



MHS BOYS WEIGHTLIFTING VARSITY SCHEDULE 2024

DATE	DAY	OPPONENT	LOCATION	TIME
1/31	Wed	St. Augustine	St. Aug	3:30
2/7	Wed	Menendez	HOME	4:30
2/14	Wed	Tocoi Creek	TC	4:00
2/21	Wed	NSB/Seabreeze/Palatka	HOME	4:30
2/28	Wed	Menendez/Nease/Tocoi	Menendez	4:30
3/4	Mon	Indian Invitational	Keystone Heights	4:00
3/27	Wed	District Meet (weigh-ins at 1:30)	St. Aug	3:00
4/6	Sat	Regional Meet	St Cloud HS	9:00
4/19-20		FHSAA 2A State Championship	Lakeland	TBD

HEAD COACH- MATT FORREST
ATHLETIC DIRECTOR- JORDAN BUTLER

ATHLETIC TRAINER- MICHAEL DOERSCH
PRINCIPAL- KRISTIN BOZEMAN