#### Bryn Mawr Elementary Newsletter



### From The Principal

To our Bryn Mawr Bulldog Families!

Dear Bulldog families,

As we welcome the arrival of spring, we also look forward to the last few months of classes with excitement and optimism.

Spring testing will begin after we return from Spring Break and continue through May 3rd. Please help us support students by ensuring everyone is well-rested and ready to show what they have learned in their classes this year.

Despite the challenges we have

faced this year, our collective resilience and determination have been truly inspiring. Let's embrace this season of growth, renewal, and possibility as we continue to learn and grow together.

Thank you for your continued support and partnership in your child's education. Let's make the most of the time we have left and finish this school year strong. Happy spring! Sincerely.

Principal Oldenburg

# SUMMER SCHOLARS REGISTRATION IS OPEN NOW!

This isn't just summer school. Summer Scholars is an innovative, immersive summer experience that challenges your student to explore a world of possibilities both in and out of the classroom.

Summer Scholars is free and open to public school students in incoming grades 1-8. Incoming kindergartners may also attend when certain eligibility requirements are met. The first sessions start June 24 and classes end Aug. 1.

With five unique, engaging Summer Scholars academies, there's a place for everyone to experience more while growing their learning. Register by May 1 to secure transportation on the first day of class! Learn more and sign up at SummerScholarsMPS.org.

aller -
APRIL 2024

In This Issue

From The PrincipalBulldogs of the Month

Phys. Ed. Update Counseling Corner

Science StuffAND MORE!

APRIL 2024							
S	М	Т	W	Th	F	S	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

1 - 5 Spring Break NO SCHOOL

9 - PTA Meeting 6PM

9 - Coffee with the Principal 9AM

10 - Eid al-Fitr NO SCHOOL

https://mpls.k12.mn.us/calendars



VIRTUAL PTA MEETING Tuesday April 9<sup>th</sup>

Join us on ZOOM C

Meeting ID 826 1648 1043

Passcode: 541774

info@BrynMawrPTA.org

BrynMawrPTA.org

# what is eid?

In Islam there are two Eids - Eid al-Fitr and Eid al-Adha. The word 'Eid' means 'feast' or 'festival'.

Each year Muslims celebrate both Eid al-Fitr and Eid al-Adha - but the names often get shortened to just 'Eid'. On both Eids, many Muslims will go to special prayers at their local mosque and have a day of celebrations with family and friends.

Many Muslims will say the greeting "Eid Mubarak" on Eid, which means "blessed Eid."

On April 10, we are out of school so that our Muslim friends can observe Eid al-Fitr, the "festival of the breaking of the fast", which is celebrated at the end of Ramadan, a month when many adult Muslims fast.

#### FROM THE LIBRARY

Students in Kindergarten through 2nd grade finished reading books nominated for the Star of the North Book Award and voted for their favorite.

The winning book was Plzza! A Slice of History written and illustrated by Greg Pizzoli

Students and families can access the school's library catalog from the Bryn Mawr Media Center webpage, called Destiny Discover. It's fun to browse the collection of books! To place a book hold, students must on log in using their school username and password. Once logged in students can also see what books they have checked out.



Students have finished up their Jump rope unit. We raised \$667.00 for the American Heart Association. They use the money for research and education. This was the 28th year for Bryn Mawr. The top fund raisers were Kaeden and Adelvn Motzko. In March we have been doing different stations to make sure we have covered all activities for Field Day. Field Day will be on June 7 with the rain date June Second, Third, Fourth and 10. Fifth grade will participate from 8:00-10:30; Hi5, ECSE, Kindergarten and First grade from 11:00-1:30. It is my hope that we have many families and friends at Field Day to cheer on students. This is a fun event where the students do twenty-two stations. We do not keep track of places; it is just a fun day to play and show off the skills the students have learned this year. I hope to see a guardian/caregiver for every child.

Starting in April we will be working with Inner City Tennis. It is starting to be nice outside. Please get outside for a walk with your family.

