

# 2024 JUMP ROPE WORKSHOP

with the Avon Aerial Orioles

**Monday, May 6th & Thursday, May 9th**

from 6:30-8:00 at Cedar Elementary School

Join the Avon Aerial Orioles Jump Rope Team for 2 evenings of learning various jump rope skills.

- All skill levels and ages welcome - from kindergarten to adult
- Learn skills in single rope, long rope, wheel and double dutch
- Bring **tennis shoes, shorts, t-shirt, water bottle** and **a great attitude!**



**Register by April 22nd**

**WHEN:** May 6th & May 9th  
**WHERE:** Cedar Elementary School  
**COST:** \$50-includes rope and t-shirt

## **Registration and Information**

For more information contact Coach Jessica or Coach Matt at [avonaerialorioles@gmail.com](mailto:avonaerialorioles@gmail.com) or at 317-902-4719.

If payment and registration not received by April 22nd, shirt may not be available

Online registration and payment.

Scan QR code or visit <https://forms.gle/iza674d61fC1K7RX9>

