym • 8 Session(s) - \$112



### ADULT RECREATION & ENRICHMENT

#### FRIDAY NIGHT VOLLEYBALL (AGES 18+)

Drop-in intermediate COED Volleyball for experienced players. Excellent opportunity to connect with other volleyball players in the area. Must know the rules of play, be able to make legal contact with the ball, and play safely. Teams are assigned weekly. **There is a \$7.00 drop-in fee payable to the instructor at each week or a 10-visit punch pass can be purchased at the door for \$70.00.** Please, for everyone's safety, NO MINORS ALLOWED, this is an adult only class. • Instructor: Josiah Eberle • No class Feb. 21, March 28, and April 18

Fri 7:00 PM - 10:00 PM • Jan. 17-May 16 • Hart-Gym

#### ADULT DROP-IN BASKETBALL (AGES 18+)

This is a fun, but competitive drop-in basketball program for players of intermediate to advanced ability. Play is by invite only. If you are interested in playing, please call or text Jack at 731-483-1781 to request an invitation. **There is a \$7.00 drop-in fee payable to the instructor at each week or a 10-visit punch pass can be purchased at the door for \$70.00**. Please, for everyone's safety, NO MINORS ALLOWED, this is an adult only class. • Instructor: Jack Novak • No Class Feb. 18, March 25, May 20, 27, and June 3

Tue 8:00 PM - 10:00 PM • Jan. 14-June 10 • Reuther-Gym

#### **ROCHESTER TABLE TENNIS (AGES 5-ADULT)**

Come to Rochester's Table Tennis Club to play, learn the sport, polish and improve your skills, practice, and get your heart pumping! It's FUN, physical, and cardiovascular action, learning and competition! Play singles, doubles, or just practice. Compete against many various skill levels. See website and playing schedule at https://www.rochestertabletennis.com. Please bring a paddle and a ball or two, if you have any. Please DRESS to sweat and wear tennis/court shoes (recommended). **There is a \$7.00 drop-in fee payable to the instructor at each week.** • Instructor: Rich McLonis • No class Jan. 20, Feb. 17-18, March 24-27, April 21, May 6, May 8, May 20, May 26, & June 2-3

Mon/Tue/Thur 7:00 PM - 10:00 PM • Jan. 16-June 5 • Hart-Cafeteria

#### **DIVORCE: WHAT YOU NEED TO KNOW (AGES 18+)**

How will divorce affect my children? What will happen to my assets? What does my financial future look like? These are just a few of the questions that are asked when considering divorce. Get the answers that you need from an experienced Family Law Attorney who knows, the legal process of divorce, what you need to know about child custody, asset division, spousal support and a number of other divorce-related topics will be discussed. The Law Office of Diane M. Twitty, PLLC.

• Instructor: Law Office of Diane M. Twitty, PLLC

• 1 Session(s) — \$26



Course #1516-01 Tue 7:00 PM - 9:00 PM • Feb. 4 • Van Hoosen MS-Room 131



### ADULT RECREATION & ENRICHMENT

#### **BEGINNER FRENCH CLASS FOR KIDS A1.2 (AGES 11-13)**

This course is designed for middle school students who already have some knowledge of the French language and have a basic understanding of the grammer system. The course aims to develop skills acquired before in speaking, listening, reading and writing. • Instructor: Omrum Erdas Kesmer • 5 Session(s) — \$180

#### Course #1563-01 Thur 6:00 PM - 7:30 PM • Jan. 23-Feb. 20 • Van Hoosen-Room 131

#### **BEGINNER FRENCH CLASS A1.2 (AGES 15+)**

This course is intended for students who already have some knowledge of the French language and have a basic understanding of the grammer system. The course aims to develop skills acquired before in speaking, listening, reading and writing and also it lays emphasis on communication and comprehension skills. • Instructor: Omrum Erdas Kesmer • 10 Session(s) — \$200 • No class March 26

