



Job Description

PHYSICAL EDUCATION/ YOGA TEACHER

JOB SUMMARY

Under supervision of the site administrator, provide K-6 grade students with a standards-based, sequential health and wellness instruction that aligns with California Physical Education Content Standards to include yoga-based physical movement.

ESSENTIAL DUTIES AND RESPONSIBILITIES

- Develops and implements physical education lessons and activities that are aligned with California Physical Education Standards which include yoga-based physical movement, and the District World Ready Traits and Skills.
- Develops and implements age-appropriate instructional lesson plans and instructional materials to provide scaffolded lessons to adapt the curriculum to the needs of each student.
- Monitors and reports student progress to classroom teachers.
- Collaborates with classroom teachers to share scope and sequence of physical education literacy and help with goal setting for students.
- Fosters a collaborative learning environment, equipping students with the skills to effectively work as a team and feel a sense of belonging.
- Cultivates students' understanding of the importance of physical activity, nutrition, and rest as part of the Wellness Advocate component of the Learner Profile.
- Facilitates and/ or supports the administration of physical fitness testing.
- Fosters a collaborative learning environment, equipping students with the skills to effectively work as a team and feel a sense of belonging.
- Organizes school and/or community activities such as Field Day, Junior Olympics, Yoga Night, etc.
- Organizes a lunchtime activity and/or clubs such as Yoga Club, Nutrition, Sports, etc.
- Works with community partners to facilitate information on bicycle safety by providing student school wide assemblies and family information nights.
- Ensures that all equipment is safe, clean, organized, and in working order.
- Collaborates with teachers and other staff members.
- Attends meetings and conferences as assigned.
- Assists with before/after school, recess, and lunch supervision.
- Provides substitute lesson plans when needed.
- Performs related tasks as assigned.

QUALIFICATIONS

Knowledge of:

- Pedagogy and content knowledge for elementary instruction
- Physical Education Content Standards for California, and yoga movement
- Health Content Standards for California
- Field of fitness, athletics, and/or physical education
- District World Ready Traits and Skills
- EUSD Framework of the Future
- Appropriate grade level lessons for students in K-6
- Progress monitoring and grading for students in K-6
- Safety practices
- Effective time management skills
- Effective classroom management skills
- Technology as a tool to enhance learning
- District operations, policies, rules, and regulations

Ability to:

- Be self-motivated, self-directed learner, collaborative team player, constructive thinker, and problem solver
- Effectively and efficiently plan and organize grade level lessons, student activities, etc.
- Scaffold lessons and adapt the curriculum to the needs of each student
- Maintain and organize student information/data to monitor student progress
- Communicate clearly and concisely, both orally and in writing
- Establish and maintain cooperative and effective working relationships with others
- Work effectively and efficiently with minimal direction
- Demonstrate interpersonal skills using tact, patience, and courtesy
- Maintain regular and consistent attendance

Education, Licenses, and Other Requirements:

- Bachelor's Degree
- Valid California Single Subject Physical Education Credential **OR**
- Valid California Multiple Subject K-12 Teaching Credential with supplemental authorization in Physical Education
- 200-hour Yoga teacher certification or equivalent experience
- EL Authorization

Experience:

- Teaching Yoga to K-6 students preferred
- Teaching physical education and coaching K-6 students preferred

WORKING CONDITIONS

Environment:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job.

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions of this position.

- Work in outdoor weather conditions
- Moderate noise level
- Daily contact with district and/or school staff

Physical Abilities:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Hearing and speaking to exchange information in person and on the telephone
- Dexterity of hands and fingers to operate a computer keyboard
- Seeing to read a variety of materials
- Sitting for extended periods of time
- Standing for extended periods of time
- Bending at the waist, kneeling, or crouching
- Occasionally lift and/or move up to 25 pounds

OTHER:

- Possession of a valid California's driver's license and employee provided transportation required.

CLEARANCES:

- California Department of Justice (DOJ) fingerprint clearance
- Pre-employment physical examination and drug screen clearance
- Current negative tuberculosis (TB) clearance

Board Approved: February 13, 2024