



Available Daily:
Premium Deli,
Sandwiches
and Wraps,
Salad Bar,
Pizza Variety,
Tacos, Nachos
and Burritos

All Lunches
Include:
Entrée,
Bread/Grain,
Vegetable,
Fruit/Juice (e.g.
Fresh, Cup of
Fruit or Juice)
and Choice of
1% White or
Fat-Free White
or Chocolate
Milk.

Powering
potential.™



Student Lunch
Students \$2.75/ Specialty Lunch \$3.75
Adults \$5.02 + Tax
Adults \$6.02+Tax –Specialty Lunch

Free Friday!

*Please note on "Free Days" the first meal will be free to all students and only applies to a full breakfast and lunch meal. Any a la carte items such as snacks, drinks and seconds must still be paid for with available funds.



April 2024

Harrison High School

LUNCH MENU

	MON 1	TUE 2	WED 3	THUR 4	FRI 5
Daily Feature	Meatballs with Penne & Marinara Garlic Bread	Chicken Bites Mash Potato Bowl Dinner Roll	Beef Burger Vegetable Burger Choice of Toppings	Oven Roasted Chicken Corn Bread Beans and Rice	Macaroni & Cheese Whole Grain Dinner Roll
Pizza Special	Pepperoni	Meatball	Broccoli	Buffalo Chicken	BBQ Chicken
Deli Special	Turkey Roll w Spicy Mayo	Grilled Chicken	Tuna Salad And Cheese Sandwich	BBQ Chicken Wrap	Southwest Chicken Wrap w/ Jalapenos Jack Cheese Lettuce & Tomato
Mexi Special	Bean Burrito	Crunchy Beef Tacos	Nachos Supreme	Turkey Tacos	Soft Cheese and Veggie Tacos
Veggies and Fruits	Garden Salad Green Beans Steamed Carrots Sliced Apples Peaches	Romaine Salad Tomato Salad Cucumber Coins Fresh Orange Strawberries	Baked French Fries Baked Beans Steamed Spinach Fresh Apple Orange Wedges	Baked Sweet Potatoes Mexi-Corn Pear Cup Banana	Green Leaf Salad Steamed Cauliflower Broccoli Apple Slices Mixed Fruit Cup

Free Day!

What Makes a Lunch?
Select 3-5 Components

One must be a
FRUIT OR **VEGGIE**



This institution is an equal opportunity providers

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer. Menu subject to change.

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Harrison High School LUNCH MENU



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	MON 8	TUES 9	WED 10	THURS 11	FRI 12
Daily Feature	General Tso's Chicken Fried Rice	Baked Ziti Ricotta Cheese With Fresh Made Tomato Sauce	Burger Bar Beef or Vegetable Burger Choices of Cheeses And Toppings	Pizza Roll Pepperoni Cheese Spinach and Cheese or Plain Cheese	Greek Chicken Flatbread Or Falafel Flatbread French Fries
Pizza Special	Veggie	Mushroom	Spinach	Buffalo Chicken	Garlic Broccoli
Deli Special	Honey Mustard Chicken	Egg Salad Red Onion Wrap	Vegetable Wrap Mushrooms Red Onion, Black Olives, Cheddar Cheese Lettuce & Tomato	BBQ Chicken	Chicken Caesar Wrap
Mexi Special	Beef Burrito	Crunchy Veggie Tacos	Nachos Supreme	Bean Burrito	Soft Beef Tacos
Veggies and Fruits	Baby Carrots Romaine Salad Sautéed Green Beans Pineapple Cup Pear	Spinach Caesar Salad Red Pepper Strips Mixed Fruit Cup Applesauce	Baked Beans Carrot Sticks Green Leaf Salad Fresh Banana Peach Cup	Fresh Green Salad Tomato Salad Sautéed Spinach Fresh Apple Pear Cup	Broccoli Green Salad Celery Sticks Orange Slices Apple Sauce



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STUDENT NUTRITION

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Harrison High School

LUNCH MENU

	MON 15	TUES 16	WED 17	THURS 18	FRI 19
Daily Feature	Roasted Chicken Or BBQ Chicken Mashed Potatoes	Hot Wedge Sausage and Pepper or Chicken Parm or Breaded Chicken	Hot Dog Beef or Vegetable Burger (Cheese) And Toppings	Pepperoni or Buffalo Stromboli Dipping Sauce	Brunch for Lunch Fresh Belgian Waffles Pork Sausage
Pizza Special	Buffalo Chicken	Pepperoni Pizza	Peppers & Onions	Spinach	Mushrooms
Deli Special	Ham and Cheese Wrap	Roasted Red Peppers w Mozzarella	Cheese or Ham and Cheese Quesadilla	Honey Mustard Chicken	Veggie Cheese Wrap
Mexi Special	Bean Burrito	Crunchy Beef Tacos	Nachos Supreme	Turkey Tacos	Soft Cheese and Veggie Tacos
Veggies and Fruits	Butternut Squash Tomato Salad Sautéed Spinach Apple Slices Peaches	Steamed Broccoli Green Salad Mixed Fruit Pears	Steamed Corn French Fries Baked Beans Apple Slices Orange Wedges	Baby Carrots Romaine Salad Peach Cup Fresh Pear	Sweet Potato Fries Broccoli Pear Cup Fresh Apple Fruit Cup

Free Day!



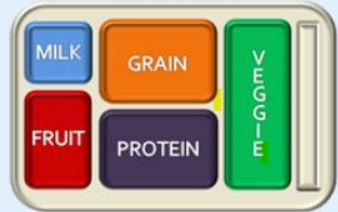
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April 2024
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	MON 22	TUES 23	WED 24	THURS 25	FRI 26
Daily Feature	Unused Snow Day No School	Start of Passover No School	America’s Favorite Hot Dog OR Beef or Vegetable Burger (Cheese) And Toppings	Brunch for Lunch Bar Texas French Toast Breakfast Pork Sausage	Grilled Cheese with Tomato or Bacon
Pizza Special			Peppers & Onions	Spinach	Salad Pizza
Deli Special			Grilled Chicken Sandwich	TLT Turkey Lettuce and Tomato	Pepper Jack Cheese and Chicken Wrap
Mexi Special			Nachos Supreme	Bean Burrito	Soft Beef Tacos
Veggies and Fruits			Broccoli Baked French Fries Baked Beans Apple Slices Orange Wedges	Chickpea Salad Sliced Tomato Baby Carrots Romaine Salad Mixed Fruit Cup Fresh Pear	Cucumber Slices Tater Tots Broccoli Fresh Apple Fresh Orange

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LUNCH MENU

	MON 29	TUES 30			
Daily Feature	Mac and Cheese Bar Broccoli, Buffalo Chicken	Chicken BLT Grilled or Crispy Chipotle Mayo			
Pizza Special	Broccoli	Veggie Pizza			
Deli Special	Italian Combo	Mozzarella and Pepperoni Melt			
Mexi Special	Crunchy Beef Tacos	Pepper and Onion Quesadilla			
Veggies and Fruits	Tomato Salad Celery Sticks Sautéed Spinach Pear Cup Peaches	Baby Carrots Caesar Salad Mixed Fruit Banana			

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