Course #1564-01 Wed 6:00 PM - 7:30 PM • Jan. 22-April 2 • Van Hoosen-Room 131



#### ITALIAN B1.2 (INTERMEDIATE) (AGES 18+)

Italian B1.2 (Intermediate) is a language course designed for students who have completed the Italian B1.1 course, or who already have a knowledge of the Italian language at a lower intermediate level. Students are expected to know the most commonly used verb tenses (simple present, simple future, "passato prossimo", and "imperfetto" of both regular and irregular verbs). They should also know possessive adjectives and pronouns. Emphasis will be placed on further developing speaking, listening and reading skills, while diving into the culture, traditions and geography of modern Italy. This class will be held online via ZOOM. **Textbook:** The New Italian Project: Student's book + Workbook + DVD + CD 1b by T. Marin/S. Magnelli - Publisher: Edilingua; ISBN-978-8899358921 (students are required to purchase the book by the first day of class). Please contact the teacher for links to online stores (Amazon, online libraries...). marta.cappato@gmail.com • Instructor: Marta Cappato • 8 Session(s) — \$160 • No Class Feb. 18

Course #1579-OL01 Tue 6:30 PM - 7:30 PM • Jan. 14-March 11 • Online-Zoom

#### ITALIAN B1.3 (INTERMEDIATE) (AGES 18+)

Italian B1.3 (Intermediate) is a language course designed for students who have completed the Italian B1.2 course, or who already have a knowledge of the Italian language at a lower intermediate level. Students are expected to know the most commonly used verb tenses (simple present, simple future, "passato prossimo", and "imperfetto" of both regular and irregular verbs). They should also know possessive adjectives and pronouns. Emphasis will be placed on further developing speaking, listening and reading skills, while diving into the culture, traditions and geography of modern Italy. This class will be held online via ZOOM. **Textbook:** The New Italian Project: Student's book + Workbook + DVD + CD 1b by T. Marin/S. Magnelli - Publisher: Edilingua; ISBN-978-8899358921 (students are required to purchase the book by the first day of class). Please contact the teacher for links to online stores (Amazon, online libraries...). marta.cappato@ gmail.com • Instructor: Marta Cappato • 8 Session(s) — \$160

Course #1580-OL01 Tue 6:30 PM - 7:30 PM • April 1-May 20 • Online-Zoom

# **NOW HIRING**

Call Now!

**School-Age Care** Lead Caregivers (Starting at \$16.47/hr.) Caregivers (Starting at \$12.86/hr.) (MORNING AND AFTERNOON SHIFTS)

26 - 3024



https://www.rochester.k12.mi.us/staffcareers/employment-opportunities



JOIN

**OUR** 

TEAM!

School-Age Care Department 3838 N. Rochester Rd. • Oakland Twp., MI 48306 (phone) 248-726-3023 • (fax) 248-726-4805 (e-mail) sac@rochester.k12.mi.us

Registration information Page 4-5 See online

## ADULT EDUCATION

# Rochester Community Schoo

## **Rochester Adult Center for Education - R.A.C.E**

Phone: 248-726-5950

1440 John R. Road, Rochester Hills, MI 48307 Website: https://www.rochester.k12.mi.us/schools/race

## ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES

Winter Semester – January 21– May 1, 2025 Spring Semester – May 5 – June 12, 2025 (M-Th 9am-12:15pm)

#### In-Person FREE Classes

M/W 9am-12:15pm T/Th 9am-12:15pm M/W 6pm-9:15pm T/Th 6pm-9:15pm M/T/W/TH 12:30-2pm Beginning, Low Intermediate and High Intermediate Levels

Advanced Conversation Tuition Classes are also available, ask at Registration There is a tuition fee for Advance Conversation Classes.

Walk-in ESL Registration Dates for Winter Semester Registration is not all day long

• Tuesday, January 14-9:00 am

Tuesday, January 14-6:00 pm

Wednesday, January 15-9:00 am •

- Wednesday, January 15-6:00 pm .
- Thursday, January 16-9:00 am
- Thursday, January 16-6:00 pm

#### What to bring to registration:

•

- Proof birth (e.g., Valid USA driver's license, USA State ID or Passport)
- Your social security number
- Plan to spend 3 hours for registration and assessment testing.
- No children at registration, please. Spaces are limited.
- Questions: send an email to RACE@Rochester.K12.MI.US

## HIGH SCHOOL DIPLOMA/GED SKILLS CLASSES **FREE CLASSES**

Semester 2 – Classes begin November 20, 2024 Semester 3 – Classes begin March 3, 2025 In-Person Computer Based Classes with Teacher Support

Part-time or Full-time

Class times are:

- Classes meet twice per week
- New semester every 12 weeks
  - **Small Class Sizes**
- **Personal Counseling** M/W 3-6pm M/W 6:30-9:30pm
- Academic & Career Advising T/Th 3-6pm T/Th 6:30-9:30pm

### GED/HIGH SCHOOL Registration is by APPOINTMENT ONLY

To schedule a registration appointment, call or email with your name and phone number to RACE@Rochester.K12.MI.US

#### What to bring to registration:

- Your Valid Driver's License or Valid State ID card
- Your Official High School transcripts if you want to earn your HS Diploma



Oakland Township Parks and Recreation and Dinosaur Hill Nature Preserve have partnered to bring Oakland Township residents and others exciting programs at Lost Lake Nature Park!

