



BIG CITY BITES



In our kitchens, we're stirring up something special inspired by the vibrant streets of New Orleans: the iconic **Po' Boy sandwich**. The Po' Boy sandwich captures the spirit of New Orleans - the zest, the rhythm, the soulful flavors that define this remarkable city.

FRESH PICK



Broccoli, often hailed as a nutritional powerhouse, deserves a place of honor on every plate. Packed with vitamins, minerals, and antioxidants, broccoli is a nutritional dynamo. Embrace the goodness of broccoli and let its vibrant green color brighten up your plate and your health.



WELLNESS EDUCATION

Earth Month, serves as a reminder that each of us plays a vital role in safeguarding the Earth. This Earth Month let's embrace sustainability in all aspects of our lives. From reducing waste and recycling to supporting eco-friendly initiatives and embracing renewable energy. There are countless ways to make a difference.

SPECIAL FOOD DAY



On April 12th, cheese lovers across the nation rejoice as we celebrate **National Grilled Cheese Day**. Whether enjoyed with classic cheddar, gooey mozzarella, or adventurous gourmet variations, National Grilled Cheese Day is a delicious reminder to savor the comfort and nostalgia of this beloved food.

ONE DAY CELEBRATION



Earth Day, observes annually on April 22nd, and serves as a global reminder of the importance of environmental conservation and sustainable living. Let's inspire others to join us in protecting and preserving the Earth for generations to come. Let's create a world where nature thrives, and all life flourishes.

Nutrition Services nutrition information is available upon request.