



Date of Assessment: School/Work Location Wellness Action Plan SY23-24			
Name of School/Work Location: Tippens		Number of Students: 55	Number of Employees: 52
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. 1 Fruit or vegetable a day on campus	In Progress		
2. Drink 32 oz of water each day on campus	Choose an item.		
3. Healthy recipe workshops			
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Weekly group therapy	In Progress		
2. Weekly breathing and movement class	In Progress		
Weekly art/music therapy			
Physical Activity Goal(s)	Goal Status (select one):	Number of Participants	Notes:
1. 3 day per week staff workouts	In Progress		
2. 10-minute walk per day on campus	In Progress		
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Tippens golfing charity event	In Progress		
2. Tippens 5K	In Progress		
3. School food pantry			
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Choose an item.	Notes:
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Choose an item.	Notes:

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal

This institution is an equal opportunity provider.

Not Completed	select if you have not begun working on this goal
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Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Cameron Carden	Teacher	
2. Kimberly Barger	Principal	
3. Wesley Satterfield	Assistant Principal	
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Kelly Schalloil	Counselor	
2. Laurie Palmer	Social worker	
3. Nancy Acevedo	Social worker	
4. Jim Ivey	PE paraprofessional	
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Classroom	One per month	
2. Cafeteria	Once per month	
3. Gym	Once per month	