Family, friends and neighbors are invited to explore themed indoor and outdoor activities at any of these **FREE** drop in events, with no pre-registration required.

Open House events occur 12-3 pm on every 2nd Saturday & 4th Sunday of the month!\*

### Saturday, January 11 & Sunday, January 26 12-3 pm- Hibernation & Caves

Inside the nature center we'll learn about caves and the animals that live in them, particularly during winter. On **January 11th** we'll make our own paper plate caves decorated with cave formations and go outside to breathe and move like a bear getting ready to hibernate! **January 26th** we'll have a scavenger hunt outside for our hibernating puppets and make a 'lift the flap' hibernating animal craft.

### Saturday, February 8 & Sunday, February 23 12-3 pm- Dinosaurs

**February 8th** we'll look at a timeline to see which dinosaurs lived when, put together paper T. rex models to take home, and outside we'll play a dinosaur dance game. On **February 23rd**, we'll measure the lengths of common dinosaurs outside. Inside, we'll examine dinosaur fossil replicas and build pasta dinosaur dioramas to take home.

#### Saturday, March 8 & Sunday, March 23 12-3 pm- Trees & Forest

**March 8** join us inside to learn about the lifecycle of a tree and match tree buds, bark, and leaves to the correct tree. Make your own tree ID booklet. We'll go outside and take bark rubbings of different kinds of trees we find. On **March 23**, we'll learn about the lifecycle of a forest– a process called succession. Make a forest collage with different types of trees. Then go outside to experience the differences of tree communities.

### Saturday, April 12 & Sunday, April 27 12-3 pm- Amazing Amphibians!

Discover the frogs and salamander species found in Michigan, learn about their lifecycles, and hear the frogs' calls inside the nature center. On **April 12** we'll make toad abodes, meet a toad, and outside we'll look for tadpoles in the wetland around the lake. On **April 27** we decorate a paper towel tube "log" with salamander cutouts and outside we'll go for a walk looking under logs for salamanders.

### Saturday, May 10 & Sunday, May 18 12-3 pm— Creature Colors: Camouflage & Warning Colors

**May 10** we'll look at how animals with sometimes surprising patterns can disappear in their habitat. Color a camouflaged animal within their habitat, then go outside for a camo critter scavenger hunt. **May 18** is all about warning– usually bright colors are used, or sometimes a simple black and white stripe gets the message across. We'll play a game of warning flag tag outside and paint a flying Monarch butterfly toy to take home.

All programs on this page take place at Lost Lake Nature Park. The park is located in Oakland Township so it is close by for everyone! The park is just West of Rochester Rd off of Predmore: 846 Lost Lake Trail

## Dinosaur Hill offers programs at other Township parks as well. Check out the Oakland Township section of this guide to see what is coming up soon!



## **Dinosaur Hill Nature Preserve**

333 North Hill Circle, Rochester, MI 48307 www.DinosaurHill.org

Nature Center OPEN Fridays 1-5 pm, Saturdays, Sundays 12-5 pm

Please visit www.DinosaurHill.org/Classes for descriptions and to register.

### FAMILY PROGRAMS

#### \$6 per person or \$15/family

Rocks & Stars *Jan 2* 2-4 pm Marvelous Michigan *Jan 26* 4-6 pm Groundhog's Play *Feb 2* 10-11:30 am Sap to Syrup *Mar 1* 10am, 12 pm, or 2 pm Everything Eggs Ages 3-6 *April 13* 10 am Everything Eggs Age 7+ *April 13* 1 pm Fossil Fun *May 2* 4-6 pm River Day *June 8* 10 am-2pm

#### PRESCHOOL PROGRAMS Ages 3-6

Nature Tales Classic- 10-11 am each 3rd Thursday of the month. Story/Craft/Snack

\$6 per child

Jan 16 Feb 20 March 20 April 17 May 15

**Story & STEAM**– 10-11 am each 2nd & 4th Friday of the month Nature Story & related STEAM activities \$6 per child

Jan 10, 24 Feb 14, 28 March 14, 28

April 11, 25 May 9, 23

Planting Pizza Single Session (\$8/\$6 per person) May 28– 4:30-6:30 pm Planting Pizza Grades 2-7 May 21– 6-8 pm Planting Pizza Adults

