



Supporting Patriots with Specific Dietary Needs

Objectives:

- ❖ Eating safely at Stevenson
- ❖ Identify specific ways that school staff are creating and maintaining a healthy and safe school environment for students with food allergies.

Cafeteria signs will contain information about potential allergens

- ❖ Signs will be provided if the cafeteria food contains ingredients within these food groups:
 - Milk
 - Eggs
 - Fish
 - Shellfish
 - Wheat
 - Soy
 - Peanuts
 - Tree nuts
 - Sesame
- ❖ Although the main food groups that cause allergic reactions will be identified, please watch for signs/symptoms of an allergic reaction:
 - Swollen lips, tongue, or eyes.
 - Itchiness, rash, or hives.
 - Nausea, vomiting, or diarrhea.
 - Congestion, hoarse voice, or trouble swallowing.
 - Wheezing or difficulty breathing.
 - Dizziness, fainting, or loss of consciousness.

- Mood change or confusion



Cafeteria allergens signs

- ❖ Screens above food stations will contain information about potential allergens in the meal being served.
- ❖ If your student has a dietary restriction/allergy, please have them request a specially prepared meal to avoid any possible cross contamination.
 - Please contact :
 - West side: Carly Breen (foods operation manager)
 - East side: Nitza Rivera (kitchen manager)
- ❖ For additional information regarding eating safely at Stevenson, please contact Habib Osman (Director of Facilities and Food Services) ext. 4488 or hosman@d125.org

Food allergy management and prevention plan priorities

- ❖ Epipens are stocked in both nurse's offices.
- ❖ All Steveson faculty and staff members complete annual training regarding anaphylaxis and allergy response.

How we let teachers know about your student's allergy

- ❖ Medical flag with allergy information is visible to teachers in Infinite Campus.
- ❖ Anaphylaxis plans are uploaded in the document tab of Infinite Campus so all nurses can access plans at any time.
- ❖ Condition is listed with details for nurses to see in IC.

Initiatives for students with severe allergies

- ❖ Every student should provide an Anaphylaxis Emergency Action Plan annually to the Health Services Department so we can provide individualized medical care to your student.
- ❖ The nurses carry 2-way radios and communicate with each other during emergency situations to relay medical information.



Initiatives for students with severe allergies/specific dietary needs

- ❖ No HOMEMADE GOODS will be sold at the PPA Bake Sales.
- ❖ All items sold at the PPA Bake Sale and during Give-a-thon fundraisers will be store bought with clear ingredient labels/ no nut containing products will be sold.
- ❖ PPA Treat Day will provide clear allergen labels and signs.

Student Advocacy

- ❖ We encourage students with allergies to reach out to their teachers each semester to discuss and make them aware of their allergy.
- ❖ If students have concerns, we encourage them to reach out to their teacher, student support team or nursing staff.
- ❖ If your student has not used an Epi-Pen before or does not feel comfortable, the nursing staff can provide Epi-Pen training for your student.

Emergency Preparedness

- ❖ Please inform the nursing staff of any updates with your student's medical condition or any new allergies, so that we can be prepared in case of an emergency.
- ❖ We encourage students to notify the closest staff or faculty member at the first signs or symptoms of a reaction.
- ❖ All Security personnel carry a 2-way radio that can be used to communicate with nurses and administrators.
- ❖ Emergency call buttons are located in every classroom
 - When the button is pressed, the teacher is able to notify the main office of an emergency in the classroom, and nurses will respond as soon as possible.

If you have any specific questions/concerns about your student's severe allergy, please contact one of the nurses: nurses@d125.org