



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KARATE

Unleash Your Inner Warrior



Kids will learn karate in this fun introductory class. They will learn and practice basic karate stances and blocks, combined with self-defense fundamentals from a black belt in Okinawan Shuri Ryu Karate. Kids will train for 7 weeks with a testing and rank assessment in the final class.

WHEN

Mondays (April 1st - May 27th)
*NO CLASS ON APRIL 8TH
5:30-6:30pm

WHERE

Northwest YMCA
Wellness Studio

WHO

Ages 5-12

COST

\$45/members
\$70/non-members

QUESTIONS?

Contact Paul Cigala
pcigala@muncieymca.org

SCAN THE QR
CODE TO REGISTER
TODAY!