An introduction to square foot gardening, a healthy pizza snack, and a good starter pack of seedlings for topping your pizzas! Fishing Friends Drop-Off Program\*

Grades 4-7 May 9, 16, 30, June 6 & June 13 4:30-6:00 pm \$50 per person for all 5 sessions

Beginner fisherfolk can join us for fun with fins! Learn about the parts of different types of fishing rods, identify different kinds of freshwater fish, what baits to use with which fish, try your hand at tying flies, and cast a line in the creek whenever the weather cooperates. A children's fishing license will be included with each registration. One session may take place at Rochester Municipal Park, date to be determined.

#### **Eco-Friendly Birthday Party Rental**

You may choose between Dino Adventure, Explore Michigan Wildlife, Pirate Party, or Investigate Insects. Party fee includes compostable paper goods, decorations, non-plastic party favors and your own naturalist who leads the group in indoor and outdoor activities related to the theme. *Fee:* \$200 2 hour rental, limit 25 people.

#### **Evening Campfire Rentals**

Enjoy a private seasonal evening hike & campfire with your group. Roasting sticks are provided for roasting marshmallows or hotdogs that you bring. A folding table is provided for your convenience. Firewood is provided. Building is open for restroom use.

*All rentals with campfires require 7 day notice. Fee: \$100* 

2 hour rental, limit 40 people.

# **Cranberry Lake Farm Historic District** *Oakland Twp's historic farm in a park!*



A community historical center - work in progress for you! Come out to the historic farmstead located at 388 W. Predmore Rd. Oakland, MI. Visit our Heritage Garden, children's Story Garden, barns, hen house, carriage barn, and enjoy several areas to picnic. The 16-acre historic district is within Cranberry Lake Park and listed in the National Register of Historic Places. Huge thanks to the Historic District Commission as they manage the farm: Dave Phillips, Ron Bargy, Bill Berklich, Jan Derry, Mark Gerhard, Pete Jarzyna, and Lana Mangiapane. The farm is home to the Oakland Township Historical Society, a volunteer organizastion that offers programs and tours throughout the year. Check the website www.oaklandtownship.org HDC page or join our Facebook for information on 2025 programs: #CLFDistrict. For questions contact Preservation Planner Barbara Barber 248-608-6807.



## Register online: oaklandtownship.recdesk.com



8+

8+

## Nature Programs Winter/Spring

**HOW TO OWL** 

Friday, January 3rd, 2025 Bear Creek Nature Park 740 W. Snell Rd., Rochester MI 48306 OR

Saturday, January 4th 2025 Cranberry Lake Park 635 W. Romeo Rd, Oakland 48363 (North Parking Lot)

#### 6:00pm-7:30pm

Who lives here? 12 species of owl can be found in Michigan. Discover the three most common and learn to identify their calls. We'll take a slow night hike on the trails attempting to get wild owls to respond to recordings.

All family members in attendance must register. Resident Registration open now. Non-Resident registration opens: Dec. 13th Register by Dec. 29th

## FOSSILS: PREHISTORIC PROOF

Saturday, February 1st, 2025 Lost Lake Nature Park 846 Lost Lake Trail, Oakland, MI 48363 10:00am-12:00pm



Learn about both plant and animal life from millions of years ago! Explore replica dinosaur fossils and authentic fossils of other animals and plants, including those commonly found in Michigan. Make your own fossil imprint to take home. Search for small fossils in the park and continue the fun by digging into a (provided) fossil brick at home.

All family members in attendance must register. Resident Registration open now. Non-Resident registration opens: Jan. 11th Register by Jan. 28th

### FEATHERED FRIENDS

Friday, May 16th,2025 Bear Creek Nature Park 740 W. Snell Rd., Rochester MI 48306 10:00am-11:00am

It seems like our feathery friends have finally returned home from their winter vacation homes down south and we're extremely excited to have a chance to listen to them sing, watch them at our backyard feeders and observe their nest building! Join us at the beautiful Bear Creek Nature Park for a morning celebrating birds! We will listen to an interactive story about eggs which will get everyone involved, play an egg and nest matching game, touch, feel, and play games with real bird feathers, and put together our own nests to take home!

