



# BREAKFAST @SCHOOL

**For first-class learning!**

**RIVER VALLEY SECONDARY BREAKFAST**



## BREAKFAST MENU FOR APRIL 2024

This institution is an equal opportunity provider.



## Breakfast Bites!



According to a recent survey,  
56% of us spend more time  
thinking about what we're  
going to wear in  
the morning  
than what we're going  
to eat for breakfast. Do  
yourself a favor: choose  
your clothes the night before  
and make time for breakfast!

## Featuring Healthy Fruits & Grains!

**Mon:** Early Risers Potato, Egg & Cheese Patty, Banana Bread Slice, Blueberry Munchkins, Cookies & Cream Benefit Bar, Bagles & Cream Cheese, Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

**Tue:** Breakfast Sandwich, Pumpkin Bread Slice, Banana Choc Chip Benefit Bar, Dunkin Sticks, Toaster Pastry, Asst. Cereal Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

**Wed:** Breakfast Pizza, Chocolate Mini's, French Toast Benefit Bar, Pancake & Sausage on a Stick, Wow Butter Jam-mers Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

**Thursday:** Breakfast Sandwich, Blueberry or Cinnamon Bread Slice, Fruity Pancakes, Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

**Fri:** French Toast Slices or Dutch Waffle, Apple or Raspberry Turnover, Celebration Benefit Bar, Powdered Munch-kins, Cherry Muffin Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.



**CHOICE OF MILK AVAILABLE WITH ALL BREAKFASTS:**

**NONFAT CHOCOLATE**

**LOWFAT WHITE, NONFAT WHITE**

**BREAKFAST@SCHOOL**  
helps keep kids healthy  
and gives them the energy  
they need to learn.