#### **Congratulations March Bulldogs of the Month!**

Jibril Abdalla Reginald Banks Ford Barry Gio Becerra Jayden Clark David Coleman Randy Donnerson Kingston Dorsey Jakarii Fairley Cartier Goudy Nadiya Gray Marquan Harris Alexandria Hollingsworth Jaida Jefferson Khairi Johnson Nasiba Kahin Kevin Koenig Antonius Lee Abraham Lee Neylin Licta Cuchiparte Chloe Martinez Tyree Martinez Kamella Matthews Marquis Mccullar Royal McGowan Akiya Newsom Scarlet Padilla Audrey Reed Arya Reisenbeck Juliana Romero Munoz Ivan Segura Alcivar Kurdi Sithiphanh Carlos Suntaxi Ja'Marion Thornton Vincent Tlaseca Alisada Vang Kana Vang Armani Walker Ja'Mya Williams Dario Williamson Cece Xiong Aidan Yang

## SPRING BREAK April 1 - 7 NO SCHOOL



Spring assessments are coming up after spring break. If your child is in 3rd, 4th or 5th grade they will be taking the MCA or MTAS assessment.

You can see the schedule here: https://brynmawr.mpschools.org/ academics



**APRIL 2024** 

Please be sure children get a good night's sleep and arrive to school on time on their testing days. If you have any questions, please reach out to Ms. Thomson, test coordinator, at Heather.Thomson@mpls.k12.mn.us.



We want your child to be as successful as possible at school. Success in school is not just about reading and math, it is also about knowing how to learn and how to get along with others.

The next couple of months students at Bryn Mawr will be learning to apply the **"How to Calm Down"** technique to manage BIG emotions. Students will learn specific skills for calming down when experiencing strong feelings, such as anxiety or anger. We encourage you to ask your child(ren) about the process and try the technique at home too!

To understand what your child is learning and for your child to share what they know, see the



#### School Counselor Caregiver Survey

We want to hear from you!

- What is a School Counselor?
- School Counselors support students in academics, socialemotional learning, and career and future planning.
- Have you heard of Xello?
- Would you like to learn more?



Please complete the School Counselor Caregiver survey



We look forward to connecting with you and having an ongoing partnership and dialogue

We are scheduling caregiver focus groups in Spring of 2024 to gain more input from families on the goals and services of our elementary school counseling programs district-wide.

Let us know if you are interested!

**BE RESPECTFUL** 

**BE RESPONSIBLE** 



**Bryn Mawr School** PTA PLANT SALE

Pre Order: April 1<sup>st</sup> – 21<sup>st</sup> Pick Up: May 2<sup>nd</sup> **Questions?** PlantSale@BrynMawrPTA.org





### FRIDAY. JUNE 7TH.

#### ~ 2nd Grade ~

In second grade we have been working on 2D and 3D shapes, fractions, symmetry, and transformations (slides, flips, and turns) using a variety of tools and models. Students are identifying, describing, constructing, drawing, comparing, contrasting, and sorting various types of triangles and quadrilaterals, as well as other shapes. In literacy, we are now in Unit 7 and Investigating the Past and comparing it with the present and predicting future life. We have also been working on persevering through challenges.

# Science

Students in a few grade levels explored Oobleck! Oobleck is a non-Newtonian fluid. Is it solid? Is it liquid? Is it both? Find out using this simple recipe!

You really only need two ingredients to make this oobleck recipe - cornstarch and water! The simplest mixture to begin with is 1 1/2 cups of cornstarch mixed with 1 cup of water.



If you want to add color, I recommend using tempera paint versus food coloring to prevent any staining.

For equipment, you'll just need a large mixing bowl. No spoon necessary! And possibly inexpensive an plastic tablecloth to cover your workspace. Things are about to get a little sloppy...

## **Counseling Corner**

Sleep deprivation is an overlooked cause of many academic and behavioral issues in children.

The National Sleep Institute recommends 10 - 13 hours of sleep for 3 - 5 year olds and 9 - 11 hours of sleep for 6 - 13 year olds.

#### Mayo Clinic suggests Tips for good sleep habits for children:

- Make sleep a respected priority.
- Establish a consistent, relaxing bedtime routine.
- Consistency is key for regular daytime and bedtime routines for sleep.
- Attempt to maintain a regular sleep and wake schedule, including on weekends.
- Provide children with positive attention before bedtime.
- This may reduce conflict or resistance to bedtime routines.
- Keep bedrooms dark, cool and quiet.
- Do not have a TV, computer or cellphone in the room.
- Use the bed only for sleep.
- Avoid reading or doing homework in bed. Remove activities from the sleep environment that may be stimulating, such as devices with screens and video games.
- Avoid caffeine in the late afternoon and evening, or for a minimum of three hours before bed.
- Encourage children to sleep in their beds. It helps them learn to fall asleep independently. Parents also need uninterrupted sleep.

**SPRING BREAK** April 1 - 7 NO SCHO

**BE RESPONSIBLE** 

**BE SAFE**