Resident Registration open now. Non-Resident registration opens: April 25th Register by May 13th

ALL NATURE PROGRAMS:

PRF

K

**Residents: \$5** 

### **Family Friendly Nature Programs!**

## THE GLORIOUS WINTER SKY

Saturday, January 25th, 2025 Cranberry Lake Farm 388 W. Predmore Rd Oakland, MI 48363 6:30pm- 8:30pm

This program is both Indoor and Outdoor



Don't miss this early-evening smorgasbord of heavenly delights! Oakland Astronomy Club members will give an indoor presentation to orient you to the winter night sky. Then, weather permitting, we will head outdoors to feast on the glorious stars of winter, the delights of Orion's colorful

nebula, the planets Mars, Jupiter, and Venus, and catch a glimpse of Saturn setting. Sample all these heavenly delights and enjoy complimentary star cookies and cider as well! OAC will provide the telescopes. Bring your curiosity and binoculars or borrow ours. Dress for the elements.

All family members in attendance must register. Resident Registration open now. Non-Resident registration opens: Jan 4th Register by Jan 21st

#### THE MAGIC OF A DARK WINTER NIGHT SKY

Saturday, March 1st, 2025 Cranberry Lake Farm 388 W. Predmore Rd Oakland, MI 48363

**7pm– 9pm** This program is both Indoor and Outdoor

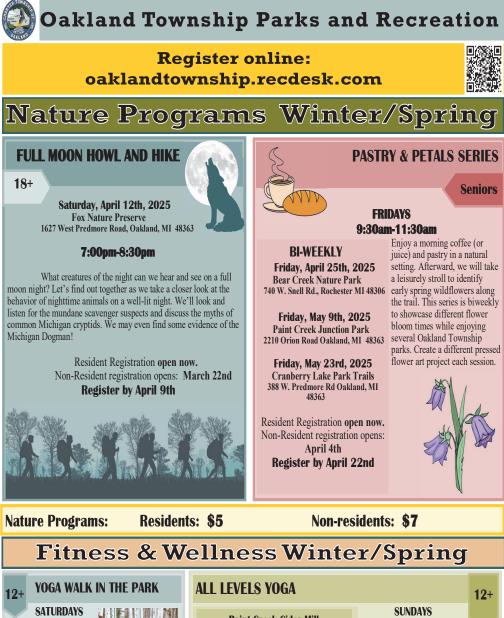


Orion stands tall in the South tonight. Don't miss this last moonless, early-evening opportunity to enjoy the dazzling winter hexagon of bright stars that surround Betelgeuse. After an orientation to the night sky by the Oakland Astronomy Club, weather permitting,

enjoy the nebulae of Orion the Hunter and the Witch's Head, get an eyeful of Jupiter and Mars, and marvel at the galaxies of the Bear and the Lion. OAC will provide the telescopes. Drink-in the night sky and enjoy complimentary star cookies and cider. Bring your curiosity and binoculars or borrow ours. Dress for the elements.

All family members in attendance must register. Resident Registration open now. Non-Resident registration opens: Feb 8th Register by Feb 26th

Non-residents: **\$7** 



**1pm-2pm** We often forget that yoga

is not tied to indoors or places where we can roll out our yoga mats. Yoga is wherever our bodies

are. Try a new twist – led by a certified yoga instructor, walk the trails through the park while intermittently adding yoga poses to calm your mind, improve balance, and flexibility.

> Bear Creek Nature Park 740 W. Snell Rd., Rochester MI 48306

6 week sessions January 18th – February 22nd Resident Registration open now. Non-Resident registration opens: Dec. 28th Register by January 14th

Residents: \$60 Non-Residents: \$72

Paint Creek Cider Mill 4480 Orion Rd. Rochester, MI 48306

6 week sessions January 19th – February 23rd Resident Registration open now. Non-Resident registration opens: Dec. 29th Register by January 15th

Residents: \$60 Non-Residents: \$72

March 2nd – April 6th Resident Registration open now. Non-Resident registration opens: Feb. 9th Register by February 26th

Residents: \$60 Non-Residents: \$72 April 13th – May 18th

Resident Registration open now. Non-Resident registration opens: Mar. 23rd Register by April 9th

Residents: \$60 Non-Residents: \$72

#### SUNDAYS 9:30am - 10:30am Indoors OR Livestream

Join Up Dog Yoga and Oakland Township Parks and Recreation as they team up to bring you high quality yoga! *All Levels* classes will accommodate all skill levels with an option to modify. Bring your water bottle and yoga mat. Continue your practice inside at the Paint Creek Cider Mill or choose the Live Stream option.



