

## Gateway Unified School District

## ALL STUDENTS EAT FOR FREE!!

## Mt. Lakes High School

STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH (IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK) AN ENTREE\*ITEM MAY ENCOMPASS 2 COMPONENTS (IE. PROTEIN/GRAIN)

STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE AT THE MINIMUM; MORE IS ALLOWED AND

BOTH ARE ALLOWED

NUTRITIONAL INFORMATION AVAILABLE FROM DISTRICT NURSE OR DISTRICT OFFICE, FOOD SERVICE.

\$5.75

Adult Lunch

LUNCH INCLUDES	FRESH FRUIT	(CANNED MA)	BE AVAILABLE	FRESH SALAD	AND/OR FR	ESH VEGETABLE	S NUR

Monday	Tuesday	Wednesday	Thursday	Friday	
BIG DADDY'S PIZZA CHOICES BURRITO (Los Cabos Choices) CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) SPICY CHICKEN SAND. STEAMED BROCCOLI	9 BIG DADDY'S PIZZA CHOICES BURRITO (Los Cabos Choices) CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) PULLED PORK SAND.	10 BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS CHOICES) CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) SUB SANDWICH SUN CHIPS	11 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG DELI SUBS (ALL ABOVE QUANTITIES ARE LIMITED) LA SAGNA ROLL'S, Green Beans	12 BIG DADDY'S PIZZA CHOICES BURRITO CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) LINGS SWEET&SOUR CHICKEN EGG ROLL S	
15 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG (ALL ABOVE ARE LIMITED QUANTITIES) CHICKEN TENDERS, ROLL STEAMED BROCCOLI STEAMED BROCCOLI 16 BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS CHOICES BURRITO (LOS CABOS CHOICES SUBS (ALL ABOVE ARE LIMITED QUANTITIES) CHICKEN TENDERS, ROLL STEAMED BROCCOLI		17 BIG DADDY'S PIZZA CHOICES EXTREME BURRITO (BEAN & CHEESE) CORN DOG SUBS (ABOVE IN LIMITED QUANTITIES) TOA STED CHEESE SAND. CHICKEN SOUP	18 BIG DADDYS PIZZA CHOICES BURRITO CHOICES CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) BAKED CHICKEN PORTIONS MA SHED POTATOES, ROLL	19 BIG DADDYS PIZZA CHOICES BURRITO CHOICES CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) ORANGE CHICKEN OR EGG ROLL S BROWN RICE	
22 BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS EXTREME) CORN DOG (ALL ABOVE ARE LIMITED QUANTITIES) NA SHVILLE HOT CHICKEN NUGGETS NA SHVILLE HOT TENDERS STEAMED CARROTS 23 BIG DADDY'S PRIMO PIZZA BURRITO CHOICES CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) CHICKEN FAJITA SPA NISH RICE		24 BIG DADDY'S PRIMO PIZZA BURRITO (LOS CABOS CHOICES) CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) CHEESEB URGER W/ BUN TOT S	25 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES (LOS CABOS) CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) TURKEY WMA SHED POTATOES, GRAVY, DINNER ROLLS	26 BIG DADDY'S PIZZA BURRITO CHOICES CORN DOG (ABOVE AVAIL LIMITED QUANTITIES) EDAMAME KUNG PAO CHICKEN OR EGG ROLL (WG)	
29 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) HOT & SPICY CHICKEN TENDER'S HONEY SRIRACHA TENDER'S,	30 BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS CHOICES) CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) SUPER NA CHOS (BEEF) SPA NISH RICE	DRINK MILK!		E STAR MEALS	
HILLED 1% WHITE MILK AND NONFAT C EA SONAL (no high fructose com syrup ir LL MENU'S SUBJECT TO CHANGE BAS		FRANZ BREAD ITEMS THAT ARE	I R A NUTRITIOUS, HEALTHY BREAKF WHOLE WHEAT AND WHOLE GRAIN DDUCER'S MILK AND DAIRY ITEM S	A ST AND LUNCH! WE PROUDLY SER	