## Register online: oaklandtownship.recdesk.com



## Fitness & Wellness Winter/Spring

## 12+ GENTLE YOGA

#### **Indoors OR Livestream**

This basic yoga class is designed to meet you were you are. Modifications are offered and encouraged. Enjoy basic yoga postures, gently stretch and strengthen the body while connecting with the breath, and calming the mind.



#### MONDAYS

4:45pm— 5:45pm 6 week sessions

January 27th – March 3rd Resident Registration open now. Non-Resident registration opens: Jan. 6th Register by January 22nd

Residents: \$60 Non-Residents: \$72

March 10th – April 14th Resident Registration open now. Non-Resident registration opens: Feb. 17th Register by March 5th

Residents: \$60 Non-Residents: \$72

April 21st – June 2nd No class May 26th Resident Registration open now. Non-Resident registration opens: Mar. 31st Register by April 16th

Residents: \$60 Non-Residents: \$72

Paint Creek Cider Mill 4480 Orion Rd. Rochester, MI 48306

#### **WEDNESDAYS**

4:45pm— 5:45pm 6 week sessions February 5th — March 12th Resident Registration open now. Non-Resident registration opens: Jan, 15th

Register by January 31st

Residents: \$60 Non-Residents: \$72

March 19th – April 23rd Resident Registration open now. Non-Resident registration opens: Feb. 26th Register by March 14th

Residents: \$60 Non-Residents: \$72

#### April 30th – June 4th

Resident Registration open now. Non-Resident registration opens: Apr. 9th Register by April 25th

Residents: \$60 Non-Residents: \$72

#### **THURSDAYS**

6:00pm— 7:00pm 6 week sessions January 30th – March 6th

Resident Registration open now. Non-Resident registration opens: Jan. 9th Register by January 27nd

Residents: \$60 Non-Residents: \$72

March 13th – April 17th Resident Registration open now. Non-Resident registration opens: Feb. 20th Register by March 10th

Residents: \$60 Non-Residents: \$72

April 24th – May 29th

Resident Registration open now. Non-Resident registration opens: Apr. 3rd Register by April 21st

Residents: \$60 Non-Residents: \$72

## 12+ SLOW FLOW YOGA

Paint Creek Cider Mill 4480 Orion Rd. Rochester, MI 48306

6 week sessions February 2nd – March 9th Resident Registration open now. Non-Resident registration opens: Jan. 10th Register by January 29th

Residents: \$60 Non-Residents: \$72

March 23rd – April 27th Resident Registration open now. Non-Resident registration opens: Feb 28th Register by March 19th

Residents: \$60 Non-Residents: \$72

May 11th – June 15th Resident Registration open now. Non-Resident registration opens: Apr. 25th Register by May 7th

Residents: \$60 Non-Residents: \$72



#### **Indoors OR Livestream**

#### SUNDAYS 11:00am - 12:00PM

This class is accessible for most yoga students. Challenges will be offered along with modifications. Movement connected to breath for one hour will leave you feeling peaceful and energized!



## Register online: oaklandtownship.recdesk.com



## Fitness & Wellness Winter/Spring

## 18+ TAI CHI BEGINNERS

Paint Creek Cider Mill 4480 Orion Rd. Rochester, MI 48306

8 week sessions January 7th – February 25th Resident Registration open now. Non-Resident registration opens: Dec. 18th Register by January 2nd

#### Residents: \$64 Non-Residents: \$80

March 11th – April 29th Resident Registration open now. Non-Resident registration opens: Feb. 18th Register by March 7th

Residents: \$64 Non-Residents: \$80

May 13th – July 1st Resident Registration open now. Non-Resident registration opens: April 22nd Register by May 8th

Residents: \$64 Non-Residents: \$80

18+

#### TUESDAYS 6:00pm - 7:00pm

These classes will cover the begining movements of the Tai Chi form and principles, as well as enhance your overall health by improving balance and feelings of wellbeing. Grab some comfortable clothing and shoes. No flip flops or sandals.



## **NEXT STEP TAI CHI BEGINNERS**



This indoor/outdoor program is held at the Paint Creek Cider Mill which features an indoor classroom and an outdoor patio overlooking the Paint Creek. When weather permits outdoor Tai Chi is an option! Continue practicing Tai Chi by learning the remaining movements of the Yang style while reviewing the basic principles of

**WEDNESDAYS** 

6:00pm - 7:00pm



Tai Chi. This class is for those students who have already learned the first third of the Yang Style (Chen Man Ching) Tai Chi form and/or have the permission of the instructor. All sessions are led by Marci Jenkins who has over 20 years of Tai Chi training and practice. Paint Creek Cider Mill 4480 Orion Rd. Rochester, MI 48306

8 week sessions January 8th – February 26th Resident Registration open now. Non-Resident registration opens: Dec. 18th Register by January 3rd

Residents: \$64 Non-Residents: \$80

March 12th – April 30th Resident Registration open now. Non-Resident registration opens: Feb. 19th Register by March 7th

Residents: \$64 Non-Residents: \$80 May 14th – July 2nd Resident Registration open now. Non-Resident registration opens: April 23rd Register by May 9th

Residents: \$64 Non-Residents: \$80





## **Register online:** oaklandtownship.recdesk.com



## Archery Winter/Spring

## Marsh View Park, Archery Range 3100 E. Clarkston Rd. Oakland, MI 48363

#### ARCHERY CI UB + JUNIOR OI YMPIC ARCHERY DEVELOPMENT-JOAD 10 +

#### TUESDAYS



#### Indoors

Join our 4-week archery programs to take your skills to the next level! Whether you're looking to enhance your shooting accuracy and confidence in our general club sessions or advance your technique and earn achievement awards in our JOAD program, we have something for you.



In the club sessions, you'll enjoy tips from fellow Residents: \$60 archers and a supportive community while having fun. The JOAD program focuses on refining your technique and process, with in depth guidance for serious archers. Use our equipment or bring your own.

**Baldwin Elementary School** 4325 Bannister Blvd, Rochester, MI 48306



4 week sessions!

January 7th - January 28th 2025 Registration open now **Register by: Jan 2nd** 

8+

Non-Residents: \$72

February 18th - March 11th 2025 Registration open now **Register by: February 13th** 

**Residents: \$60** 

Non-Residents: \$72

### **BEGINNING ARCHERY**

#### **SATURDAYS** 9:00am - 10:30am

Looking for something new and fun to try on a beautiful spring Saturday morning? This fun class is for you and your family! Our instructors will cover safety, equipment and basic fundamentals of shooting. Sanitized equipment provided.

#### **5 week sessions!**

April 12th - May 10th 2025 Resident registration open now Non-Resident registration Opens: March 22nd **Register by: April 9th** 

#### **Residents: \$90**

Non-Residents: \$112

May 31st - June 28th 2025 Resident registration open now Non-Resident registration Opens: May 10th Register by: May 28th

**Residents: \$90** Non-Residents: \$112



**SATURDAYS** 10:45am - 11:45am

**NEXT STEP ARCHERY** 



Once you've completed our Beginning Archery program, take your skills to the next level by improving your form, discover the use of sights to improve your aim, and sharpen your release skills to prepare yourself for competition or to simply master the target during practice. This program is designed for everyone over the age of eight. Pre-Requisite: Must have completed a Beginning Archery class or its equivalent.



April 12th - May 10th 2025 Resident registration open now Non-Resident registration Opens: March 22nd Register by: April 9th

#### **Residents: \$60** Non-Residents: \$75

May 31st - June 28th 2025 Resident registration open now

Non-Resident registration Opens: May 10th Register by: May 28th

**Residents: \$60** Non-Residents: \$75



## **Register online:** oaklandtownship.recdesk.com



8+

## Archery Winter/Spring

Marsh View Park, Archery Range 3100 E. Clarkston Rd. Oakland, MI 48363

## **FREE ARCHERY PROGRAMS!**



Practice your archery skills. Range supervised by certified USA Archery Instructors. Not sure how to shoot? Range Masters can assist you with our 1st Shot Demo Program - 5 minute teaching time/demo during Open Range Shoot Session Times. Free Loan Program eligible - bows, arrows and targets provided or bring your own. Equipment will be sanitized between users and sessions.

Children between 8 and 17 years of age must be accompanied by an adult.

## **OPEN RANGE SHOOT**

#### **SATURDAYS**

April12th – June 14th Range Closed 5/24/2025 for Memorial Day Weekend

**Register for a 1 hour session** 

12:00pm - 1:00pm

1:00pm - 2:00pm

2:00pm - 3:00pm

3:00pm - 4:00pm

Resident and Non-Resident Registration: **Open now** 

> **Registration is required.** Each session is 1 hour.

refreshments while they

last, and don't miss this

fantastic opportunityit's completely FREE,

but registration is required. We can't wait

to see you there!

### THURSDAYS

May 22nd – August 29th

**Register for a 1 hour session** 

5:00pm - 6:00pm

6:00pm - 7:00pm

7:00pm - 8:00pm

Resident and Non-Resident Registration: Open now Registration is required.

Each session is 1 hour.

## NATIONAL ARCHERY DAY

**SATURDAY** May 10th, 2025

12pm - 4pm **Register for a 1 hour session** 

- 12:00pm 1:00pm
- 1:00pm 2:00pm
- 2:00pm 3:00pm
- 3:00pm 4:00pm

Resident and Non-Resident Registration: **Open now** 

> **Registration is required.** Each session is 1 hour.



Join us for an exciting day at the Archery Range! Grab a friend and come out to cele-

brate National Archery Day with us! Be one of the first 50 registrants for our Open Range Shoot on Saturday, May 10, and score some fantastic giveaways! Enjoy light

## Register online: oaklandtownship.recdesk.com



Team Archery High School and Middle School Students from Rochester Community Schools and Lake Orion Community Schools are invited to join the team. Previous archery experience is NOT necessary

Marsh View Park, Archery Range 3100 E. Clarkston Rd. Oakland, MI 48363



**Registration Open:** 

January 2nd - March 10th, 2025

Includes: All equipment, USA Archery and Safe Sport certified instructors and coaches, 7 team practices,

team shirt, tournament fees, and use of

Oakland Township's Marsh View Park Outdoor Archery Range .

Fee: \$150.00

## **TEAM ARCHERY**

Oakland Township Parks and Recreation, the Michigan High School Archery Association and USA Archery have partnered again this year to further develop archery as a club sport. Students that attend middle and high schools in the Rochester and Lake Orion Community School Districts are invited to join Team Archery for practice and competition in the Spring of 2025. This is a "no cut" sport for beginner to advanced archers, however, space is limited. No previous archery experience is necessary. All team members will have the opportunity to compete against other teams at a state-wide tournament in southeast Michigan.

Select a 50-minute session from the following practice sessions (dates and times subject to change):

 Tuesdays, April 1st - May 13th
 Thursdays, April 3rd - May 15th

 4:00 - 4:50pm
 5:00 - 5:50pm

5:00 - 5:50pm

All team practices/

meetings are held at

Marsh View Park, 3100 E. Clarkston

**Rd., Oakland 48363** 

6:00 - 6:50pm

6:00 - 6:50pm

Maximum 16 students per practice session.

Tuesday, March 18th 4:30pm-5:30pm OR

**TEAM ARCHERY ORIENTATION MEETING** 

5:30pm-6:30pm

<u>Mandatory</u> meeting for archers and parents. Coaches discuss team expectations and range protocol with parents and athletes.



Michigan School Archery Association Championship Tournament

Saturday, May 17th, 2025 at The Hawk-Farmington Hills Community Center, 29995 Twelve Mile Rd., Farmington Hills, MI 48338 NONPROFIT US POSTAGE PAID PERMIT #792 ROYAL OAK, MI 48068 ECRWSSEDDM POSTAL CUSTOMER







#### Enrichment Aide (EA)

\$11.03 hour / Mon-Thurs for shifts 3:00pm-4:30pm and/or 3:45pm-5:15pm The Rochester Enrichment BASES Program is looking for organized and responsible people to work at one, or more, of the 13 elementary schools to oversee the BASES program. Applicants age 18 and over must be background checked with fingerprinting.

The main responsibility would be to take attendance, monitor the class, assist in the classroom and release students to their parents at the end of the class.

In compliance with federal law, all persons hired will be required to verify identity and eligibility to work in the United States.

Call with Questions

Email Letter of Interest & Resume

248-726-3162

enrichment@rochester.k12.mi.us

# NOW HIRING!

Aquatics Instructors/Lifeguards/Supervisors! If you're a certified lifeguard, have W.S.I. certification or have instructing experience, we may have a position for you!

Weekend and evening positions available. Early applicants will have priority in scheduling, **SO APPLY TODAY!** 

Email a resume with copies of your current certifications to enrichment@rochester.k12.mi.us Applications can be requested via email or by phone (248) 726-3165 Enrichment Department:

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